



IT'S ALL ABOUT ME WORKSHOPS 2019

Metaphysical Me - 1 • \$149

Join us as we embark on the first of our metaphysical adventures. This introductory workshop is sure to entertain, make you laugh, and maybe put a "How did they know that?" look on your face. You never know where this will take you, especially with a room full of other women with the same look on their faces.

In today's world, the word metaphysics is an umbrella for many fields of interest from dreamwork to divination to astrology. Who am I? What am I? Where have I been? Where am I going? What is my purpose in life?

Meet others who are just as interested in better understanding the nuances of these ethereal subjects. You may discover that you are drawn to one or more of these fields of interest. At the very least, you are sure to uncover something new about yourself while having loads of fun. And ultimately, isn't that what taking a little time for yourself is all about?

This workshop runs from 9 am to 4:45 pm. Registration begins at 8:30 am.

Workshop fee includes all session materials, take-a-ways, and a few surprises. Snacks and beverages will be available throughout the day. Bring your lunch or venture out with other women to nearby restaurants.

This workshop consists of the following sessions:

Numerology – The study of numbers and the mystical manner in which it describes certain character tendencies and aptitudes, and also indicates what challenges and obstacles that will come into play in your lifetime. You will calculate your five Points of Light, those core energies that make up your unique self.

Omega Matrix – You will create your Personal Success Matrix, with a little help from us, of course. This is a great tool for keeping an intention front and center.

Aura Colors – What color is your aura? Want to find out? This exercise will give you insight into your inner self. And you'll get to learn about those around you and how to better understand why they react the way they do.



Energy Group & Soul Sign – What drives you? How will your soul sign help you find harmony, peace, and contentment on this earthly plane? Be ready for some truly amazing revelations.

Feng Shui – Learn the basics of this ancient Chinese pseudoscience which claims to use energy forces to harmonize you with your home or work environment. Be prepared to map out your home or office and learn how to change outcomes by changing energy.

Pendulum – A tool often used for spiritual healing and inner growth. Learn how to choose the right pendulum for you. Discover what a pendulum chart is and how to use it.

Call it personal development or just hanging out with the girls. You deserve some time for you every now and then. You may not get a degree from spending time with us, but there's no homework either. Come with friends. And remember, our workshops make great gifts too.

CHECK OUT OUR OTHER WORKSHOPS:

Metaphysical Me – 2
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Metaphysical Me – 3
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Expressive Me
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Let the Games Begin - 2
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Let the Games Begin - 1
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