



Young People Using Abuse:

Information & Referral Criteria for Professionals

The YP Project at the Jenkins Centre provides services relating to Young People Using Abuse: Adolescent to Parent Violence (APV), Child on Parent Abuse (COPA) or Intimate Partner Violence (IPV).

Young Person’s Project Eligibility and Suitability Criteria	
Leicester City and County: IPV & APV for 10 to 18 years	
Exclusions:	Literacy & Comprehension: levels must be at minimum age of 10 years and no more than 2 years below their actual age.
	Where there is additional learning and physical disabilities that impact learning and comprehension and may contribute to the abusive behaviours, this programme will not meet the needs of the young person. (If there is ADHD / Autism, the RYPP may still be appropriate where the young person has appropriate literacy & comprehension levels; this will be advised following assessment).
	Where a young person is currently being assessed by CAHMS or paediatrics for a possible diagnosis, referrals may not be accepted. Information must be provided relating to CAHMS/Paediatric involvement / referral.

Please read the information below carefully. Contact The YP Project should you have any queries relating to possible referral. Please note, if referral is accepted, it is part of our essential criteria that all referrers keep cases open to young person and/or family and/or victim during the initial intervention process.

Programme	Location	Age	Abuse Type	Intervention for
Respect Young People’s Programme (RYPP)	Leicester City & County	10 to 18	APV / COPA	Young Person & Parent / Carer
Respect Toolkit:	Leicester City & County	10 to 18	APV / IPV	Young Person Only
Bespoke Intervention	Leicester City & County	10 to 18	IPV APV	Young Person Only Or Young Person & Parent / Carer

Prior to being accepted on any intervention programme a YP Project Interventions Worker will complete a Suitability and Risk Assessment. This normally takes place over 2 sessions, although in some cases may require additional sessions.

Submitting Referrals & Advice Prior to Referrals

The YP Project Referral Form **must** be submitted electronically through the organisations email system via one of the email addresses below.
Support in relation to completion of a referral can be accessed via the Jenkins Centre (0116 2540101). Documents can be password protected. Passwords should be sent separately. Faxed referrals are not accepted.

Standard Email*	Secure Email	UAVA Helpline (clients only)	UAVA Professionals Advice Line
info@jenkinscentre.org	jenkins.centre@freeva.cjism.net	08088 020 028	0116 255 0004

About the Programmes

1. Respect Young People's Programme (RYPP):

The RYPP is aimed at young people aged 10 to 16 who are displaying abusive behaviours towards a parent /carer and is designed to be delivered to **BOTH** young person and parent(s)/carer. **(The YP Project's funding is for 13 years +)**

RYPP follows this 11 week structure:

- RYPP:
 - Initial Family Session (Parent & Young Person)
 - Followed by 2 Individual YP Sessions & 2 Individual Parent Sessions
 - Followed by Family Session
 - Followed 7 Individual YP Sessions & 5 Individual Parent Sessions

The intervention also includes structured assessment and progress reviews.

The RYPP aims to help the family appreciate their relationships, recognising what each other is good at, developing mutual praise and viewing each other in a more positive way. This increases self-esteem, improves attachments, gives a sense of self-efficacy and enhances positive communication and praise giving. Sessions will identify the issues, help young people and carers reflect on these and work towards supporting a resolution for them.

The programme only works to its full potential if both young person and parent are committed and are willing to engage.

2. Respect Toolkit:

The Respect Toolkit is a comprehensive resource for the delivery of interventions using a range of therapeutic and practical tools to work with young people in relation to their abusive behaviours. The Respect Toolkit is normally delivered to young people in relation to IPV or APV where the young person's parent or carer is not accessing support via the YP Project. This normally takes place over 10 to 12 weeks. The Young Person's Intervention worker will complete a comprehensive assessment and then develop an intervention plan based on the Toolkit.

The difference between the RYPP and the Respect Toolkit is that the RYPP is for 13 to 16 year olds and their parent (s)/carers; the Respect Toolkit is for 13 to 18 years olds accessing support individually.

3. Bespoke Intervention:

Where Young People are using IPV or APV, but the above programmes are not directly suitable the Young Person's Intervention Worker may design a bespoke intervention. This will only be agreed where there are other services actively supporting the young person.

Examples of where this may be appropriate are for young people involved with Youth Offending Service or a Looked After Child where the young person is currently engaged with interventions relating to those services or has historically completed similar interventions.

UAVA Sexual & Domestic Abuse Services:

The Jenkins Centre works as part of UAVA and the above programmes relate specifically to the Jenkins Centre Young People's Project. For Information on other UAVA services visit www.uava.org.uk