

## Spokane Mercury Track/Running Club Registration 2018 (Returning Athlete)

Legal Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender \_\_\_ M \_\_\_ F

Primary email to receive team communication: \_\_\_\_\_

We wish to receive text message communication at the following number(s): \_\_\_\_\_  
(Standard rates for your plan apply)

Please list any changes to family names, addresses, phone numbers, or emergency contacts since the last time you participated with the Spokane Mercury Distance Team:

**CURRENT** USATF Number \_\_\_\_\_

(Visit [www.usatf.org](http://www.usatf.org) to **RENEW** your membership. Take the time to look up your password if necessary; skipping this and getting a new membership will cause complications. You **MUST** have a current USATF membership to participate with Spokane Mercury Distance at practices and meets. Initial here to indicate you have purchased a current membership for 2018 \_\_\_\_\_.

Does the athlete have any known health concerns (including medications) or special needs? Yes \_\_\_\_\_ No \_\_\_\_\_

Please provide details if you marked yes:

Does the athlete have any known allergies? Yes \_\_\_\_\_ No \_\_\_\_\_

Please provide details if you marked yes:

We have read and agree to the Parent/Athlete Handbook posted on the registration page of the website at [www.spokaneyouthdistance.org](http://www.spokaneyouthdistance.org)

Parent Signature: \_\_\_\_\_ Athlete Signature: \_\_\_\_\_

**A complete registration includes:**

- \_\_\_ All information completed on all four pages (must be complete even if you've made arrangements to pay at a later date)
- \_\_\_ Payment in the form of a check or credit/debit card (If payment is a hardship, contact Carol Lewis to make arrangements)
- \_\_\_ Mail registration to Spokane Youth Distance Team, 705 Golden Hills Drive, Cheney, WA 99004 or bring to your first practice



Next three pages required for complete registration.

### Meet Participation Information, Track 2018

(If you have multiple kids on the team, you can fill out one questionnaire per family.)

**Athlete's Name(s):** \_\_\_\_\_

Will your athlete(s) participate in the Inland Northwest Association Championship meet on June 16, 2018 in Post Falls? (This is not a qualifying meet, but is a good opportunity to get some competitive experience prior to the Junior Olympics Association Meet.)

\_\_\_\_\_ yes      \_\_\_\_\_ no      \_\_\_\_\_ unsure      Comments:

Will your athlete(s) participate the Junior Olympics Association Meet at Central Valley High School (tentative location) on June 123, 2018? (Placing in the top 8 at this meet or being a member of a qualifying relay team is required for advancement to the next meet.)

\_\_\_\_\_ yes      \_\_\_\_\_ no      \_\_\_\_\_ unsure      Comments:

If your athlete(s) qualify, will they participate in the Junior Olympics Regional Meet in Bend, Oregon the weekend of July 7 and 8, 2018? (Placing in the top 5 at this meet or being a member of a qualifying relay team is required for advancement to the next meet.) There are events on July 5 and 6, but they are only for athletes participating in multi events (decathlon, heptathlon, etc.)

\_\_\_\_\_ yes      \_\_\_\_\_ no      \_\_\_\_\_ unsure      Comments:

If your athlete qualifies, will he/she attend the National Junior Olympics in Greensboro, North Carolina during the week of July 23-29, 2018?

\_\_\_\_\_ yes      \_\_\_\_\_ no      \_\_\_\_\_ unsure      Comments:

Would this athlete like to request financial assistance (if it becomes available) for travel to the national and/or Regional meets?

\_\_\_\_\_ yes      \_\_\_\_\_ no      Comments:

Is your family willing to escort an athlete from another family to either Regionals or Nationals?

\_\_\_\_\_ yes      \_\_\_\_\_ no      Comments:

Is this athlete interested in participating on a relay team? All relay participants must be willing to travel to the Regional meet in Oregon if the team has a reasonable chance of being competitive at this level based on past results. Relay teams are selected by coaches and are subject to change based on athletes' performances at practices and in meets. Upon selection for a relay team

\_\_\_\_\_ Yes      \_\_\_\_\_ No      Comments:

www.spokaneyouthdistance.org

**Parent Volunteer Opportunities:**

(If you have multiple kids on the team, you can fill out one questionnaire per family.)

Athlete's Name(s): \_\_\_\_\_

Parents' Name(s): \_\_\_\_\_

Please check the volunteer opportunities in which you may be interested. Mandatory parent meetings will be held on April 17 and May 31 where more information about volunteering and fundraising will be presented.

\_\_\_\_\_ Organizing car pools to and from practice for families

\_\_\_\_\_ Organizing social events for the team

\_\_\_\_\_ Organizing team spirit activities for athletes (secret pals, good luck bags from parents at meets, etc.)

\_\_\_\_\_ Organizing/coordinating fundraising events

\_\_\_\_\_ Media Relations

\_\_\_\_\_ Photography at Meets and Practices

\_\_\_\_\_ Uniform Ordering, Distribution, and Collection

\_\_\_\_\_ Meet Volunteer on June 16; our club is required to provide volunteers

\_\_\_\_\_ Meet Volunteer on June 23; our club is required to provide volunteers

\_\_\_\_\_ Other: \_\_\_\_\_

Athlete's Name: \_\_\_\_\_

Mark here if you are registering for this option	Program	Fee	Amount Enclosed for this Option
	<b>Running Club-</b> Includes participation in long season of both <u>track</u> and <u>cross country</u> plus Sunday workouts <i>most</i> weeks March 18 through December 4 <u>excluding August</u> .	\$250	
	<b>Track <u>Extended Season-</u></b> Practices Tuesday @ Manito April 17-May 22. Includes full participation in <u>regular season</u> and <u>Sundays</u> during the season.	\$150	
	<b>Track <u>Regular Season-</u></b> Practices Tuesdays and Thursdays at a local track (Tentatively Hart Field) May 31-July 19; 6:00-7:30; Sunday workouts also included	\$120	
	<b>Scholarship Donation-</b> If you wish, you may donate any amount to a scholarship fund that will be used to offset registration and meet entry and travel costs for athletes demonstrating financial need.	Determined by registrant	

Uniforms: Please note that sizes run big. If you're not sure, choose the smaller size.

\_\_\_\_\_ We have a uniform (same ones, new green, as the 2017 track and XC seasons) and don't need a new one.

\_\_\_\_\_ We will rent a uniform for \$10. Circle Size: YS YM YL AS AM AL

\_\_\_\_\_ We will purchase a uniform for \$30. Circle Size: YS YM YL AS AM AL

\*Additional uniform items such as shorts, sweats, hats, etc. will be available for purchase after you have registered for the club. All team members need to have uniforms.

**Additional fees for meet entry and travel will be the responsibility of families.** Assistance for travel may become available through fundraising.

Pay with credit or debit card (Payments processed with SQUARE.)
Card Number: _____ Security Code: _____
Expiration Date: _____ Billing Zip Code: _____ (mm/yy)

<b>**Total Amount Enclosed Include Registration and Uniform Fees</b>
Make checks payable to <b>SPOKANE YOUTH DISTANCE TEAM</b>

\*\*If the registration/uniform fee is a hardship for your family, please contact Carol Lewis to arrange a payment plan or scholarship.

## Important Dates- Please post this on your refrigerator!

- March 18 First Running Club Practice and Parent Meeting @ 4:15 (Running Club Families Only)
- April 17 First Extended Season Practice and Parent Meeting @ 6:30 (Extended Season and Running Club Families)
- May 29 First Regular Season Practice
- May 31 Parent Meeting@ 6:30 (All Families)
- June 14 Parent Meeting@ 7:30 (Parents and Athletes of families attending the Inland Northwest Association meet)
- June 16 Inland Northwest Association Championship Meet in Post Falls
- June 21 Parent Meeting@ 7:30 (Parents and Athletes of families attending the Junior Olympics Association meet)
- June 23 Junior Olympics Association Meet probably at Central Valley High School
- July 7-8 Junior Olympics Regional Meet in Bend, Oregon
- July 2 Parent Meeting@ 7:30 (Parents and Athletes of families attending the Regional Junior Olympics meet) THIS IS A MONDAY
- July 17 Awards Party After Practice
- July 19 Parent Meeting@ 7:00 (Parents and Athletes of families attending the National Junior Olympics meet)
- July 23-29 Junior Olympics National Meet in Greensboro, North Carolina; [coachcarol2015@yahoo.com](mailto:coachcarol2015@yahoo.com)