

# TOTAL HEALTH

## Physical Medicine & Wellness

821 N. Nolan River Rd. • Cleburne, 76033 • Phone (817) 556-2000 • Fax (817) 556-2031

### PATIENT INFORMATION

TODAY'S DATE: \_\_\_\_\_ DATE OF INJURY (DOI): \_\_\_\_\_

PATIENT NAME: \_\_\_\_\_ GENDER: Male  Female

MAILING

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

MAIN PHONE #: \_\_\_\_\_  Home  Cell  Other: \_\_\_\_\_

ALTERNATE PHONE #: \_\_\_\_\_  Home  Cell  Other: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ AGE \_\_\_\_\_ SOCIAL SECURITY #: \_\_\_\_\_

### INSURANCE INFORMATION:

PRIMARY INSURANCE NAME: \_\_\_\_\_

POLICY NUMBER: \_\_\_\_\_ GROUP #: \_\_\_\_\_

POLICY HOLDER NAME: \_\_\_\_\_ POLICY HOLDER SOCIAL #: \_\_\_\_\_

POLICY HOLDER DOB: \_\_\_\_\_

SECONDARY INSURANCE NAME: \_\_\_\_\_

POLICY NUMBER: \_\_\_\_\_ GROUP #: \_\_\_\_\_

POLICY HOLDER NAME: \_\_\_\_\_ POLICY HOLDER SOCIAL #: \_\_\_\_\_

POLICY HOLDER DOB: \_\_\_\_\_

### WORKER'S COMPENSATION INSURANCE CARRIER INFORMATION:

EMPLOYER: \_\_\_\_\_ SUPERVISOR: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_

ZIP CODE: \_\_\_\_\_ PHONE #: \_\_\_\_\_ FAX #: \_\_\_\_\_

INSURANCE NAME: \_\_\_\_\_ CLAIM #: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ PHONE #: \_\_\_\_\_

ADJUSTOR: \_\_\_\_\_

### ATTORNEY INFORMATION (IF APPLICABLE):

ATTORNEY NAME: \_\_\_\_\_

TEL#: \_\_\_\_\_ FAX #: \_\_\_\_\_

PATIENT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Quantitative ADAM Questionnaire

Question	Y	N
1. Do you have a decrease in libido (sex drive)?		
2. Do you have a lack of energy?		
3. Do you have a decrease in strength and/or endurance?		
4. Have you lost height?		
5. Have you noticed a decreased "enjoyment in life"?		
6. Are you sad and/or grumpy?		
7. Are your erections less strong?		
8. Have you noticed a recent deterioration in your ability to play sports?		
9. Are you falling asleep after dinner?		
10. Has there been a recent deterioration in your work performance?		

Patient signature: \_\_\_\_\_

### Office Use Only

Total Score: \_\_\_\_/50

Testosterone level: \_\_\_\_\_

Is this the initial evaluation? Y or N

IF no, what was the initial qADAM score? \_\_\_\_/50 Initial Testosterone: \_\_\_\_\_

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Name: \_\_\_\_\_ Sex: M or F Date of Birth: \_\_\_\_\_ Today's Date: \_\_\_\_\_

If MALE select all that apply:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Erectile dysfunction | <input type="checkbox"/> Male infertility | <input type="checkbox"/> Family hx of prostate cancer   |
| <input type="checkbox"/> Low testosterone     | <input type="checkbox"/> Low sex drive    | <input type="checkbox"/> Personal hx of prostate cancer |

If FEMALE, select all that apply:

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Menstrual irregularities | <input type="checkbox"/> Pre-menopausal            | <input type="checkbox"/> Infertility   |
| <input type="checkbox"/> Absence of menstruation  | <input type="checkbox"/> Menopausal/Perimenopausal | <input type="checkbox"/> Low sex drive |
|   | <input type="checkbox"/> History of hysterectomy   | <input type="checkbox"/> Pregnant      |

### Personal Medical History (Please select all that apply)

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Taking medication           | <input type="checkbox"/> Hypothyroidism                     | <input type="checkbox"/> Use of tobacco                   |
| <input type="checkbox"/> Use of vitamin supplement   | <input type="checkbox"/> Thyroid issues                     | <input type="checkbox"/> Diabetes I                       |
| <input type="checkbox"/> Bruise easily               | <input type="checkbox"/> Family history of thyroid disorder | <input type="checkbox"/> Diabetes II                      |
| <input type="checkbox"/> Cold hands/feet             | <input type="checkbox"/> Hormonal issues                    | <input type="checkbox"/> Family history of diabetes       |
| <input type="checkbox"/> Wake up feeling tired       | <input type="checkbox"/> Weight gain                        | <input type="checkbox"/> Elevated glucose/prediabetes     |
| <input type="checkbox"/> Lack of energy              | <input type="checkbox"/> Weight loss                        | <input type="checkbox"/> Hypertension                     |
| <input type="checkbox"/> Feeling uneasy/out of sorts | <input type="checkbox"/> Inability to lose/gain weight      | <input type="checkbox"/> High Cholesterol                 |
| <input type="checkbox"/> Feeling weak                | <input type="checkbox"/> Increased appetite                 | <input type="checkbox"/> High Triglycerides               |
| <input type="checkbox"/> Chronic Pain                | <input type="checkbox"/> Low appetite                       | <input type="checkbox"/> Personal History of Stroke       |
| <input type="checkbox"/> Headaches                   | <input type="checkbox"/> Feeling anxious                    | <input type="checkbox"/> Personal History of Heart Attack |
| <input type="checkbox"/> Feeling dizzy               | <input type="checkbox"/> Feeling depressed                  | <input type="checkbox"/> Metabolic Syndrome               |
| <input type="checkbox"/> Get sick easily             | <input type="checkbox"/> Excessive sweating                 | <input type="checkbox"/> Family history of heart disease  |
| <input type="checkbox"/> Cough/cold                  | <input type="checkbox"/> Hair loss                          | <input type="checkbox"/> Chest pain                       |
|  |   | <input type="checkbox"/> Shortness of breath              |

Please list any other conditions you may have:

\_\_\_\_\_  
\_\_\_\_\_

Please list medications you are currently taking:

\_\_\_\_\_  
\_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician Signature \_\_\_\_\_ Date: \_\_\_\_\_