



Recommended Books - Inspirational

- **Who Moved My Cheese? by Spencer Johnson**
(One of my all-time favourites. I am sure you will love it too!)
- **The Magic of Thinking Big by David J. Schwartz**
(Whether you think you can, or you think you can't, you're right!)
- **Think & Grow Rich by Napoleon Hill**
(Undoubtedly, the best book ever written on becoming successful in the materialistic world!)
- **The Power of Positive Thinking by Norman Vincent Peale**
(In a nutshell, our life depends upon our way of thinking.)
- **How to Win Friends and Influence People by Dale Carnegie**
(The name says it all!)
- **The 7 Habits of Highly Effective People by Stephen R. Covey**
(It's worth reading at least once.)
- **Unlimited Power by Anthony Robbins**
(Nice to get motivated and excited to do something.)
- **Chicken Soup for the Unsinkable Soul**
(Short stories to make you smile and cry.)
- **Marketing Management by Philip Kotler**
(For those who want to make it big in business.)
- **See You At The Top by Zig Ziglar**
(Full of real-life examples, inspirational stories and motivational quotes)

- **You can Heal Your Life by Louise L. Hay**
(The name says it all.)
- **Flow: The Psychology of Optimal Experience by Mihaly Csikszentmihalyi**
(One of the best books that I have ever read!!!)
- **The Alchemist by Paulo Coelho**
(Once you start reading it, you won't stop until you finish it!)
- **Jonathan Livingston Seagull: A Story by Richard Bach**
(A timeless inspirational story!)

Recommended Books - Spiritual

- **Srimad Bhagavad Gita** (the "as it is" version by Gita Press)
(A must-read for Success in the Spiritual as well as Materialistic world!)
- **Tao Te Ching by Lao Tzu**
(It's simple, yet very deep. Gives a clear perspective on the way to the ultimate truth.)
- **Ashtavakra Gita by Gita Press**
(Only for those who are at a very advanced state of consciousness.)

Recommended Videos - Inspirational

- **Biography of Dr. APJ Abdul Kalam Narrated By Gulzar Saab**
www.youtube.com/watch?v=LrdrcP2oiyU
- **Steve Jobs' 2005 Stanford Commencement Address**
www.youtube.com/watch?v=UF8uR6Z6KLc
- **Inspirational - How Great I Am**
www.youtube.com/watch?v=V6xLYt265ZM
- **Dr Quantum - Double Slit Experiment**
www.youtube.com/watch?v=DfPeprQ7oGc

- **Look at Yourself by Nick Vujicic**
www.youtube.com/watch?v=Gc4HGQHgeFE
- **Randy Pausch Last Lecture: Achieving Your Childhood Dreams**
www.youtube.com/watch?v=ji5_MqicxSo

Recommended Videos - Spiritual

- **Ramana Maharshi's English Audio Book on Self-Enquiry (WHO AM I)**
www.youtube.com/watch?v=J2VcZWypI9c
- **What is Thinking? By J. Krishnamurti (in English)**
www.youtube.com/watch?v=OxWPGkzG8Lk