

RISE FALL 2025 SCHEDULE

TEAL STUDIO

MON

5:00-5:45 COMPANY
5:45-6:30 COMPANY
6:30-7:15 BALLET 3
7:15-8:00 TAP 4
8:00-8:45 JAZZ 4

TUES

5:00-6:00 COMBO 2
6:00-6:45 PRE-DANCE COMBO
6:45-7:30 HIP HOP 1
7:30-8:15 JAZZ 3
8:15-9:00 TAP 3

WED

5:15-6:00 PRE-DANCE COMBO
6:00-6:30 CREATIVE MOV'T
6:30-7:15 RISING STARS

THUR

5:00-6:00 BALLET 1
6:00-6:45 COMBO 1
6:45-7:30 LYRICAL/CONTEMP 1
7:30-8:15 BROADWAY BOUND
8:15-8:45 ADULT TAP

SAT

9:00-9:30 ME & MY SHADOW
9:30-10:15 PRE-DANCE COMBO
10:15-11:15 COMBO 1

LIME GREEN STUDIO

MON

5:00-5:45 COMPANY
5:45-6:30 COMPANY
6:30-7:15 JAZZ 5
7:15-8:00 COMPANY
8:00-8:45 COMPANY

TUES

5:00-6:00 BALLET 4
6:00-6:45 TEEN SIDELINE CHEER
6:45-7:30 COMPANY
7:30-8:15 TAP 6
8:15-9:00 COMPANY

WED

5:00-6:15 BALLET 5
6:15-6:45 POINTE/PRE-POINTE
6:45-7:45 JAZZ 6
7:45-8:30 COMPANY

THURS

5:00-5:45 COMPANY
5:45-6:30 COMPANY
6:30-7:15 TAP 5
7:15-8:00 COMPANY

SAT

9:00-9:45 ADV STRETCH/STRENGTHEN
9:45-10:30 ADV LEAPS/TURNS
10:30-11:15 INT STRETCH/STRENGTHEN
11:15-12:00 LEAPS/TURNS 4

GREY STUDIO

MON

5:00-5:45 COMPANY
5:45-6:30 LYRICAL/CONTEMP 2
6:30-7:15 COMPANY
7:15-8:00 LEAPS/TURNS 3

TUES

6:00-6:45 COMPANY
6:45-7:30 HIP HOP 2
7:30-8:15 BALLET 2
8:15-9:00 ADULT DANCE WORKOUT

WED

THURS

5:00-5:45 HIP HOP 3
5:45-6:30 TEEN HIP HOP REHEARSAL
6:45-7:30 COMPANY

SAT