



AKAMAI NEWS

Akamai University Durham, NC | Vol. 5 No. 2– August, 2025

share the knowledge JULY 2025 SUMMIT

Strategy Planning

Visit Events Page at <https://www.akamai.university/events-on-line.html> For follow up and Continuing Education Units

This year’s summit brought together educators, innovators, scholars, and changemakers from around the globe who engaged in meaningful dialogue, sharing pioneering ideas, and collaborating on transformative solutions for our communities and beyond. Themed around innovation, sustainability, and inclusive learning, to foster an environment where knowledge isn’t just exchanged—but amplified.

This was more than a conference—it’s generated a movement spearheaded by our collaborative leadership. Hear the good news and participate in the follow-up from this innovation where folks gathered together Person 2 Person, Heart 2 Heart, Soul 2 Soul becoming enlightened, empowered, energized.

The Summit participants gathered in person at AU headquarters in Durham and on-line, creating a hub of academic excellence and cultural vitality. There were dynamic keynotes, hands-on workshops, and thought-provoking panels—all designed to inspire and empower.

We will share the knowledge and experience that will shape AU’s future together.

Warm regards,
Dr. Greg Pacific, PhD
President, Akamai University
Dr. Mary Jo Bulbrook, EdD
CEO Akamai University
AU President Emerita



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Leadership Team

SUMMIT CO-HOSTS

- Dr. Gregory Pacific
AU President
- Dr. Barbette Spittler
Energy Medicine Partnerships
- Dr. Carol Provo
Satir Center
- Dr. Linda Eldridge
Global Healing Alliance

ADDED AU FACULTY

- Dr. Christina Ross, USA
- Dr. Michael Corradino, USA
- Dr. Patrick Conte, USA
- Dr. Traian Stanculescu, Romania
- Dr. Nithya Poorani, India
- Dr. Man Bishwakarma, Nepal
- Dr. Brenda McFie, South Africa
- Dr. Carolyn Nesbitt, Canada

VIRGINIA SATIR & SPIRITUALITY PANEL

- Dr. John Banmen
- Dr. Walter Zand
- Dr. Spencer Wade
- Dr. Michael Hardin
- Dr. Mary Jo Bulbrook



July 2025 AU Graduates

Dr. Linda Eldridge-Tibbetts, PhD



Honors Causa

- Dr. Grace Odgers-Pena
- Dr. Anthony Paine
- Dr. Dan Benor
- Cath-Webber Martin
- David Hazelhurst

Neuropuncture: Science-Based Acupuncture



Neuropuncture Research and Future Plans

Dr. Corradino presented an overview of his groundbreaking work in neuropuncture, a modern approach to acupuncture that uses neuroscience principles and FDA-approved devices. He discussed recent research successes, including treatments for Parkinson's disease, major depressive disorder, and other conditions, often with significant improvements in patients.

He announced upcoming plans for 2026, including multiple DNA program publications, expansion into new markets, and the development of an AI-driven electronic medical record system.

He also shared that he will receive a United Nations Award on October 19th for his work in neuropuncture.

Dr. Michael Corradino, DNA —AU Affiliate—AU Faculty

Supporting Whole Person Health through Nurse Leadership and Complementary Integrative Health (CIH) Care Research

This was a nine year Medicaid chronic pain program led by holistic nurse care managers that provided access to evidence-based complementary alternative medicine therapies.

It was a qualitative retrospective analysis examined the clinical and cost effectiveness of the ICPP's (Integrated Chronic Pain Program) whole person integrated delivery model for chronic pain. Its purpose was three-fold; to contribute to a better understanding of how chronic pain presents in a Medicaid population, determine the therapeutic

impact of holistically trained nurse care managers and the integration of complementary alternative medicine (CAM) therapies on quality of life, pain reduction and cost savings and, based on the results, evaluate the viability of this model to support a broader application of similar nurse-led whole person initiatives and inclusion of CAM for chronic pain and other chronic conditions?

The study found improvements in quality of life scores, decreased pain, fatigue and depression scores decreased over time, reduced pain pre and post CAM visits, consistent use of CAM and holistic integrative nurse care managers for support, 83% decrease in emergency room use, 89% patient satisfaction with the ICPP and a 41.5% cost savings for the ICPP participants.

Dr. Linda Eldridge Tibbetts, PhD, —AU Leadership Team

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Christina Ross, PhD BCPP, RPE, CEMP

Christina is currently conducting research for the Center for Integrative Medicine at the Institute for Regenerative Medicine and clinical Trials for the Urology Department IC/PBS patients at the Wake Forest School of Medicine. Her focus is on therapeutic effects of low-frequency pulsed electromagnetic field for the treatment of inflammatory pain,

Dr. Christina Ross, PhD, —AU Faculty

The Future of Energy Medicine:

The focus is on the integrated human being not reductionism (human is equal to the sum of parts).

Cells have group consciousness (sentient) and respond to conscious thought.

DNA is electromagnetic in nature and subtle energy can effect its structure.

Humans have bio-fields that can be modulated by subtle energy from human hands or from energy medicine to heal body-emotion-mind-spirit.

Reaching Varied Populations Energy Psychology and Bioenergetics

Dr. Nithya Poorani Jayaraj, PhD has submitted Policy Proposals: Toward National Recognition

Ministry of Health and Family Welfare:

Proposal: Energy Psychology to be recognized and listed under Ministry of Health & Family Welfare and eventually included into government welfare plans across the country (India).

University Grants Commission:

Proposal: College to have Energy Psychology

for students and faculty as a part of their courses and recognized by a professional regulatory body.

Employment Opportunities:

Proposal: To provide employment opportunities at schools, colleges and healthcare departments for people specialized in Energy Psychology and Bioenergetics Wellness Modalities.



Ayurveda and the Chakra System

Dr. Patrick Conte, MD, DNA provided an overview of the ancient Indian medical practice and its connection to the body's energy centers. He explained the three doshas in Ayurveda and introduced the seven chakras, from the root to the crown, discussing their functions and relationships. The presentation was part of a larger initiative to develop courses on these topics, aligning with the goals of the participating organizations.

Patrick discussed the principles of Ayurveda, a holistic healthcare system from ancient India, and its connection to the chakras. He explained the three doshas - Vata, Pitta, and Kapha - which are composed of the five elements (ether, air, fire, water, earth) and influence physical and emotional health.

Patrick also covered the history of Ayurveda focus on treating the root cause of disease rather than just symptoms. Ayurvedic Doshas (life forces): the three basic life forces in Ayurvedic medicine: Vata, Pitta, and Kapha. These doshas are present in everyone in different proportions and can become imbalanced by various life experiences.

Patrick described the physical characteristics and traits associated with each dosha, as well as their corresponding body types and nervous system dominance. He also explained how imbalances in doshas can lead to specific health issues and how understanding these principles can help in treating diseases.

Nepal Education and Community Development

Dr. Man Bishwakarma presented his extensive experience and ongoing work in Nepal, including promoting native skills, arts, and culture through education reform, developing a community financing model recognized as 3rd generation microfinance, and establishing the Native Academy affiliated with Akamai University.

He proposed several initiatives including designing courses on race, caste, and ethnicity, organizing international conferences on social justice, and developing academic publications through the Voiceless Voice quarterly bulletin.

Community Financing and Social Justice

Dr. Man presented his research on community financing, which modifies the traditional

microfinancing model by focusing on individual rather than group interventions, particularly beneficial for poor populations during the COVID-19 pandemic.

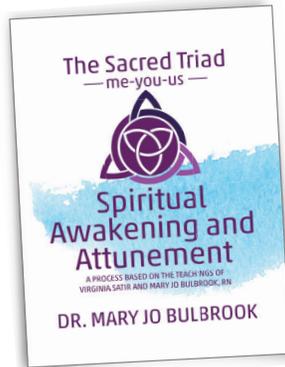
He discussed his work with the Government of Nepal, including a collaboration with the Forest and Environment Training Center, and partnerships with the WWF and IUCN for a green growth development course.

Dr. Man shared his experience with green lending initiatives in Nepal and his ongoing work with social justice and marginalized communities, including the Barit community in India. The discussion concluded with plans for an upcoming conference in Nepal focused on race, caste, and social justice, highlighting the importance of promoting equality and healing through various educational and collaborative initiatives.

Spiritual Awakening and Attunement
The Sacred Triad (2025) is based on *Transforming and Healing the Self* (1989) a guide written after Virginia's death to help me process my grief of Virginia's passing from physical life.

The inspired training manual goal was to assist individuals on their healing journey and spiritual awakening.

Building on that original work and my lifetime soul connection to Virginia using Virginia's direct words to me while in her home supporting each other on our individual and collective life journey using the



evolved Sacred Triad Model: Me –You– US as our combined footprint heritage.

Family love is always there for us to embrace and be empowered through the bond of light, love and joy.

Spiritual awakening and attunement is a simple tool to assist anyone who journeys with us to find and live their spiritual path with their

me–you–us model to guide us on physical earth today. It includes family relationships, friends and mentors— past, present and future in this lifetime, before life and after life.

Available through waterlilypressnc.com

Our Goal for the Summit

was to bridge spirituality and health within the self and with others. We gathered to explore body, emotion, mind, and spiritual aspects of the self and engage Heart 2 Heart, Soul 2 Soul to achieve Wellness for all.

Widening the circle of contacts can help us to deal with worry, stress, loneliness, isolation and loss of hope. Together, we uplifted each other, and received inspiration dealing with our unique situations to reset our energy within and without.

We brought in Light from different channels of Connection, Communication, and Caring for self and others to change the trajectory of feeling dis-empowered to empowerment with values and choices that uplift.



Heart Centered Learning
Bridging Spirituality and Health®

We tapped into the spiritual heritage created by the interconnected organizations: Energy Medicine Partnerships (EMP), Akamai University (AU), Virginia Satir Center (VSC), and Global Healing Alliance (GHA).

We explored many opportunities through exemplar practice, education and research using our unique gifts to inspire, innovate and interact with each other to uplift ourselves, others and society.



SUMMIT HIGHLIGHTS

Throughout the week-long summit, we created vignettes and teasers in person and via ZOOM showing what Akamai University offers—locally and internationally. This was mainly a leadership team meeting focused on being active on campus, building our international legacy, preparing for accreditation, and making key decisions moving forward.



A highlight has been seeing momentum build among doctorate students—the inspiration they draw from each other. Collective knowledge creates growth and innovation.

Akamai University continues to stand out by embracing creativity and aiming high.

From Gregory Pacific: *This week has been extremely valuable—I found resources I'll use with my school principal to support kids' self-understanding through music, meditation, healing practices, etc., especially those coming from trauma who need tools like meditation or breathing exercises.*

We reviewed documents about Global Healing Alliance (GHA), which evolved from Energy Medicine Partnerships International (EMPI). GHA is now registered as an independent nonprofit under North Carolina law—a structure that allows donations while keeping its own bylaws and board separate from Akamai University but still affiliated in mission.

In summary: The summit advanced both academic goals (leadership planning/accreditation) and practical steps (banking/accounting/organizational clarity).

Going forward we'll maintain strong ties between GHA's nonprofit work and Akamai's educational programs while respecting each entity's independence—and meet again August 13th once everyone returns from travel plans.



You Tube and Spotify:

Discover how leadership, legacy, and innovation are shaping the future of integrative health at Akamai University!

Our hosts designed a transformative five-day summit, packed with strategic decisions, highlights going forward, and big-picture planning for international accreditation.

Hear behind-the-scenes stories about team collaboration, nonprofit structuring for the Global Healing Alliance, and creative ways to inspire students—both in-person and on-line.

Key takeaways:

- Insights into building global credibility through independent partnerships
- The power of collective knowledge in driving personal and professional growth
- How holistic education can support youth navigating trauma

Tune in to get inspired by fresh perspectives on leadership in complementary integrative health— environmental health —diversity, justice, and equality—and continuing education. See where your own path might lead to assist AU going forward.

Keywords:

#Hashtags for Akamai University Leadership Summit upcoming Podcasts.

These hashtags reflect the main themes discussed: university leadership, nonprofit structure, holistic and integrative health, energy medicine partnerships, international collaboration and accreditation, personal/professional growth, compassion in action (CIA), and promotion of creative innovation within academic settings—all tied to Akamai University's ongoing initiatives and branded presence #AkamaiUniversity).

1. #AkamaiUniversity
2. #GlobalHealingAlliance
3. #IntegrativeHealth
4. #EnergyMedicine
5. #HolisticEducation
6. #LeadershipSummit2025
7. #ComplementaryTherapies
8. #AcademicInnovation
9. #NonprofitLeadership
10. #InternationalAccreditation
11. #CollectiveKnowledge
12. #CompassionInAction
13. #PersonalGrowthJourney
14. #HealingThroughEducation
15. #EmpoweringCommunities



Summary:

1. Akamai University's Broad Impact

The institution continues expanding its influence through innovative programs in complementary integrative health.

2. Organizational Clarity & Growth

Careful attention is being given to structuring relationships between nonprofits (like GHA), affiliates, certification arms, and the university itself—with transparency around bylaws, tax status, governance roles (President/VP/Treasurer/Board), and affiliate agreements.

3. Community-Centered Vision

There's strong commitment toward nurturing personal growth within students/faculty—and extending that impact globally via research alliances with organizations abroad (e.g., Sweden & Netherlands).

4. Looking Ahead Next Steps include reviewing affiliate agreements; furthering international accreditation efforts; enhancing public awareness about the depth/breadth of AU integrative health offerings; scheduling follow-up meetings.

<https://youtu.be/r7gQ27ZOpDE>



The Resonate Body: BioPhysics and Subtle Energy for Self Care with Dr. Christina Ross
Be Well with Dr. Michelle Greenwell

The Resonant Body is a three-part podcast series hosted by Dr. Michelle Greenwell, PhD CIH BioEW, featuring Energy Medicine expert Dr. Christina Ross, PhD. Dive deep into the science and spirit of subtle energy and discover how it shapes our health from the cellular level to whole-body regeneration.

This trilogy explores the intersection of biophysics, quantum healing, and vibrational medicine to illuminate new pathways for empowered self-care and holistic wellness. Each episode is paired with a specially curated tea from the Cape Breton Tea Company, blending science, ritual, and intention.

Episode 1: The Biophysics of Energy Medicine: How Subtle Energy Affects Cellular and Molecular Function

In the first episode, we explore how subtle energy modulates cellular communication and molecular function to support whole-person well-being. Cells respond not only to biochemical signals but also to energetic frequencies, opening doors to proactive, preventive self-care before symptoms arise.

Listen to the full series on the YouTube channel @ michellegreenwell or your favourite podcast.

The Five Freedoms Virginia Satir



To See and Hear what is here, instead of what should be, was or will be.

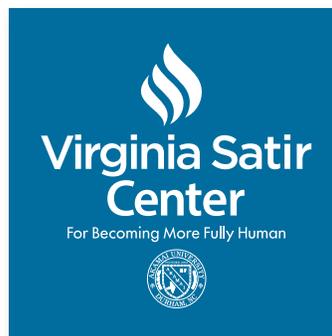
To Say what one feels and thinks, instead of what one should.

To Feel what one feels, instead of what one ought.

To Ask for what one wants, instead of always waiting for permission.

To Take Risks in ones own behalf, instead of choosing to be only secure' and not rocking the boat.

Virginia Satir pioneered advances in family therapy that grew beyond the world of therapy. She believed that people are capable of continued growth, change and new understanding. Her initial purpose was to



improve relationships and communication within the family unit.

Ultimately her work was internationally recognized and grew to be accepted as applicable to all human communication and growth – within a person, a family, a community or a

company. She remains a leading force for human growth and family therapy. Virginia died in 1988.

The Satir Therapy Model became a powerful framework for examining your self, your situation and your choices. Virginia believed that counseling and therapy experiences seek to engage powerfully with the inner self. Counseling sessions encourage the client to face pain and problems, to accept the present, and to discover inner joy and peace of mind.