



AKAMAI NEWS

Akamai University Durham, NC | Vol. 6 No. 1 – May, 2026

Remembering The Legacy Of Dr. Douglass Capogrossi Akamai University Global Reach



Dr. Douglass Capogrossi
1946–2025



10/09/2004
Subang, Indonesia



12/04/2004
Penang, Malaysia



12/06/2008



AKAMAI UNIVERSITY
GRADUATION CEREMONY 2008



03/20-22/2010
Penang, Malaysia





Akamai University

Dedicated to improving human and planetary health

akamai.university
(808) 491-9514



Dr. Douglass Capogrossi
Founder 2002



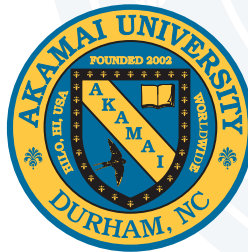
Dr. M J Bulbrook
President 2021



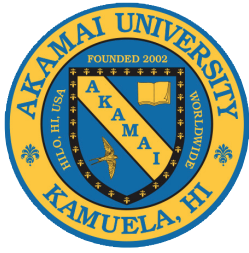
Dr. Gregory Pacific
Interim President



Dr. Linda Eldridge
President 2026



Akamai University Completes Quality Assurance Reviews with Accreditation Service for International Schools and Universities (ASIC) through 2026.



Akamai University holds a 5-star rating with International Education Accreditation Council (IEAC) through 2029.



2017 Akamai History

(From left) Dr, Eileen Cheng, Akamai Board Treasurer; Dr. Ben Lee, Akamai Vice President for Asia-

Pacific Programs; Dr. Douglass Capogrossi, Akamai President and CEO; Dr. Niranjan Ray, Vice President for University Development; and Dr. Maurice Dimmock, CEO for Accreditation Service for International Schools, Colleges and Universities and leader of the accreditation review team.

The ASIC CEO, Dr. Maurice Dimmock reviewed extensive documentation about Akamai University before traveling. He conducted detailed quality assurance reviews, with the

Akamai University Board members in attendance, including witnessing Akamai MBA and Masters Science in Human Resource & Talent Management, holding discussions with Akamai faculty team and active students and alumni.

Dr. Maurice Dimmock was an honored guest in attendance at the VIP Dinner the evening before the Convocation Ceremony. Additionally, he was among the VIP onstage at the 2017 graduation ceremony and addressed the attendees to their delight. At the very special gathering for the EDS 15th Anniversary Gala Dinner, The Akamai Board members and Dr Dimmock graced the ceremony with their attendance in support of Dr Ben Lee, CEO and Founder of the EDS Business School. Akamai University found the ASIC quality review to be detailed and extensive, as was the guidance offered by Dr. Maurice Dimmock.

Akamai History 2017

Akamai President Capogrossi Visits with Three International University Presidents in Penang Malaysia Akamai President Douglass Capogrossi (second from right) had a fortunate opportunity to visit with Dr. Maurice Dimmock (center), CEO of Accreditation Service for International Schools, Colleges and Universities and three Presidents from premier institutions in three nations. Dr. Ljubisa Petrusevski, (far left) President of Euro College, located in Kumanovo, Macedonia. Euro College stimulates intellectual curiosity, imagination, rational thinking, and thoughtful expression in a broad range of disciplines and professional fields. Dr. Petrusevski is respected for his excellence in public speaking and for his outstanding sense of humor.



Professor, Dr. Premkumar Rajagopal (second from left), President, Malaysia University of Science and Technology (MUST) always contributes points of excellence to the discussion. MUST, located near Kuala Lumpur, Malaysia, has grown considerably under his leadership. Dr. Rajagopal is frequently invited to speak on Supply Chain Management issues at international conferences in locations including China, Indonesia, Philippines, Japan, Sudan, Riyadh, Thailand and Vietnam. Prior to University leadership, he was the Senior Manager at Intel Technology responsible for the Logistics and Supply Chain function.

Dr. Rajagopal has published over 50 papers in international journals, and conference proceedings.

Dr. Serafin L. Ngohayon (far right), President at Ifugao State University in Lamut, Ifugao, Philippines. A dynamic and prolific leader of Philippine Higher Education, he led the transformation of the Ifugao State College of Agriculture and Forestry (ISCAF) into the Ifugao State University in 2009. He is an active committee member of Philippines Association of State Universities and Colleges (PASUC). PASUC is an association of public tertiary institutions in the Philippines, comprised of all 102 State

Universities and Colleges (SUC) which are under the Commission on Higher Education (CHED). Dr. Ngohayon participated in crafting and vital policies that impact on the development of state universities and colleges, including the SUC Levelling Instrument, and the PASUC Constitution & By-Laws, among others.

Accreditation Service for International School,
Colleges and Universities, UK
Euro College, Macedonia
Malaysia University of Science and Technology, Malaysia
Ifugao State University, Philippines

Akamai University
ASIC Accreditation Site Visit Set for Penang, Malaysia

Akamai President, Dr. Douglass Capogrossi and representatives of the University Board, Dr. Niranjana Ray and Dr. Eileen Cheng are slated to travel to Penang, Malaysia on 9-10 December to represent the University at the re-accreditation site visit of the Asia residential programs.

Dr. Maurice Dimmock and other members of the accreditation team will arrive in Malaysia and resided at the Evergreen Laurel Hotel, Penang, for the personal meetings with the Akamai team, to view residential classes, interact with Akamai residential students, and discuss future plan for the residential program with Dr. Ben Lee, Akamai VP of Asia Programs, President Capogrossi, and members of the University accreditation team.



ASIC is an independent body specializing in the accreditation of schools, colleges, universities, training organizations and online and distance education providers worldwide. Our mission is to examine the institution as a whole along with the content and delivery of the courses and ensure that the required standards are being met. Once an institution has been accredited, we are also able to work with them to develop and improve their international strategies.

The missions of ASIC is to be a globally recognized authority on the accreditation of international universities, colleges, schools, training organizations and distance education providers. Further, it is to assist institutions develop into providers of quality higher education, respected worldwide, and to ensure that all the ASIC areas of operation are adhered to and the best possible education experience is given to their students.

Hearing From Current Candidates and Graduates



Studying at Akamai University has opened my eyes to the possibilities resulting from the combining of my skills as an accountant and musician, other modalities e.g. Touch for Health. It truly is a journey of personal growth and professional development.

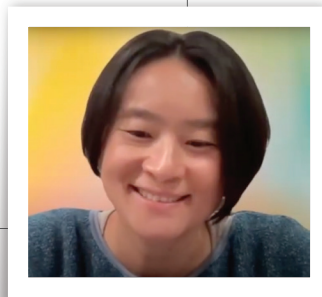
Colin MacLeod, MA, CA, MBA
AU Doctoral candidate 2025-2026
College of Integrative Health

Michelle Greenwell, PhD
AU Doctoral Graduate 2023
College of Integrative Health
Current AU Faculty
Can Be Well —
Canadian Association
of BioEnergetic
Wellness
Listen to Be Well with
Dr. Michelle Greenwell
on Spotify



Throughout my doctoral studies at Akamai University, I have consistently experienced enthusiastic guidance and support from faculty members. Professors have generously helped me navigate challenges in my field of study; some have even offered me their textbooks and research papers at no cost and network resources, expanding my academic breadth and depth. Others have provided energy-therapy sessions and personal instruction, helping me refine techniques, reflect on outcomes, and receive individualized guidance that aligns with my research direction.

Karen (Kai-Lun) Chang
AU Doctoral candidate 2025-2026
College of Integrative Health
Author of *Rainbow Maker*, exploring mind-body healing



As we engage in discussion to address the global challenges created in health during the pandemic, I believe that my studies have positioned me in a solid position to build relationships, to find new pathways to help others, and to bring more clarity and power to the programs offered at Akamai University.

[more](#)

Michelle Greenwell, PhD
AU Doctoral Graduate 2023
College of Integrative Health

Active Learning Experiences at Akamai

Throughout my doctoral studies at Akamai University, I have consistently experienced enthusiastic guidance and support from faculty members. Professors have generously helped me navigate challenges in my field of study; some have even offered me their textbooks and research papers at no cost and network resources, expanding my academic breadth and depth. Others have provided energy-therapy sessions and personal instruction, helping me refine techniques, reflect on outcomes, and receive individualized guidance that aligns with my research direction.

For me, Akamai has been a highly personalized and inclusive learning environment. The faculty continuously encourages me to integrate all my areas of interest and to

develop a unique theoretical framework within Energy Psychology and Energy Medicine. As a result, my learning and research process has been very efficient, intuitive, and deeply aligned with my scholarly path. I follow my higher guidance to identify promising theories, integrate meaningful frameworks, and discern which approaches are less effective for my research goals.

Interactions with Faculty, Students, and Alumni

Akamai frequently hosts online seminars and research conferences, offering valuable opportunities to engage with experts from different countries across diverse fields of energy medicine and energy psychology. These interactions allow me to reach out to presenters and participants, schedule independent meetings, and build professional relationships that expand my academic and clinical horizons.

Our doctoral cohort also holds monthly study group meetings where we discuss new insights in our respective fields, share clinical experiences, help answer each other's questions, and explore potential future collaborations. Through alumni connections, I was introduced to the hypnotherapy division at the UCSD Centers for Integrative Health, where I assisted in translating their Chinese-language training materials and later became its Chinese-speaking mentor and certified practitioner for their program.

Professional Growth and Accomplishments During the Program

The Self-Care course, along with other approved courses in my program, has been profoundly transformative. They have helped me gain increasing clarity on my doctoral research goals and the contributions I hope to make to humanity through my research work. The experiential learning components have also allowed me to peel away layers of personal and energetic barriers—much like peeling an onion—helping my core soul essence shine more fully and guiding me toward my highest, most authentic path.

During my doctoral studies, I also completed and published an illustrated children's book, *Rainbow Maker*, based on Energy Psychology and ageless healing wisdom I have learned in the past few years. The book teaches children how to use imagination, colors, and light to support their emotional, physical, mental, and spiritual well-being. This project is just one example of the inspiration and creative

expansion I have experienced during my time at Akamai, yet it has been profoundly meaningful both to me and to the communities I serve.

Anticipated Goals and Direction After Completing the Doctoral Degree

After graduation, I hope to share the integrative techniques and phenomenological research I develop and collect with broader communities around the world. My goal is to help expand human consciousness, improve self-awareness, and enhance quality of life through non-pharmacological self-healing practices. I believe these approaches play an important role in supporting holistic well-being.

In addition, I currently serve as a supervisor and instructor at a hypnotherapy school, Blue Ocean Hypnosis training school, in Taiwan. I will be providing several on-line energy psychology workshops in 2026 for their students including social workers, family therapists, school teachers, and other professional health care practitioners. After earning my doctorate, I hope to act as a bridge between institutions—building academic partnerships, translating Energy Medicine and Energy Psychology curricula into Traditional Chinese, and bringing this knowledge into Asian communities. At the same time, I hope to further integrate the ancient wisdom traditions of Asia with contemporary Western energy-healing models.

Warm regards,
Karen (Kai-Lun) Chang

Michelle Greenwell (cont.)

The distance education model allowed me to work one-on-one with the instructors and effectively streamline the courses to fit my teaching situation, experience and interests.

I have discovered that Akamai's program has the same qualities as other accredited colleges, and the knowledge level is equally high.

Akamai's instructional methods focus on teamwork and discussion of the matters concerned.

I am really impressed by the contacts I have had with the professors working with me at the moment. I have not regretted my choice of this university.

Most helpful at Akamai was the availability of the professors. I received personal attention and guidance.

My journey of discovery with academic studies at Akamai University has provided me with a degree program that has

developed strong skills in writing, research, collaboration and outreach.

Beginning with a Post Graduate diploma in CAM, I was able to bring my past studies in Integrative Health training forward into my interests for a Master's and now a Doctoral degree. The collaborative process with other students, faculty and networks in CAM have provided me with an education that embodies a whole person approach, with a whole education approach.

My ability to market myself on the international scene in both science and research has created some wonderful projects and friendships across other university settings as well as disciplines in CAM.

I look forward to what follows the doctorate degree in continued outreach for health and wellness across the globe.

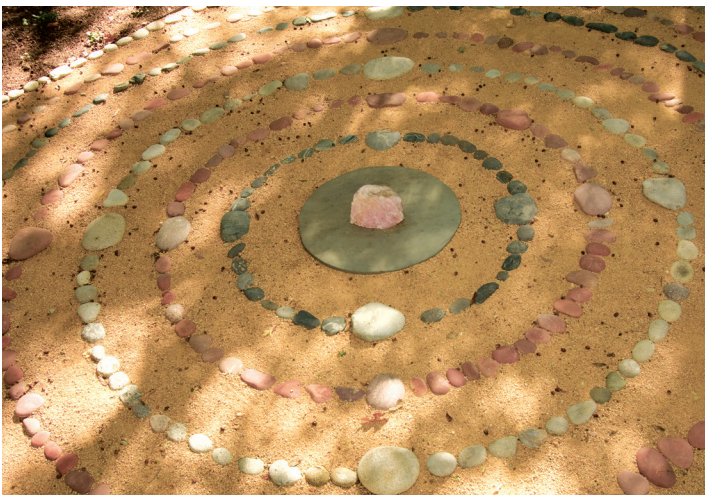
Akamai University Durham Campus



Spring at Akamai University in Durham, NC



Library building at Akamai University Headquarters in Durham, NC



Journey to the Light labyrinth at Akamai University, Durham, NC



Goldfish pond at Akamai University, Durham, NC



Body, Emotion, Mind, & Spirit labyrinth at Akamai University, Durham, NC



Gazebo on side porch, Akamai University, Durham, NC



Akamai University

Dedicated to improving human and planetary health

akamai.university

(808) 491-9514