

ENTERPRISING NEWSLETTER

September 2018

Volume 40 Issue 9

From the desk of the President:

Happy September!

It's been a busy but productive summer. I hope it has been for you, too. These next few months will be a whirlwind of activities--in and outside of N.E.W. Please don't forget to breathe! Set aside a little time every day to take care of and value YOU! There's only one, you know, & I think you're very extraordinary!



Plans for the 40

The Anniversary Celebration on October 20th are coming together beautifully. I'm very excited about the event. It promises to be a wonderful & fun party and a fabulous tribute to the four decades of Network for Enterprising Women & our incredible members. The committee is working very hard to make the evening memorable. You do not want to miss it!

Our High Tea that was postponed in August has been moved to September 23rd at the Tin Tulip Tearoom in the Cooper Street Antique Mall in Arlington at 2 p.m. (Just south of the Cooper & I-20) Please put that on your calendar. It's been a few years since we donned big floppy hats and sipped tea with our pinkies extended. (Okay...maybe not that last part. But, we did wear hats!!) The food is amazing! We will need R.S.V.P.s!

On the last page of this newsletter you will find a page of questions about your experiences with and in Network. Please take a few minutes to answer the questions and return them to me as soon as possible. This really is urgent!!!

On a totally different note -- for those who would like to join me -- Frost Bank is sponsoring 'Opt for Optimism' a 30-day Optimism Challenge. It's free to participate. The idea is that once a day, I (we?) will receive an email with a daily challenge--similar to the Pay It Forward idea. I may have to buy a random stranger a cup of coffee or take a

friend to lunch--it could be anything. But, at the end of the challenge, we'll see how our lives have been changed for the better through our positive & optimistic actions. Visit: opt4optimism.com for more details & to register. (I'm not a Frost Bank customer.)

Marty Harrison





Convener for the
Month of September

Lois Teeples

Theme: "How Did You
Get Here?"

September Birthdays



Heidemarie Weyman

September 26



Jane Hardwick

September 27



Kay Wright

September 28



Royla Cox

September 29

On their birthdays...

September

26th

Johnny Appleseed Day
National Dumpling Day
National Women's Health & Fitness Day

27th

Google's Birthday:
Remember Me Thursday
World Maritime Day

28th

Ask A Stupid Question Day
Hug A Vegetarian Day
National Drink Beer Day

29th

International Coffee Day
National Biscotti Day: 29
National Ghost Hunting Day

FISH FRY

Sunday: September 9

6 pm

Call Sarah for details.

817 492 0011



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HAPPY HOUR

Sept 7th

5 pm to 7 pm

Bread Winners

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You're Invited

To

Historic Terrell Heights

In Fort Worth

For the **GRAND UNVEILING OF OUR NEW**
HISTORIC MARKER

This newly installed landmark is a tribute to the countless African Americans who made significant contributions to the community. YOU will be able to purchase a paver in honor of your loved ones!!



Sponsored by



Tarrant County
Black Historical and Genealogical Society

High Tea

Sunday, September 23, 2018

Tin Tulip Tearoom at Cooper Street Antique Mall

4905 S. Cooper in Arlington

2:00 pm \$10.95

R.S.V.P. to Marty Harrison

Martyjo@sbcglobal.net



The Science Of Personality In The Workplace

Forget everything you think you know about personality. Psychologists explain why personality is fluid & first impressions are meaningless.

BY JANE PORTER

We can be quick to judge others in the workplace—bosses, coworkers, even ourselves—based on our ideas of personality.

But our preconceived notions about personality aren't just wrong, they can be downright dangerous to our health and relationships, says psychologist Brian Little, author of a new book on the science of personality *Me, Myself, and Us*.

Personality isn't something you can easily determine and label with a set of Myers-Briggs type indicator questions. "So many people take things like Myers-Briggs that allow them to label these restrictive pictures of themselves and others and I think that's dangerous," says Little. "When we construe ourselves or others as being a particular type of person, we have really set limits on our and their capacity to develop."

While we can't simply slap a personality read on anyone, there are five key qualities—openness, conscientiousness, extraversion, agreeableness, and neuroticism—psychologists refer to as the "Big Five" traits that are useful when talking about personality. The key is that these traits aren't fixed in any given person.

"Each of those can be enacted in order to advance a project that matters to you," says Little.

Personality is tied to a complicated set of systems at work in the brain. Understanding what's going on neurologically and how most people get it wrong can help improve your relationships in the workplace.

For the complete article go to:

www.fastcompany.com/3039261/the-science-of-personality-in-the-workplace

The Big Five are five broad factors (dimensions) of personality traits. They are:

- **Extraversion** (sometimes called Surgency). The broad dimension of Extraversion encompasses such more specific traits as talkative, energetic, and assertive.
 - **Agreeableness**. Includes traits like sympathetic, kind, and affectionate.
 - **Conscientiousness**. Includes traits like organized, thorough, and planful.
 - **Neuroticism** (sometimes reversed and called Emotional Stability). Includes traits like tense, moody, and anxious.
- Openness to Experience** (sometimes called Intellect or Intellect/Imagination). Includes traits like having wide interests, and being imaginative and insightful.

For the complete article on the Big Five go to: <https://pages.uoregon.edu/sanjay/bigfive.html>



Celebrating 40 Years!

Saturday, October 20th

Our Journey Together... Now, What a Ride!

The Gardens Restaurant

(Inside the Botanic Gardens)

3220 Rock Springs Rd., 76107

Phone: 817-731-2547



Cocktails at 6:30 ~ Cash Bar

Dinner & Program at 7:00

Members ~ \$20

Non-Members ~ \$30

Please make reservations no later than Oct. 17th
Call Gina: 817-807-2244 or pay at a Network Meeting

Questions? Contact Diana Seiffert, 817-692-8860

Please answer the following questions and return to Marty Harrison by hardcopy or email Martyh@floorsinc.com as soon as possible. (It's for a really big surprise!)

1. Who or what brought you to Network for Enterprising Women AND what made you decide to join?

2. How has N.E.W. impacted your live for the better?

3. What have been benefits of N.E.W. in your career and life?

4. What changes in the organization have you witnessed during your membership?

5. Which N.E.W. events have you enjoyed the most? Why?

6. If you could make one change in N.E.W. would you make? Why?

Thanks, Marty