



NAMI

National Alliance on Mental Illness

Amador



NAMI Amador Connection Recovery Support Group

FREE Group for Adults with mental illness, regardless of the diagnosis; Led by trained individuals who are also in recovery.

EVERY THURSDAY:

10:00-11:30AM at

SIERRA WIND RECOVERY CENTER: 10354 Argonaut Ln, Jackson, CA 95642

&

1:00 to 2:30PM at

THE SENIOR CENTER: 229 New York Ranch Rd., Jackson CA 95642

Talk to people who understand



WELLNESS • RECOVERY • RESILIENCE

NAMI Amador: PO Box 482, Jackson CA 95642 209-256-1293.

Visit us at www.namiamador.org

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