



# TOTAL HEALTH

## Physical Medicine & Wellness

821 N. Nolan River Rd. • Cleburne, 76033 • Phone (817) 556-2000 • Fax (817) 556-2031

**PATIENT INFORMATION**

TODAY'S DATE: \_\_\_\_\_ DATE OF INJURY (DOI): \_\_\_\_\_

PATIENT NAME: \_\_\_\_\_ GENDER: Male  Female

MAILING ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

MAIN PHONE #: \_\_\_\_\_  Home  Cell  Other: \_\_\_\_\_

ALTERNATE PHONE #: \_\_\_\_\_  Home  Cell  Other: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ AGE \_\_\_\_\_ SOCIAL SECURITY #: \_\_\_\_\_

**INSURANCE INFORMATION:**

**PRIMARY INSURANCE NAME:** \_\_\_\_\_

POLICY NUMBER: \_\_\_\_\_ GROUP #: \_\_\_\_\_

POLICY HOLDER NAME: \_\_\_\_\_ POLICY HOLDER SOCIAL #: \_\_\_\_\_

POLICY HOLDER DOB: \_\_\_\_\_

**SECONDARY INSURANCE NAME:** \_\_\_\_\_

POLICY NUMBER: \_\_\_\_\_ GROUP #: \_\_\_\_\_

POLICY HOLDER NAME: \_\_\_\_\_ POLICY HOLDER SOCIAL #: \_\_\_\_\_

POLICY HOLDER DOB: \_\_\_\_\_

**WORKER'S COMPENSATION INSURANCE CARRIER INFORMATION:**

EMPLOYER: \_\_\_\_\_ SUPERVISOR: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_

ZIP CODE: \_\_\_\_\_ PHONE #: \_\_\_\_\_ FAX #: \_\_\_\_\_

INSURANCE NAME: \_\_\_\_\_ CLAIM #: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ PHONE #: \_\_\_\_\_

ADJUSTOR: \_\_\_\_\_

**ATTORNEY INFORMATION (IF APPLICABLE):**

ATTORNEY NAME: \_\_\_\_\_

TEL#: \_\_\_\_\_ FAX #: \_\_\_\_\_

**PATIENT SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

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**Health History:**

What is the main reason for seeking treatment? \_\_\_\_\_

What, if anything has made the problem worse?

- Driving    Walking    Working    Bending    Sports    Sleeping

What, if anything has made the problem better?

- Rest    Ice    Heat    Elevation    NSAIDS    Pain Meds

**History of Present Injury/ Illness:**

- |   |  |   |  |                                     |
|---|--|---|--|-------------------------------------|
| <input type="checkbox"/> Neck Pain /Stiffness | <input type="checkbox"/> Pins/Needles in Arms  | <input type="checkbox"/> Light Bothers Eyes | <input type="checkbox"/> Sudden Weight Loss    | <input type="checkbox"/> Nausea     |
| <input type="checkbox"/> Back Pain /Stiffness | <input type="checkbox"/> Pins/Needles in Legs  | <input type="checkbox"/> Depression         | <input type="checkbox"/> Loss of Taste         | <input type="checkbox"/> Cold Feet  |
| <input type="checkbox"/> Arm/Hand Pain        | <input type="checkbox"/> Fatigue               | <input type="checkbox"/> Nervousness        | <input type="checkbox"/> Loss of Memory        | <input type="checkbox"/> Chest Pain |
| <input type="checkbox"/> Leg/Knee Pain        | <input type="checkbox"/> Sleeping Difficulties | <input type="checkbox"/> Tension            | <input type="checkbox"/> Jaw Problems          | <input type="checkbox"/> Fever      |
| <input type="checkbox"/> Headaches            | <input type="checkbox"/> Loss of Smell         | <input type="checkbox"/> Cold Sweats        | <input type="checkbox"/> Constipation          | <input type="checkbox"/> Fainting   |
| <input type="checkbox"/> Dizziness            | <input type="checkbox"/> Allergies             | <input type="checkbox"/> Stomach Problems   | <input type="checkbox"/> Shortness of Breath   |                                     |
| <input type="checkbox"/> Asthma               | <input type="checkbox"/> Blurred Vision        | <input type="checkbox"/> Night Pain         | <input type="checkbox"/> Bowel/Bladder Changes |                                     |

**Medical History:**

- |   |   |   |   |                                    |
|---|---|---|---|------------------------------------|
| <input type="checkbox"/> Hypertensions    | <input type="checkbox"/> Heart Disease  | <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Liver Disease      | <input type="checkbox"/> Migraines |
| <input type="checkbox"/> Diabetes         | <input type="checkbox"/> Pinched Nerve  | <input type="checkbox"/> Fibromyalgia         | <input type="checkbox"/> Kidney Disease     | <input type="checkbox"/> Cancer    |
| <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Herniated Disc | <input type="checkbox"/> Thyroid Problems     | <input type="checkbox"/> Osteoporosis       | <input type="checkbox"/> Ulcers    |
| <input type="checkbox"/> Pacemaker        | <input type="checkbox"/> Stroke         | <input type="checkbox"/> Arthritis            | <input type="checkbox"/> Bleeding Disorders |                                    |

Are you currently under drug and /or medical care?  No  Yes; What Doctor? \_\_\_\_\_

Please list all Medications / Supplements (*Be sure to include dosage and frequency*):

\_\_\_\_\_

Allergies: \_\_\_\_\_

Surgeries and/or hospitalizations (*date and reason*): \_\_\_\_\_

Intake the following: Cigarettes \_\_ packs/day   Alcohol \_\_ drinks/week   Caffeine \_\_ cups/ day

**Women Only:** LMP: \_\_\_\_\_ Any possibility of pregnancy?  Yes  No

**Family History:**

Is there a Family History of any of the following conditions? (*Indicate what family member*)

- Heart Disease \_\_\_\_\_  Diabetes \_\_\_\_\_  
 Cancer \_\_\_\_\_  Arthritis \_\_\_\_\_  Other \_\_\_\_\_

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### ASSIGNMENT OF BENEFITS

I, \_\_\_\_\_, hereby instruct and direct my Insurance Company, to pay by check or electronic deposit of funds made out and mailed to: Cleburne Integrated Wellness dba Total Health , 821 N. Nolan River Rd., Cleburne, Texas 76033.

For the professional and/or medical expense benefits allowable and otherwise payable to me under my current insurance policy as payment toward the total charges for the professional and/or medical services rendered. THIS IS A DIRECT ASSIGNMENT OF MY RIGHTS AND BENEFITS UNDER THIS POLICY. This payment will not exceed my indebtedness to the above-mentioned assignee, and I have agreed to pay, in a current manner, any balance of said professional/medical service(s) charges over and above this insurance payment,

**If my current policy prohibits direct payment to a provider or facility, I hereby instruct and direct Insurance Company to make out the check to me. I understand and acknowledge that is my responsibility to forward payment to Cleburne Integrated Wellness dba Total Health.**

- A photocopy of this assignment shall be considered as effective and valid as the original
- I authorize Cleburne Integrated Wellness dba Total Health to deposit any check(s) receive for payment on my account.
- I also authorize the release of any information pertinent to my case to any insurance company, adjuster, or attorney involved in my case.
- I authorize Cleburne Integrated Wellness to initiate a complaint to the Insurance Commissioner for any reason on my behalf.

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Signature of Patient/Policy Holder

Date

  
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**CONSENTS/ADMISSIONS**

**AUTHORIZATION TO RELEASE INFORMATION**

Cleburne Integrated Wellness dba Total Health is authorized to release any of my medical records to any insurance companies having coverage on me, to my employer (if coverage is under a group insurance plan), or to my attorney.

**AUTHORIZATION OF INSURANCE BENEFITS AND RIGHT OF RECOVERY**

I hereby irrevocably assign and transfer to Total Health all rights, title and interest in the benefits payable for services rendered by Total Health, provided in my policy(ies) of insurance, but not construed to be an obligation of Total Health to pursue such recovery. Provided, however, this assignment and transfer shall not take away my standing to make claim or sue for benefits individually should coverage be denied by any insurance carrier(s). I will pay Total Health for all charges incurred or alternatively for all charges more than the sums actually paid following said policy(ies). I hereby authorize the insurance company(ies) listed in my coverage to pay directly to Total Health all benefits due to services rendered therein.

**RESPONSIBILITY AGREEMENT**

Although I have requested the provider to file with my insurance company on my behalf, I clearly understand that it is my responsibility to make sure any balance due at the end of ninety days from the date a claim is filed, be paid in full or payment arrangements be made with the Business Office.

**AUTHORIZATION TO OBTAIN INFORMATION**

I hereby authorize any hospital, doctor or medical provider who has treatment or examined me for any injuries and/or illness release Total Health any of my medical records pertaining to services rendered.

**CONSENT FOR TREATMENT**

I hereby authorize by my signature, Total Health and/or its licensed providers, professionals and such assistants to evaluate and treat my condition; to render any and all medical care deemed necessary and any additional care and supplies that are recommended. I understand that the diagnosis or treatment of my by Total Health and/or its employees may be conditioned upon my consent.

A photo static copy of this authorization shall be considered as effective and valid as original.

I have read and understand the above and agree to abide by these conditions.

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Patient Signature & Date:

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### Medical Record Release Request

To release your medical records to a new provider or receive a copy for yourself or your attorney, you must complete this Medical Release form. Please fill it out completely and return it to us. If you should have any questions, please do not hesitate to contact our office.

I, (Patient Name) \_\_\_\_\_ (SSN), \_\_\_\_\_, (DOB) \_\_\_\_\_

Hereby authorize the release of the following information:

- Most recent exam and tests
- All of my Medical Records, (including but not limited to treatment notes, reports or studies that were Performed at your office)
- Other: \_\_\_\_\_

Please forward the documentation to:

Name of Provider: \_\_\_\_\_

Documentation will be sent by:

- Secure Fax: \_\_\_\_\_
- Address: \_\_\_\_\_
- Secure Email: \_\_\_\_\_

I understand that the records are for the care, treatment or medical services provided to me, and retained by you are confidential and are being disclosed for the purpose of:

- Continuation of Care
- Litigation

I further understand that without this authorization, the provider would not be permitted to disclose this information, as indicated by law. I further understand these medical records can be faxed or transmitted electronically.

I recognize that I may revoke this consent at any time except to the extent that the information has already been released in reliance of this form. If not revoked, this consent will expire one year from the date signed.

I agree further not to sue or hold the provider of the information, its employees or agents, responsible for any issues, claims or causes of action arising out of the release of information in conformance with the terms of this release.

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**Patient Signature (or Parent/Guardian if Patient is a Minor) & Date**



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## **NOTICE OF PRIVACY PRACTICES**

By signing this document, I acknowledge that I understand the privacy practices of:

Cleburne Integrated Wellness dba Total Health

Cleburne Integrated Wellness dba Total Health has provided me a copy of their privacy practices to review. I understand that I can have a paper copy of those policies at any time upon request. I understand that if I have any questions about this notice I can contact the office directly, I can call 817-556-2000 or by writing Attn: Privacy Practices 821 N. Nolan River Rd. Cleburne, TX 76033

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date



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## X-ray Questionnaire: For Women Only

Our consultation and examination may indicate that x-rays are necessary to accurately diagnose and analyze your condition. Please check one of the following statements that apply to you.

- There is a possibility that I may be pregnant.
- Yes, I am pregnant.
- No, I am not pregnant.
- I request that x-rays not be taken because there is a possibility of pregnancy or because:

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Date of my last menstrual period: \_\_\_\_\_

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date