



Foundations of Ìsẹ̀ṣe — Orí Before Òrìṣà (Full 10-Module Outline)

Course Overview

This program introduces seekers to the foundations of Ìsẹ̀ṣe and Ifá spirituality, centering Orí alignment, Ìwà Pẹ̀lẹ́ (good character), and education before initiation. It is designed for diaspora learners who may not have immediate access to elders or Yoruba cultural grounding and ensures a safe, coherent start before approaching Òrìṣà worship.

Format

10 modules (self-paced online) + optional live group discussions.

Duration

10–12 weeks (typically one module per week + reflections).

Output

Personal Orí Alignment Plan + final knowledge check and 30-day action plan.

Module 1: Understanding Ìṣẹ̀ṣe

Topics:

- What Ìṣẹ̀ṣe means (tradition, root, foundation).
- Yoruba worldview: Aṣà (culture) and Ìṣẹ̀ṣe (tradition) as inseparable.
- Myths vs truth: Ìṣẹ̀ṣe is not witchcraft, magic or superstition.

Learning Outcome:

Learners grasp Ìṣẹ̀ṣe as cultural–spiritual roots and a living way of life, not a trend.

Suggested Activity:

Reflection journal — “Why am I drawn to Ìṣẹ̀ṣe?”

Module 2: Orí — The First and Greatest Òrìṣà (Triadic System)

Topics:

- Orí Ìpònrí (higher self), Orí Inú (inner head), Orí Òde (outer expression).
- Why Orí precedes any Òrìṣà work; attested Ifá verses on Orí.
- Practical alignment: intention, choices, and character.

Learning Outcome:

Learners can define the Orí triad and explain why Orí governs outcomes in practice.

Suggested Activity:

Guided Orí greeting + short journaling.

Module 3: Ìwà Pẹ̀lẹ́ — Character Above All

Topics:

- Ìwà l’ẹ̀wà; Ìwà l’ẹ̀ṣin — character as beauty and religion.
- Habits that cultivate Ìwà Pẹ̀lẹ́ in daily life.
- Consequences of poor character in spiritual work.

Learning Outcome:

Learners link spiritual progress to daily ethical choices and habits.

Suggested Activity:

Role-play diaspora scenarios: choosing Ìwà Pẹ̀lẹ́ under pressure.

Module 4: Ìṣẹ̀ṣe & Ancestors — Remembrance in Balance

Topics:

- Ancestors (Ègúngún/Ìgbàgbón) in Yoruba thought.
- Beginner-safe remembrance (clean water, names, gratitude).
- Boundaries: what not to do without divination or mentorship.

Learning Outcome:

Learners understand respectful remembrance and the limits of beginner practice.

Suggested Activity:

Draft a simple weekly remembrance routine.

Module 5: Ifá & Òdù — The Medium and the Voice of Olódùmarè

Topics:

- Ifá as the medium of guidance; Òdù as the ‘voice’.
- Òrúnmìlà as Èlẹ̀rìí Ìpín (Witness of Destiny).
- How divination informs safe next steps.

Learning Outcome:

Learners can describe Ifá/Òdù roles and why consultation precedes major actions.

Suggested Activity:

Short reflection: “What does ‘Ifá is the medium; Òdù is the voice’ mean for me?”

Module 6: Òrìṣà — Forces of Nature & Consciousness

Topics:

- Irúnmọ̀lẹ̀ vs deified ancestors; domains of key Òrìṣà (e.g., Ọ̀bàtálá, Ọ̀gún, Ṣàngó, Ọ̀ṣun, Yemoja, Ọ̀ya, Èṣù, Òrúnmìlà).
- Common misconceptions (Èṣù ≠ ‘devil’; Òrìṣà ≠ polytheism).
- Orí-first and Ìwà Pẹ̀lẹ̀ as prerequisites.

Learning Outcome:

Learners can explain what Òrìṣà represent and how to approach with alignment and respect.

Suggested Activity:

Matching exercise: Òrìṣà ↔ elements/domains ↔ virtues.

Module 7: Education Before Initiation & Scam Awareness

Topics:

- Readiness Ladder (R1–R5) before any initiation.
- Verification workflow: lineage, references, transparency, aftercare.
- Red flags: cold DMs, ‘packages’ without divination, no receipts, pressure tactics.

Learning Outcome:

Learners can map their stage, verify practitioners, and avoid scams.

Suggested Activity:

Write a due-diligence checklist and a safe response to a suspicious offer.

Module 8: Daily Practice Toolkit

Topics:

- Orí morning greeting; simple ancestor remembrance; space care.
- Three-line daily journal; weekly review.
- Boundaries (ẹwò) only via divination + mentorship.

Learning Outcome:

Learners design a realistic daily–weekly rhythm that is safe and sustainable.

Suggested Activity:

Build a 7-day micro-practice plan and accountability check-in.

Module 9: Community, Lineage & Service — Finding Your Place

Topics:

- Etiquette for visiting an ilé/temple; greetings, modesty, consent.
- Verifying houses/elders; giving within means; service (ìṣẹ).
- Designing a contribution plan that refines character.

Learning Outcome:

Learners know how to engage community safely and respectfully with Orí-first ethics.

Suggested Activity:

Draft a first-visit email and a simple service plan.

Module 10: Capstone • Assessment • Next Steps

Topics:

- Knowledge check + case study using the Readiness Ladder.
- 30-day action plan linked to Orí alignment and Ìwà Pèlẹ́.
- Ethical learner pledge; mentorship and next steps.

Learning Outcome:

Learners consolidate understanding and commit to an accountable next step.

Suggested Activity:

Submit a 30-day plan and book a mentorship check-in.