

RD Initial Assessment

--Assessment:

*Check Psychiatric, nursing, and medical assessments

*Intermountain weights and RD notes

Eating disorder screening: Negative. Malnutrition screening: Not at risk. Muscle/fat wasting: None observed.

Allergies: NKFA

Diet:

Estimated: kcal, gms protein (25/30 kcals/kg, 0.8/1.2 gms/kg actual body wt/adjusted body wt) Diet: 2300 kcal, 90 gms protein; meets.

Ht: in Wt: lbs BMI: Waist: in BP:

Meds:

Labs:

Hx:

--Dx: Altered nutrition related laboratory values related to _ as evidenced by documented lab values.

Obese related to obesity multifactorial as evidenced by BMI over 30.

--Intervention: Cont. w current diet.

--Monitor/Evaluate: Monitor wt, labs, food intake.

Nutrition Risk: _