

10 Garden Activities To Do With Kids

If you are passionate about gardening and nature, chances are that you want your kids to get passionate about it, too. After all, gardening encourages physical exercise, it's fun, and it teaches a lot of life lessons. If you try to force it or make it a chore, however, those kids will balk fast. Enter the 10 garden activities to do with kids.

When kids are outdoors and involved in something, they are much more likely to stick with it than they would if you simply decided to make them weed the vegetable garden. Hey, we can't blame them; we don't want to weed our own vegetable gardens. But find cool things to do in the backyard? We're in!



Cultivate a love of gardening in kids of all ages with garden activities for kids that you can do at home. Here are some fun ways to defeat boredom with enriching activities that will inspire little gardeners everywhere.





PIZZA GARDEN

Pizza Lovers



If you have pizza lovers in the house, why not plant a pizza garden!

This is a great way to introduce gardening to children.



Steps on Growing a Pizza Garden

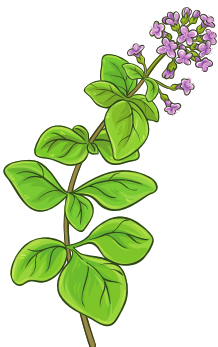
1. Section off a small parcel of garden space for the pizza garden
2. Grab some containers and plant all of the fixings for a perfect pizza.
3. Nurture the seeds and watch them grow.
4. Then, come harvest time, you can have a family pizza-making party made with fresh ingredients from the garden.



Recommended Pizza Garden Plants

Some suggested essential seeds to plant in your pizza garden include:

- Basil
- Onions
- Oregano
- Garlic
- Parsley
- Peppers
- Tomatoes



SCAVENGER HUNT

You'll need a piece of paper and a pencil for each child, along with a checklist of things to find. Walk your outdoor space to make your list.

THINGS TO FIND

THINGS TO DO

- Smell a Flower
- Water a Plant
- Touch Something Rough
- Touch Something Soft
- Chase a Butterfly
- Pick a Ripe Vegetable
- Make a Pile of Leaves
- Pick Some Weeds

NAME THE BUGS

NAME THE PLANTS



NAME THE POLLINATORS

*Use our resource page to find ideas to add to your scavenger hunt.



CREATE A Garden Teepee

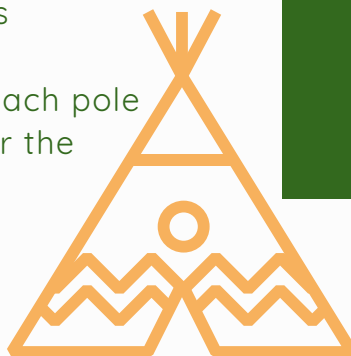
HOW TO BUILD IT

1. Lean your garden poles toward each other so that they are evenly spread at the base and bundled together at the top.
2. Use your twine to bind the poles together at the peak firmly.
3. Settle the base of the poles into the ground and pack some additional soil around the bases of each pole to secure them in the soil.
4. If you'd like a more secluded enclosure, wrap the remaining twine between the poles at intervals of approximately one foot. This will give the growing vines support and provide the tendrils something to latch onto.
5. Plant 3-4 seeds at the base of each pole and watch them grow and cover the teepee structure.

YOU WILL NEED

SUPPLIES

- 4-6 garden poles/ stakes that are at least 6 feet in length
- Twine
- Garden Soil
- Pole Beans
- Large rock or stump to sit on



GARDEN ART

Paint Garden Rocks for Plant Markers

- Gather smooth stones from around the yard.
- Use water based acrylic paint to paint them to look like the vegetables that you plan on growing in your garden!
- Use them as plant markers in your vegetable garden.



Make a Grass Head Friend



- Sprinkle a few seeds of grass into the foot of a nylon stocking.
- Fill the nylon stocking with a cup of potting soil and tie off at the end of the soil ball.
- You can use permanent markers to draw a face on the nylon and then place the ball at the top of a cup or glass so that it rests on top of the rim.
- Water the soil ball regularly.
- Soon your grass head friend will sprout a lovely head of year for you to let grow or trim as you please.



REGROW KITCHEN SCRAPS



Did you know you can regrow some of your favorite food from bits that we would normally throw away? Garden activities for kids can go from table to garden and back to table again.

WHAT CAN YOU REGROW?

- Bean Sprouts
- Carrots
- Celery
- Lettuce
- Onions
- Apples
- Avocado
- Cherries
- Peaches
- Tomatoes
- Garlic
- Ginger
- Pineapple
- Potatoes
- Sweet Potato

Regrow from seed

- For most seeds, remove, then dry the seed and plant in soil.
- Avocados, wash the seed after you remove it. Using toothpicks or other support material, balance the seed over a jar or bowl of water.



HOW DO YOU DO IT?

Regrow from plant parts

- Cut off the base of your vegetable
- Put it in a bowl with a small amount of warm water and place that in direct sunlight. Change out water as needed. Within a week, leaves should appear & thicken at the base.



Regrow old food

- Take a piece of ginger with buds on it and plant it, buds facing up.
- Plant potatoes that are beginning to sprout (whitish shoots).



*Use our resource page for detailed information on regrowing each fruit and vegetable.



Mini GARDENS

Create a Terrarium

- Choose a glass container.
- Place rocks at the bottom of the container.
- Soak dried sphagnum or sheet moss in water for a few seconds and squeeze out any excess liquid.
- Using a funnel fill the container with several inches of soil.
- Add your plants.



Make a Mini Herb Garden out of Eggshells

Garden activities for kids can start in the kitchen. Did you know that broken eggshells can make great seed starting pods?

- Save your egg crates and cracked eggshells and create a little starter herb garden!
- Add some potting mix to each of the eggshell halves and plant some seeds in the soil and water them.
- Place in a sunny spot, and before you know it, you will have fragrant and tasty herbs flourishing.
- Plant the seedlings in a bigger container or out in the garden as they grow bigger.





CREATE A WORMERY



Dive into some soil science and create a wormery which will allow you to watch how wiggly worms penetrate the soil, mix things up, and help things grow.

HOW TO BUILD IT

SUPPLIES

TWO-LITER SODA
BOTTLE

EARTHWORMS

PLASTIC WRAP

WATER

1. Cut the top portion of a two-liter soda bottle off. Alternate adding a couple of inches of soil with a thin layer of sand.
2. Repeat this layering process until the soil reaches a couple of inches from the top.
3. Find a couple of earthworms in your garden and carefully place them in your soil-filled bottle.
4. Cover the open end of the bottle with plastic wrap and poke some holes in the wrap.
5. Each day, remove the plastic wrap and add a couple of tablespoons of water to the soil and replace the cover.
6. Watch for changes in the soil composition over the next two weeks. You should see a mixing of the layers and worm tunnels that facilitated it.
7. Carefully return the worms and the soil contents to the garden bed.

*Use our resource page for detailed information on worm composting.



Create a Compost Pile

It's never too early to teach children about the importance of protecting our Earth and doing our part to reduce climate change. Starting your own compost pile is a great place to start.

All that you need to get started are some kitchen scraps and a corner of the yard that is unoccupied. Children will be fascinated that they can turn items we normally throw away into treasure, and your garden will be happier for it.

KITCHEN SCRAPS

BROWN MATERIALS

GREEN MATERIALS

NOTES

*Use our resource page for detailed information on how to start a compost pile.



RESOURCES

[Kid's Garden Scavenger Hunt Ideas](#)

[How to Find Your Planting Zone](#)

[How To Start A Garden With Kids](#)

[Children's Books About Gardening](#)

[18 Fruits & Vegetables You Can](#)

[Re-Grow from Kitchen Scraps](#)

[How to Start a Compost Pile](#)

[Worm Composting](#)

[The Importance of Garden Worms](#)

[Mason Bee Houses](#)

[Creating a Pollinator Friendly Garden](#)

[Top Plants That Attract Pollinators](#)

[Types of Pollinators](#)

[How to Make a Raised Bed Using Pallets](#)

