

# **Building a Better Future for Our Children and Their Families**

An Illustration of the Impact made by the Adams-Brown Head Start and Early Head Start Programs in our communities.

This report is made available to the public upon request or can be viewed on the program's website: https://abhsehs.org

















Adams-Brown Head Start/Early Head Start are a branch of Adams-Brown Community Action Partners (ABCAP)

# Adams-Brown Head Start/Early Head Start Centers



#### **Main Office**

406 W. Plum St. Georgetown 45121 (937) 378-6041 ext. 245 or ext. 250

#### **Early Head Start**

406 W. Plum St. Georgetown 45121 (937) 378-6041 ext. 318 or 240

#### **Brown County Head Start Centers:**

Georgetown Head Start Center
2 Classrooms

406 W. Plum St., Georgetown 45121 (937) 378-6041 ext. 283 & 284

Greenbush Head Start Center 16003 US 68, north of Mt. Orab 45154 (937) 444-4933

Hamersville Head Start Center 1950 St. Rt. 125, Hamersville 45130 (Located in the Elementary School) (937) 379-1144 ext. 24110

Mt. Orab Head Start Center 474 West Main St., Mt. Orab 45154 (Located in the Elementary School) (937) 444-1406

Ripley Head Start Center 502 S. Main St., Ripley 45167 (937) 392-0227 Adams-Brown Head Start and Early Head Start are branches of the Adams-Brown Community Action Partnerships (ABCAP). There are five Head Start classrooms in Adams County and six classrooms in Brown County. Some of our classrooms are located in Head Start Centers and some are located within the local elementary school buildings. Our classrooms hold all-day sessions from 8am to 2pm. Bus service is provided for families who need transportation services. In addition, we have four home visitors serving Head Start and seven home visitors serving Early Head Start in both Adams and Brown Counties.

#### **Adams County Head Start Centers:**

Peebles Head Start Center 16 Virginia St., Peebles 45660 (937) 587-3300 Tiffin Head Start Center

3 classrooms 11827 St. Rt. 125, West Union 45693 (937) 544-5082

Manchester Head Start 130 Wayne Frye Drive, Manchester 45114 (937) 549-4777, opt. 3, ext. 2118



# Adams Brown Counties Economic Opportunities, Inc. Board of Trustees 2023-2024



# Adams Brown Head Start/Early Head Start



# What is Adams-Brown Head Start and Early Head Start?

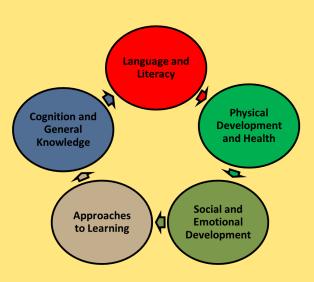
 Head Start (HS) and Early Head Start (EHS) are federal programs that promote the school readiness of children ages birth to 5 from low-income families by enhancing their cognitive, social and emotional development. Head Start works with children ages three and four and their families. Early Head Start serves infants, toddlers,

pregnant women, and their fami-

lies.

- Our <u>center</u> programs provide a learning environment that support the child's growth in Language and Literacy, Cognition and General Knowledge, Physical Development and Health, Approaches to Learning, and Social and Emotional Development.
- Both HS and EHS provide comprehensive services to enrolled children and their families through the <u>homebase</u> option. This includes health, nutrition, social services and other services determined to be necessary by a family needs assessment, in addition to education and cognitive development services through weekly home visits and socializations.

**School Readiness Goals** 



♦ We emphasize the role of parents as their child's first and most important teacher. Head Start programs build relationships with families that support:



Family Well-being and positive Parent-Child Relationships



Families as Learners and Life Long Educators

Family Engagement in Transition and General Knowledge Family Connections to Peers and Community

> Families as Advocates and Leaders



## What Curriculum is used by the Head Start Center-Based Program?

#### **Creative Curriculum for Preschool**

Adams-Brown Head Start center class-rooms use the *Creative Curriculum for Preschool*. It is a research-based system that combines curriculum, assessment, professional development, and family connection resources to fully support early childhood programs. Throughout the year, teaching staff uses the *Creative Curriculum for Preschool* to promote intentional teaching through exploration and discovery as a way of learning. The *Creative Curriculum for Preschool* takes each child's individual

The ELOF describes the skills, behaviors, and knowledge that programs must foster in all children. The Framework is grounded in a comprehensive body of research about what young children should know and be able to do to succeed in school. It describes how children progress across key areas of learning and development and specifies learning outcomes in these areas.

development and learning style into account. The Creative Curriculum for Preschool uses Teaching Strategies GOLD online assessment system. It is an authentic, ongoing observational system for assessing the development and learning that include predictors of school success and are based on school readiness standards. The objectives are aligned with the Ohio Early Learning and Development Standards and the Head Start Early Learning Outcomes Framework. Teachers use the objectives to focus their observations as they gather information to make classroom decisions.

This information will help adults better understand what they should be doing to provide effective learning experiences that support important early learning outcomes.

## **The Creative Curriculum Cloud**

The Creative Curriculum® Cloud provides

digital planning tools that help to individualize instruction, facilitates communication between teachers and families, streamlines weekly planning processes, and offers access to new family resources to build consistency in learning experiences. This new resource will help our teaching staff engage families and gather data about those interactions especially when services are virtual.

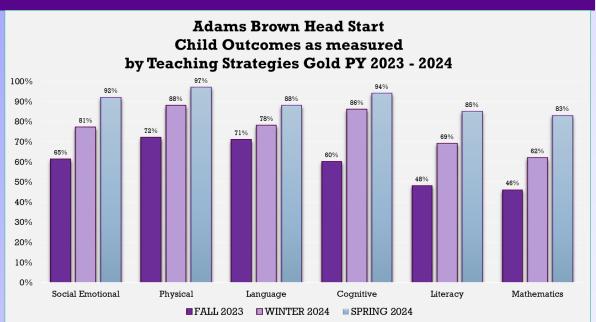
CENTRAL DOMAINS						
	APPROACHES TO LEARNING	SOCIAL AND EMOTIONAL DEVELOPMENT	LANGUAGE AND LITERACY	COGNITION	PERCEPTUAL , MOTOR, AND PHYSICAL DEVELOPMENT	
▲INFANT/ TODDLER DOMAINS	Approaches to Learning	Social and Emotional Development	Language and Communication	Cognition	Perceptual, Motor, and Physical Development	
●PRESCHOOLER DOMAINS	Approaches to Learning	Social and Emotional Development	Language and Communication	Mathematics Development	Perceptual, Motor, and Physical	
			Literacy	Scientific Reasoning	Development	

CENTRAL DOMAINS

#### **Preschool Child Outcomes Data**

The graph below illustrates the growth in child outcomes of Adams-Brown Head Start/Early Head Start during the Program Year 2023-2024. Observations are conducted throughout the year and data is finalized three times a year. Teaching staff use child outcomes data to plan for individual children as well as the whole class. Individual data is shared with each family. Aggregated, program-wide data is shared with staff and our stakeholders. It is used for ongoing program improvement.





This graph shows the percentages of all children in the program who were meeting or exceeding widely-held expectations in the six learning domains. Program-wide, children made the following gains from fall to winter:

Social-Emotional	33.1%	Physical	16.86%	Literacy	33.24%
Language	14.85%	Cognition	21.17%	Mathematics	31.29%

#### What Curriculum is used by Head Start and Early Head Start Home Visitors?



Parents as Teachers is a strong evidence-based home visiting model providing a broad context of parenting education and family support, and building protective factors, especially for those families in vulnerable situations. At its core, Parents as Teachers is relationship-based and parenting-focused. Our approach and curriculum focus on parent-child interaction, development-centered parenting, and family well-being; on strengths, capabilities and skills; and on building protective factors within the family. Parents as Teachers serves a range of families with high needs—not just first time parents, pregnant parents or teen parents—and offers services throughout the continuum from prenatal to Kindergarten entry. More information can be found online at www.parentsasteachers.org.

Early Head Start uses Partners for a Healthy Baby for expectant mothers and babies up to 12 months old. Partners for a Healthy Baby is a nationally recognized, research-based, practice-informed curriculum used by many home visiting models to meet their program goals. The curriculum is unique in that it addresses issues of child health and development within the context of the multifaceted needs of expectant and parenting families.



## **Early Head Start Car Seat Program**



Early Head Start distributed 103 car seats this year to families who qualified for WIC (Women, Infants, and Children). They also provided up to date information on regulations and recommendations from the American Academy of Pediatrics (AAP). The latest recommendation from AAP is for children to remain in rear-facing car seats until the child is 2 years old or they reach the upper weight limits for rear-facing seats. More on regulations and recommendations at www.aap.org.





## What is the Role of Early Head Start and Head Start Home Visitors?

Home visiting is a method of service delivery. It is a way to offer support, guidance, information, child development services directly to families in the The Head Start homes. home based program is one of the options for delivering comprehensive Head Start services. Home visiting is unique because it offers an opportunity for families to get support they want in their own homes.

## **Benefits of the Home Visitor Option**



 Uses the home environment to help parents create rich learning opportunities that build on everyday routines and support their child's development.



 Provides support to families whose life circumstances might prevent them from participating in more structured settings, families such as those who suffer severe stressors like maternal depression or substance abuse.



 Works with families who live in rural communities and who otherwise would not be able to receive needed services.

Many of our fathers are active participants in the education of their children.



"I think one of the things you have to do is to accept people for who they are, accept their values... Let them know that whatever happens, you'll be there to help them" – Home Visitor

\*\*\*\*\*

"What you learn helps you in your community, with your family, definitely your child — and it makes you feel good about yourself." — Father of a Toddler

\*\*\*\*\*\*

"Our home visitor helps us think about how our baby is doing and gives us good ideas of things to do with him. She is like a friend who comes to our home to support us." — Mother and Father of an infant

## Why is it important for a child to receive Early Education?



"Research has show that children enrolled in Head Start programs benefit by receiving formal education before kindergarten. According to some studies, children enrolled in these programs are more behaved and have higher IQ scores upon enrolling in kindergarten than their peers without formal education. Likewise, it was shown that children enrolled in Head Start programs learned quicker than children not enrolled in these programs."

—http://www.educationcorner.com

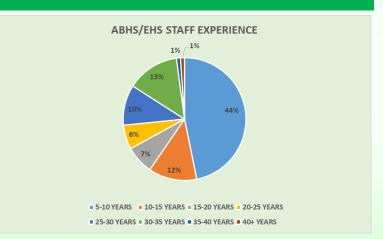
## **Step Up To Quality**

Step Up to Quality (SUTQ) is a three-tier quality rating and improvement system for Ohio's early learning and development programs. SUTQ recognizes and promotes programs that meet and exceed quality program standards. **SUTQ** program standards are based on national research which leads to improved outcomes for children. Rating are identified as bronze, silver and gold, with gold being the highest rating. Our lead teachers are trained early childhood educators.







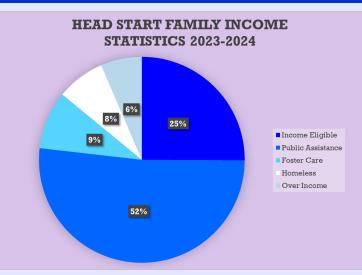


What are the training and experience levels of Head Start and Early Head Start Staff?

6 out of 11 have a bachelor's degree, 3 have an associate degree and two have a current CDA and are enrolled in an ECE Bachelors program through the University of Cincinnati. Teachers assistants have a CDA or are currently in training. At least one staff member per site completes a Family Development Course to become Certified Family Service Workers.

## Who is Served through Adams-Brown Head Start and Early Head Start?

There were a total of 281 children and pregnant women served by Adams-Brown Head Start and Early Head Start in the 2023 - 2024 program year. Income Eligible Families follow 100% income guidelines. Children of families who receive Supplemental Security Income (SSI) or Supplemental Nutrition Assistance Program (SNAP) are automatically eligible. Foster Children and children of a homeless family are automatically eligible and those who are homeless are considered to be priority enrollees.



Early Head Start Data not included.

HS/EHS Families who received support from the Program

79 - Asset Building Services

83 - Emergency/Crisis Intervention

4 - Adult Education/Job Training

43 - Mental Health Services

52 - Housing Assistance

1 - Assistance to Families for Incarcerated Individuals

26 - Substance Misuse Prevention

5 - Substance Misuse Treatment

106 - Education on Health and Developmental consequences of tobacco use

108 - Involvement in discussing their child's screening, assessment results, and progress

107 - Education on Preventative medical and oral health, and nutrition

10 - Postpartum Care

192 - Researched-based parenting curriculum

300 - Total number of clients who received at least one of services listed above.

Children from over income by 130% guidelines are also eligible to receive services.

In addition to working with children, Adams-Brown Head Start and Early Head Start work with the family as a whole. Healthy, whole families raise healthy, whole children. Because of this, we strive to help struggling famfind assistance that will ilies strengthen their family unit. Our connection with ABCAP, Adams-Brown Community Action Program, connects us to a wealth of family building resources including financial assistance, employment, housing, senior services, and home energy. We are also working with Hopewell and the Local Education Agency to provide special services to children who have learning or physical disabilities.

## Why is Adams-Brown Head Start concerned about Childhood Nutrition?

Studies show that "Good nutrition is incredibly important for kids even though maintaining it is often difficult for their parents. Proper nutrition is essential during childhood so that a child grows to obtain a healthy height and weight, can concentrate in school and does not have any nutritional deficiencies." You can find more about child nutrition at <a href="https://www.livingstrong.com">www.livingstrong.com</a>

**Head Start Meal Service** 

Unlike the meals that are served in a typical school setting, Head Start meals are served family-style. This means that the food is placed in serving bowls or platters and placed on the table. The children are encouraged to serve themselves using spoons or tongs. They also pour their milk or juice from pitchers. Each table has a maximum of seven children with one teacher or teacher aide. The teacher or aide assists the children and encourages—not forces — them to try new foods.

Head Start Children receive breakfast, lunch, and a snack. This adds up to a minimum of two-thirds their daily nutritional needs.

All meals are prepared by trained cooks, both in our independent centers and at the elementary school based centers, who provide hot, nutritious meals.

Head Start follows the guidelines set forth by the Child and Adult Care Food Program (CACFP). This guarantees that at minimum:

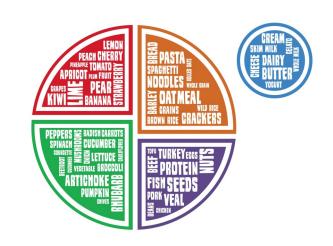
>Every <u>breakfast</u> consists of: 3/4 cup 1% milk; 1/2 cup fruit/vegetable; 1/4 cup grains (a meat/meat alternative may be substituted for the grains up to 3 times a week)
>Every <u>Lunch</u> consists of: 3/4 cup 1% milk; 1 1/2 ounce meat/meat alternative; 1/4 cup vegetable; 1/4 cup fruit (or 2nd vegetable), 1/4 cup grains (whole or enriched)
>Every <u>snack</u> must have two of the following four items: 1/2 cup 1% milk; 1/2 ounce meat/meat alternative (like cheese); 1/2 cup vegetable or fruit; or 1/2 ounce equivalent of bread/bread alternative.

\*\* a second vegetable can replace the fruit at lunch.



#### Meals served in 2023-2024

Breakfasts	Lunches	Snacks	Total Meals
19,842	20,669	19,701	60,212
Meals served from August 2023 through May 2024			



# Why is Head Start/Early Head Start concerned with Health issues?

The health of a child is very important to his or her educational growth. The Adams-Brown Head Start and Early Head Start Program conducts physical and mental health, dental, and developmental screenings to ensure each child receives the necessary care for a great beginning. Screening children for possible learning disabilities can make it possible to implement Individual Education Plans (IEP) early so that the child receives the proper learning assistance. The Early and Periodic

Meets Well-Child Care According to the EPSDT Schedule

Total number of children enrolled in Head Start/Early Head Start in 2023-2024

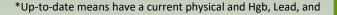
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Total number of children who were up-to-date\* at time of enrollment

143

Total number of children up-todate\* at the end of the program year

237



Screening, Diagnostic, and Treatment (EPSDT) service is Medicaid's comprehensive and preventive child health program for individuals under the age of 21. EPSDT has two

Determined Disability Ages 3-5 2023-2024	With a disability	Receiving special services
Speech or language impairments	14	14
Autism	3	3
Non-categorical/developmental delay	24	24
Traumatic Brain Injury	0	0
Health Impairments	2	2

Preschool Individual Education Plan Ages 3 - 5			
Number of enrolled children with an IEP	44		
Those with IEP at the time of enrollment	25		
Those determined during the program year	19		

#### Completed Dentals Ages 3 - 5

Total Head Start Children Served: 124
Total Completed Dentals 146

purposes: to assure health care resources are available and accessible, and to help Medicaid recipients and their caregivers use these resources.

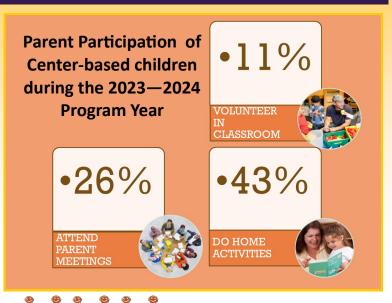
Health care professionals who work with children in Head Start, child care organizations, and clinics may access their state's EPSDT schedule to ensure children's health needs are met.

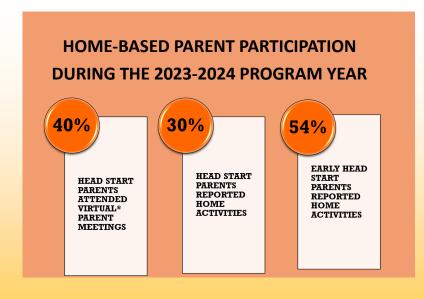
More information at: http://eclkc.ohs.acf.hhs.gov/ hslc/states/epsdt

## Why is Parent Engagement Important to the Head Start Program?

Adams-Brown Head Start families play a critical role in helping their children prepare for school and a lifetime of learning. Head Start and Early Head Start staff partner with families using many strategies. Our vision is to build relationships that support family well-being and strong relationships between parents and their children, and encourage on-going learning.

Engaging families in our program is key to school readiness





and future learning. Engaging parents in the education of their children means that we are promoting active parent participation rather than passive observation. We know parents are their children's first and foremost educator.

Involvement in Head Start and Early Head Start, as shown in these graphs, is a "stepping stone" toward lifelong engagement.

#### What other

Bus Service

140 HS children

Daily pick up and drop off

Home Visits

173 HS/EHS children Received home visits

Adams-Brown
Head Start has
a fleet of 13
small buses that
are used to
transport 192
Head Start children to the centers. Transportation services
are also provid-

Our Head Start children also receive extended learning experiences while on the bus. Our Bus Drivers and Bus Monitors have CDL and CDA training and are part of the teaching staff. These teachers see the bus as an extension of the classroom. Some of the things that are taught while on the bus are taken from the daily lesson plans, such as learning songs, counting, letter-naming, rhyming, problem solving.



TOTAL STATE OF THE PROPERTY OF

The children enjoy the interaction and as a result, behavioral issues are kept to a minimal. Since all of our bus drivers are required to have a CDL (Commercial Drivers License), class C, the Adams-Brown Head Start Program offers CDL instructional training in the Spring and the Fall. This is the first step in the process of obtaining a full CDL license. Additional training is also provided by Head Start for the completion of CDL licensing of our drivers.

Local businesses within the two counties benefit from the Head Start bus service through regular maintenance visits and periodic repairs. Gasoline and tires are also purchased localy.

# ANNUAL REPORT ADAMS-BROWN HEAD START/EARLY HEAD START

FEDERAL FU 2023-202		OTHER FUNDS 2023-2024		
SOURCE	AMOUNT	SOURCE	AMOUNT	
HHS/ACF—Federal Head Start Operations COLA TOTAL:	\$2,992,559 \$70,325 \$3,062,884	Ohio Children's Trust Fund—Safety	\$50,000	
USDA — Child and Adult Care Food Program	\$150,000	Neediest Kids of All	\$2,000	
HHS/ACF — Federal Head Start Training/Technical Assistance	\$27,558	OCCRRA— Stabilization Grant 4	\$199,860	
HHS/ACF — Federal Early	\$785,605			
Head Start Operations COLA	\$18,462	The 2023 Financial Audit		
TOTAL:	\$804,067	que		
HHS/ACF — Federal Early Head Start Training/ Technical Assistance	\$14,851	Contact: Room 98, 406 W. Plum St, Georgetown, OH 45121		

324 Children/Families are served through Adams-Brown Head Start and Early Head Start

205 Center-based children 47 Home-Based children 72 Early Head Start children, pregnant women, families