

Spokane Mercury Cross Country Registration 2019

Legal Name _____ Date of Birth ____/____/____ Gender ___ M ___ F

Primary Address _____ City _____ St _____ Zip _____

Spokane Youth Distance Team uses pictures of athletes in our print and electronic media communication to the public. May we use pictures of the athlete named above? ____ Yes ____ No

Parent/Guardian #1 _____ ParentGuardian#2 _____

Phone Numbers:

_____ Name _____ OK to text this number? ____yes ____no

_____ Name _____ OK to text this number? ____yes ____no

_____ Name _____ OK to text this number? ____yes ____no

Email Addresses:

_____ Receive team communication at this address? ____yes ____no

_____ Receive team communication at this address? ____yes ____no

_____ Receive team communication at this address? ____yes ____no

Emergency Contact (other than parent) _____ Phone _____

Emergency Contact Relationship to Athlete _____

CURRENT USATF Number _____ **Enclose or email a copy of the athlete's birth certificate if you are new to this club.**

(Visit www.usatf.org to purchase your membership. Please make sure you use club number **157** so you will be associated with Spokane Mercury. You **MUST** have a current USATF membership to participate with Spokane Mercury Distance at practices and meets. Initial here to indicate you have purchased a current membership for 2019 _____.

Does the athlete have any known health concerns (including medications) or special needs? Yes ____ No ____

Please provide details if you marked yes:

Does the athlete have any known allergies? Yes ____ No ____

Please provide details if you marked yes:

We have read and agree to the Parent/Athlete Handbook posted on the registration page of the website at www.spokaneyouthdistance.org

Parent Signature: _____ Athlete Signature: _____

Next three pages required for complete registration.

Parent Volunteer Opportunities:

(If you have multiple kids on the team, you can fill out one questionnaire per family.)

Athlete's Name(s): _____

Parents' Name(s): _____

_____ Volunteering at Meets

_____ Organizing social events for the team

_____ Organizing team spirit activities for athletes (secret pals, good luck bags from parents at meets, etc.)

_____ Organizing/coordinating fundraising events

_____ Uniform Ordering/Distribution/Collection

_____ Photography at Meets and Practices

_____ End of Season Party Planning

_____ Managing Loaner Spikes

_____ Other: _____

Meet Participation (families may fill out one for multiple athletes)

Athlete's Name(s): _____

Knowing your plans helps us plan. As best you can, please complete the following information. Completing this form doesn't obligate you to anything. We will check in with everyone about final plans and registration information before each meet.

Mountain West in Missoula, MT on Saturday, September 28 (This one is tentative based on availability of coaches and interest from the team)

Yes No Unsure

Comments:

Richland Invitational in Richland, WA on Saturday, October 12

Yes No Unsure

Comments:

Junior Olympics Association Meet in Coeur d'Alene, ID on Saturday, November 16 (Athletes must participate in this meet or be part of a team that qualifies in order to compete at the next meet)

Yes No Unsure

Comments:

Junior Olympics Regional Meet likely on Saturday, November 23 somewhere in Oregon (Athletes must participate in this meet or be part of a team that qualifies in order to compete at the next meet)

Yes No Unsure

Comments:

Junior Olympics National Meet in Madison, WI on Saturday, December 14 (if qualified)

Yes No Unsure

Comments:

Athlete's Name: _____

Mark here if you are registering for this option	Program	Fee	Amount Enclosed for this Option
	Cross Country Extended Season- Practices Tuesday, Thursday, and Sundays beginning <u>September 15, 2019</u> ; all practices at Manito Park until daylight savings time ends. Sundays 4:00-5:00; Tuesday and Thursday 6:00-7:15. Last practice December 10.	\$180	
	Cross Country Regular Season- Practices Tuesdays and Thursdays 6:00-7:30 at Riverfront Park and Sundays 4:00-5:00 at Manito Park beginning <u>October 20, 2019</u> . Last practice December 10.	\$120	
	Post High School- Begin working out with us on Tuesdays, Thursdays, and Sundays after your high school season is over until December 10.	\$80	
	Scholarship Donation- If you wish, you may donate any amount to a scholarship fund that will be used to offset registration and meet entry and travel costs for athletes demonstrating financial need.	Determined by registrant	

Uniforms: Please note that sizes run big. If you're not sure, choose the smaller size.

_____ We have a uniform (same ones, new green, as the 2017 & 2018 seasons) and don't need a new one.

_____ We will rent a uniform for \$10. Circle Size: YS YM YL AS AM AL

_____ We will purchase a uniform for \$30. Circle Size: YS YM YL AS AM AL

*Additional uniform items such as shorts, sweats, hats, etc. will be available for purchase after you have registered for the club. All team members need to have uniforms.

Additional fees for meet entry and travel will be the responsibility of families.

Assistance for travel may become available through fundraising.

****Total Amount Enclosed
Include Registration and
Uniform Fees**

Make checks payable to **SPOKANE
YOUTH DISTANCE TEAM**

Pay with credit or debit card (Payments processed with SQUARE.)

Card Number: _____ Security Code: _____

Expiration Date: _____ Billing Zip Code: _____
(mm/yy)

**If the registration/uniform fee is a hardship for your family, please contact Carol Lewis to arrange a payment plan or scholarship.

Please call (only after 5:00 PM) or email Carol Lewis with questions: 509-842-2636; coachcarol2015@yahoo.com

A complete registration includes:

- _____ All information completed on all four pages (must be complete even if you've made arrangements to pay at a later date)
- _____ A copy of the athlete's birth certificate if you are new to this team (or email a picture of it to coachcarol2015@yahoo.com)
- _____ Payment in the form of a check or credit/debit card (If payment is a hardship, contact Carol Lewis to make arrangements)
- _____ Mail registration to Spokane Youth Distance Team, 705 Golden Hills Drive, Cheney, WA 99004 or bring to your first practice

****Important Dates-** Please post this on your refrigerator!

September 15	First Practice for Extended Season- 4:00 at Manito Park; Parent Q & A at 4:15
September 28	Mountain West Meet in Missoula, MT (tentative based on schedules and availability of coaches)
October 12	Richland Invitational Meet in Richland, WA
October 20	First Regular Season Practice- 4:00 at Manito Park; Parent Q & A at 4:15
October 22	First Practice at Riverfront Park- 6:00 (meet in the Kaiser Permanente Parking Lot)
November 16	Junior Olympics Association Meet in Coeur d'Alene, ID (qualifies athletes for the next meet)
*November 23	Likely date for Junior Olympics Regional Meet; likely location Oregon
December 14	Junior Olympics National Meet in Madison, WI (teams and/or individuals must qualify at the regional meet to compete at Nationals)

*Our regional leadership has not announced the date, time, or location of the regional meet, but we can reasonably expect it to be on this date somewhere in Oregon.

**All meet dates are subject to change. We will provide timely communication via email, text messages, and on our website as soon as we receive communication about any changes. Parents are encouraged to subscribe to the USATF emails so they receive communication as well.