# www.spokaneyouthdistance.org Spokane Mercury Track/Running Club Registration 2019

Legal Name		Date of Birth _	/	_Gender _	M	. F
Primary Address		City	S	tZip	)	
Spokane Youth Distance May we use pictures of th		hletes in our print and electr	onic media comm	nunication to	the publi	ic.
Parent/Guardian #1		ParentGuardian	n#2			
Phone Numbers:						
#	Name		OK to text this	number?	yes _	no
#	Name		OK to text this	number?	yes _	no
#	Name		OK to text this	number?	yes _	no
Email Addresses:						
		Receive team comr	munication at this	address? _	yes _	no
		Receive team comr	munication at this	address? _	yes _	no
		Receive team comr	munication at this	address? _	yes _	no
Emergency Contact (oth	er than parent)		Phone _			
Emergency Contact Relat	tionship to Athlete					
CURRENT USATF Numb	er	Enclose or email a co	opy of the athlete's	birth certific	ate if you	<u>ı are</u>
with Spokane Mercury. Yo	ou MUST have a current	<ul> <li>Please make sure you us</li> <li>USATF membership to partiave purchased a current me</li> </ul>	icipate with Spoka	ane Mercury		
Does the athlete have any	y known health concerns	(including medications) or s	special needs? Ye	s No		
Please provide details if	you marked yes:					7
						╛
Does the athlete have any	y known allergies? Yes _	No				_
Please provide details if	you marked yes:					
We have read and agree www.spokaneyouthdistan		ndbook posted on the registi	ration page of the	website at		_
Parent Signature:		Athlete Signature	e:			
Next three pages require	ed for complete registra	ation.				

#### www.spokaneyouthdistance.org

#### **Parent Volunteer Opportunities:**

ou have multiple kids on the team, you can fill out one questionnaire per family.)	
ete's Name(s):	
ents' Name(s):	
Helping at Meets	
Organizing social events for the team	
Organizing team spirit activities for athletes (secret pals, good luck bags from parents at meets	, etc.)
Organizing/coordinating fundraising events	
Uniform Ordering/Distribution/Collection	
Photography at Meets and Practices	
End of Season Party Planning	
Managing Loaner Spikes	
Other:	

### www.spokaneyouth distance.org

Athlete's Name:		

Mark here if you are registering for this option	Program			Fee		Amount Enclosed for this Option		
	Running Club- Includes participation in long season of both track and cross country plus Sunday workouts most weeks March 17 through December 3 excluding August.			\$250				
	Track Extended Season- Practices Tuesday @ Manito April 23-May 28. Includes full participation in regular season and Sundays during the season.			\$150				
	Track Regular Season- Practices Tuesdays and Thursdays at a local track (Tentatively Hart Field) May 30-July 20; 6:00-7:30; Sunday workouts also included			\$120				
	Scholarship Donation- If you wish, you may donate any amount to a scholarship fund that will be used to offset registration and meet entry and travel costs for athletes demonstrating financial need.			Determined by registrant				
Uniforms: Please note th	nat sizes run big. If you'	re not sure, cho	ose the sn	naller siz	е.			
We have a unifo	rm (same ones, new gre	en, as the 2017	& 2018 se	easons) a	and don	't need a r	iew one.	
We will rent a uniform for \$10. Circle Size: YS YM YL AS AM AL								
We will purchase a uniform for \$30. Circle Size: YS YM				YM Y	L A	AS AN	1 AL	
*Additional uniform items such as shorts, sweats, hats, etc. will be available for purchase after you have registered for the club. All team members need to have uniforms.  **Total Amount Enclosed Include Registration and Uniform Fees					ration and			
Additional fees for me Assistance for travel ma				<u>families</u> .				
Pay with credit or debit card (Payments processed with SQUARE.)			$\exists \mid$		cks payable <b>ГН DISTAN</b>	to <u>SPOKANE</u> <u>CE TEAM</u>		
Card Number:	lumber: Security Code:							
Expiration Date: Billing Zip Code:			**If the registration/uniform fee is a hardship for your family, please contact Carol Lewis to arrange a payment plan or scholarship.					
Please call (only after 5:	:00 PM) or email Carol L	ewis with questi	ons: 509-8	342-2636	; coach	carol2015	@yahoo.	<u>com</u>
A copy of the athlete's Payment in the form o	ncludes: ted on all four pages (must birth certificate <u>if you are n</u> f a check or credit/debit cal	new to this team (country to the real real (country to the real real real real real real real rea	or email a p hardship, d	icture of it contact Ca	to <u>coach</u> arol Lewi	ncarol2015 s to make a	<u>@yahoo.co</u> .rrangeme	om) nts)

## Important Dates- Please post this on your refrigerator!

March 17	First Running Club Practice- 4:00 at Manito Park; Parent Q & A at 4:15
April 23	First Extended Season Practice- 6:00 at Manito Park; Parent Q & A at 6:15
May 30	First Regular Season Practice- 6:00 (location TBA, likely Hart Field)
*Unknown	Association Championship Meet (not a qualifying meet)
*TBD	Mercury Practice Meet at Hart Field
*Unknown	Junior Olympics Association Meet (this will be the qualifying meet for Regionals)
July 6-7	Junior Olympics Regional Meet in Tacoma, WA (Mount Tahoma High School)
July 22-28	Junior Olympics National Meet in Sacramento, CA (Sacramento State)

<sup>\*</sup>As soon as we know the dates, times, and locations of these meets our calendar will be updated.