

5<sup>th</sup> Sunday of Easter  
“Jesus, God’s Son, for all troubled hearts!” John 14:1  
May 3, 2026  
Rev. Ed Weber

Grace to you and peace from God our Father and our Lord and Savior Jesus Christ. Dear brothers and sisters in Christ, our text for this 5<sup>th</sup> Sunday of Easter is from our Gospel reading, John 14:1.

**“Let not your heart be troubled; you believe in God, believe also in Me.”**

So far our text:

“Let not your heart be troubled”. If you have ever watched a political commentator on Fox News channel at night, Shawn Hannity, that’s how he signs off of his program. Hannity is saying, my hour has come to a close. Maybe you want to hear more. So stay tuned, for the next hour is about to begin. Let your heart not be troubled, there is another full hour of political commentating and comedic relief. Basically, he’s saying you’re in good hands if you keep watching. You’re sure to get a few laughs.

How much can political news or comedy truly calm the troubled heart? It’s tough to find good, clean comedy and comforting political news...? That’s a big challenge as well. There’s a lot of propaganda and “fake” news that has the opposite effect on one’s heart as one searches for truth.

But, the One who tells our hearts not to be troubled in today’s text is truly the balm for a troubled heart. Why? Because Jesus says **“I am the way, the truth, and the life. No one comes to the Father except through Me.”**

If your troubled heart wants truth, wants life, wants to know the one way to the Father, don’t tune out from this next hour. Don’t change the channel. For Jesus truly offers comfort to the troubled heart! This is a comfort that is not temporary, but eternal. This is a comfort that gives true and lasting peace.

For Jesus repeats these words a few verses later in verse 27: **“27 Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.”**

How can He make such a claim? How can Jesus, standing before His disciples, a true Man, make this boast to them and to you, that He can do what no other man can do? Jesus can offer and make good on this claim because He is not just true Man but also true God, the Son of God.

**“you believe in God, believe also in Me.”** Believe. Believe. Belief in God the Father is belief in God the Son, Jesus Christ. You can’t bypass Jesus if you want to believe in the Father for they are one! Their will is one. Their thoughts are one. Their work to save mankind is one and Jesus is saying that you are seeing this work in Himself.

Believe. Believe. Jesus is the one way, the only way of salvation for all of mankind. There is no other way to calm the troubled heart, your heart and mine.

What is it that troubles our hearts? Well, maybe you were not happy that your horse that you picked yesterday didn’t win the Kentucky Derby. Maybe you’re troubled by the news that Iran won’t willingly give up their goal to possess a nuclear weapon. For they would have no qualms of using it against the United States. Indeed, they have been saying “Death to America” for years. Maybe our hearts are troubled when our bodies suddenly get sick. Is it something serious? Maybe our hearts are troubled when we see friends or family struggling with sin and making God-pleasing decisions. Maybe our own hearts are struggling with temptation to sin and it bothers us tremendously.

There is no end to the things that can weigh on a person’s heart and trouble it. But above all there is the trouble of our mortality, isn’t there? What happens when we die? Will I go to a place that is better than this world, to a place where there are no troubles? How can I know for sure?

And those are the questions that Jesus answers with a resounding “yes”! Yes, there is a place with no troubles, a better perfect world awaits. And Jesus assures all who believe in Him that this is true. Trust His word. For Jesus tells us the very reason why we can trust in Him.

**“2 In My Father’s house are many mansions; if it were not so, I would have told you. I go to prepare a place for you. 3 And if I go and prepare a place for you, I will come again and receive you to Myself; that where I am, there you may be also.”**

Jesus is telling His disciples that He's leaving to get things ready in heaven for all believers in Him. God's house has many mansions. And Jesus is going to prepare a place especially for you!

What does that mean? It means that He is going to the cross to give His life for yours that you may be free from sin, worry, trouble, and the accuser, the devil. Jesus is going to die on the cross. It is the only way to remove our sin. He will truly die. That in itself is very troubling, if Jesus didn't also tell His disciples that He would rise again. And He did!

Did they remember? Do our hearts remember Jesus' faithful promises to us when we are in the midst of our troubles? Often we don't. But Jesus patiently and lovingly cares for His sheep and feeds them over and over again with His precious Word of life.

Jesus says He will come again and receive us to Himself! Indeed, Jesus rose from the dead and showed His disciples and us that there is truly peace our hearts by His work on the cross. Jesus' will and His Father's will are identical and it is only fulfilled by the sacrifice of Jesus, the Lamb of God on the cross and His resurrection!

**“He who has seen Me has seen the Father; so how can you say, ‘Show us the Father’? 10 Do you not believe that I am in the Father, and the Father in Me? The words that I speak to you I do not speak on My own authority; but the Father who dwells in Me does the works. 11 Believe Me that I am in the Father and the Father in Me, or else believe Me for the sake of the works themselves.”**

What amazing works the disciples had witnessed during Jesus' ministry, the healing of the sick, the blind, the raising of the dead! And all these works showed them that Jesus is God and He and His Father are one. What Jesus speaks are not the words of a mere man, but words of God for He is God. Believe. Believe.

And to give you the actual power to believe, Jesus promises that the Holy Spirit, the third person of the Godhead, will give you this faith. So Jesus tells the disciples and all of us in verse 25 of John 14 these comforting words:

**“25 “These things I have spoken to you while being present with you. 26 But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you.”**

Let your hearts not be troubled! God the Father, Son and Holy Spirit have all things under control for your eternal salvation! Always! Where Jesus is, He promises us we will be with Him also!

Is there anything in this world that can undo God's work of salvation or nullify what Jesus accomplished on the cross? No! Believe! Believe!

Thomas had trouble believing all this in his heart, didn't he? Even before Jesus' death, we see Thomas wanting empirical evidence and understanding from Jesus.

**“5 Thomas said to Him, “Lord, we do not know where You are going, and how can we know the way?”**

Well Jesus told him and all of us know well the way that Jesus had to go to save us.

**6 Jesus said to him, “I am the way, the truth, and the life. No one comes to the Father except through Me.”**

The confirmation class memorized this verse this week. And it is good for all of us to commit it to our memory and to our hearts.

Thomas finally did, after Jesus' resurrection. He had to see with his own eyes and touch with his own hands the resurrected Jesus to believe. With patience and love, Jesus personally came to Thomas. The very peace Jesus won He gives to the disciples and Thomas.

**“Peace to you!” 27 Then He said to Thomas, “Reach your finger here, and look at My hands; and reach your hand here, and put it into My side. Do not be unbelieving, but believing.” 28 And Thomas answered and said to Him, “My Lord and my God!” And Thomas' heart was no longer troubled!**

Jesus tells us that our hearts need not be troubled either. For His powerful word assures us of all that He did for us.

**29 Jesus said to him, “Thomas, because you have seen Me, you have believed. Blessed are those who have not seen and yet have believed.”30 And truly Jesus did many other signs in the presence of His disciples, which are not written in this book; 31 but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name.”**

Oh! Let not your heart be troubled. Ever! Amen!

**And the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.” Amen. (Philippians 4:7)**