



**SATURDAY,  
MAY 22!**

**1 in 5 Adults**  
experience mental illness  
each year in the U.S.

**1 in 6 Youth**  
aged 6-17 experience a mental  
health disorder each year in the U.S.

*Walk with us*

to raise awareness and funds that support free,  
top-rated programs and services for our community.

Due to the Pandemic, this year's NAMI Walks will be virtual again.

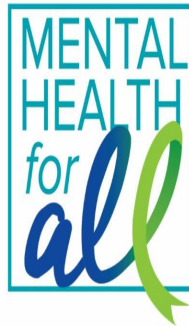
That means you can participate from virtually anywhere! Join us in your backyard, treadmill, or living room! Get interactive via social media, contests, and live feeds!

Follow NAMI Walks:

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Northern California NAMI Walks

To register, or simply donate,  
[Click Here](#)



**DONATE TO  
SUPPORT  
AMADOR  
COUNTY'S  
TEAM BELIEVE!**

**Join NAMI AMADOR'S  
TEAM BELIEVE TODAY!**

For more information, visit [www.namiwalks.org](http://www.namiwalks.org) Northern California