



GOLDEN JUBILEE CHALLENGE

_____ needs to complete:

___ points from **BLUE** ___ points from **HOT PINK**

___ points from **PURPLE** ___ points from **GREEN**

___ points from **ORANGE** ___ points from **PALE PINK**

- ★ Think of ways to recruit new members, eg design a poster, speak on the radio, Double points if you recruit a new member 10 points
- ★ Learn how to look after an animals 10 points
- ★ Explore what makes up your local community. Design a map to show this 10 points
- ★ Think about different emotions and incorporate this into a game 5 points
- ★ Find out about Girlguiding in 1970. 15 points
- ★ Play a game to find out some things you have in common with others. 5 points
- ★ Hold a pamper session and explain how this makes you feel 10 points
- ★ Play a game or go for a walk in the dark, discuss if you all felt the same 5 points
- ★ Explore what makes you feel good, eg spending time with friends, family or animals, going to an event, eating a favourite meal. Make a collage to show this 5 points
- ★ Visit a place of interest you've not visited before within 50 miles of your home 10 points
- ★ Find out about the local history 10 points
- ★ Find out about the next section you could move up to, in Girlguiding 10 points

- ★ Read a book that you borrowed from your local library, then review it 5 points
- ★ Sing some songs with yellow or gold in the title or verse 5 points
- ★ Celebrate the Japanese Golden Week, by trying some Japanese crafts 10 points
- ★ Listen to songs with gold in the title and make up a dance to one of them 5 points
- ★ Learn a dance that is new to you, eg belly, samba, street, ballet, folk, line 10 points
- ★ Try playing different musical instrument. 10 points
- ★ Bake or cook something using a traditional recipe from 1970 15 points
- ★ Decorate a recycled item to celebrate the Hampshire counties' Golden Jubilee 10 points
- ★ Try putting sound effects to a short story. 5 points
- ★ Make a short film promoting Girlguiding, showing the different activities you can do. 10 points
- ★ Try a craft that is new to you, then teach others this craft 15 points
- ★ Bake or cook something using at least two different techniques 10 points
- ★ Come up with ideas for a new invention, then sell your idea "Dragon's Den" style. 10 points

- ★ Try a new fruit or vegetable 5 points
- ★ Try a new sport 5 points
- ★ Take part in a sport regularly. Double points if you keep it up for a month 5 points
- ★ Water makes up more than 50% of our bodies. Try to drink the recommended amount of water for your age for a day. Double points if you keep it up for a week 5 points
- ★ Sit silently for a period of time, what can you hear? What do you feel like? 5 points
- ★ Learn some basic first aid 10 points
- ★ Try different ways of relaxing before you go to bed to help you sleep 10 points
- ★ Plan some healthy meal options. Cook or prepare one of these 20 points
- ★ Make something to remind you of all your happy memories, eg a glitter or sand jar 10 points
- ★ Make up a fitness routine and try it out with your friends 20 points
- ★ Try yoga 10 points
- ★ Design a sports-type 50 target event, having to score 50 by completing various activities, eg hop, skip, jump, catch, throw. 10 points
- ★ Explain the importance of smoke and carbon monoxide detectors 15 points
- ★ Keep a food diary for a week. Try to eat five portions of fruit or vegetables a day 20 points
- ★ Find out how to stay safe in the sun 10 points
- ★ Have a go at making healthy smoothies 10 points
- ★ Find out about F.A.S.T. (face, arms, speech, time) and how to call the emergency services. 20 points

- ★ Explore somewhere new 5 points
- ★ Climb to the highest point in your area. 5 points
- ★ Climb to the highest point in Hampshire 10 points
- ★ Get to the top of a UK mountain 15 points
- ★ Have an adventure in a new country. 20 points
- ★ Sleep somewhere other than your bed 10 points
- ★ Sleep somewhere new - outdoors. 10 points
- ★ Sleep in a bivouac. 15 points
- ★ Follow a map to go on an adventure 5 points
- ★ Eat something you have cooked on a fire. 5 points
- ★ Technology can help with adventures - find a geocache 5 points/cache
- ★ Go on a story walk. Take a piece of card with a strip of double sided tape on, collect things along the walk (no bigger than your little finger nail) and stick them on. Retell the story from the things you have collected. 10 points
- ★ Plan your perfect adventure trip 5 points
- ★ Learn a new campfire song 5 points
- ★ Share your new campfire song with others 5 points
- ★ Discover the STOP method and explore different situations when this can be used 5 points
- ★ Discover the solar system 5 points
- ★ Try a new adventurous activity 5 points
- ★ On a clear night look up at the night sky and identify some constellations 5 points

- ★ Take part in a community action project local to your unit 5 points/hour
- ★ Write a letter to someone important about an issue that you care about 5 points
- ★ Upcycling - find something that is no longer needed and give it a new life 10 points
- ★ Bee friendly - bee populations are declining, plant an area of bee friendly seeds 5 points
- ★ Encourage others to plant wildlife/bee areas in their garden 5 points
- ★ The Brownie motto was Lend-a-Hand. Lend a hand to someone without being asked. 5 points
- ★ Use 50 coins to make another 50 coins and donate to a worthy cause 20 points
- ★ If you could make the rules, decide on one thing you would change, introduce or keep. 10 points
- ★ Find out about endangered animals and what can be done to help them 10 points
- ★ Donate to a food bank 10 points
- ★ Keep a diary of food waste for a week, explain how this can be reduced 10 points
- ★ Organise a fundraising event for your unit 20 points
- ★ Design and make a "Free Speech" t-shirt. 10 points
- ★ Make a home for an animal 10 points
- ★ Find out about the work of a charity 10 points
- ★ Find out about refill options - double points if you visit one 10 points
- ★ Research how people in the past have made a difference worldwide, nationally or locally, is this still being put into practise 10 points

- ★ Learn a new life skill - double points if you develop that skill further 5 points
- ★ Teach someone a new life skill 10 points
- ★ Borrow a book from your local library 5 points
- ★ Encourage someone you know to read a book you like 5 points
- ★ Communication is important to us all, use non-verbal communication with someone 10 points
- ★ Discover what different people do in their jobs, do they have to wear any special clothing 10 points
- ★ Find out how STEM subjects are used in different jobs 10 points
- ★ Try to mend various things, eg sew on a button, mend a puncture 15 points
- ★ Play a trading game where you get to exchange money for items 10 points
- ★ Become an architect. Design your ideal house in either 2D or 3D 10 points
- ★ From a selection of tools decide which is best for which job 10 points
- ★ Learn some basic household skills 15 points
- ★ Discover the importance of water safety 10 points
- ★ Grow something yourself then eat it. 10 points
- ★ Cook a two course meal 20 points
- ★ Learn and practice good cycle safety 10 points
- ★ Find out about managing money 10 points