Nutrition Risk Scoring System

High Risk—every month

- EN or TPN
- Malnutrition
- Disordered eating behaviors
- Inadequate oral intake ≤75% needs
- Too much or too little fluid intake
- HIV/AIDs with GI symptoms/wt loss
- Pregnancy
- BMI <18.5 (Adult); <5th % (Peds)
- Active cancer
- Sig/severe weight loss

Moderate Risk—every 3 months (charted Jan, next in April)

- GI dx
- Parkinson's, alcoholism w/in past 2 mo, Huntington's, CF, Diabetes, HIV/AIDs
- CKD Stages 1-4
- BMI >35.0 (Adult); >95th % (Peds)
- Medical Diets
- Sig/severe weight gain
- Taking MAOIs
- Abnormal nutrition lab values except:
  o Vitamin D
  o High HDL

Low risk—every 6 months (charted Jan, next in July)

- Non-medical diets
- HTN
- Low Vitamin D

☐ 	Medical diets: CC, HH, gluten free, HP/LC, puree, LI, GI

☐ 	Non-medical diets: Eco, vegetarian, vegan, double veg/fruit, 'no' diets (no pork, no beef, etc), allergies, small/large/double portions; MS F/V, MS, MS/CH (tech medical but not moderate risk)