



OCTOBER 2018



Revised - 7/18/18

LINN-MAR FALL FOOTBALL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Varsity - Coach James E-mail - paul.james@linnmar.k12.ia.us Cell - 319-310-7468		Sophomores - Coach Frangella E-mail - nfrangella@linnmar.k12.ia.us Cell - 319-360-4000		Freshmen - Coach Martens E-mail - ben.martens@linnmar.k12.ia.us Cell - 319-431-6261		
1 7:15am V/S Weights 3:45-6:30pm Soph & Varsity 4:00 Freshmen 'B' vs. Washington (T)	2 7:15am Frosh Weights 3:45-6:30pm Soph & Varsity 3:45-6:15pm Freshmen Football Practice	3 7:15am V/S Weights 3:45-6:30pm Soph & Varsity 3:45-6:15pm Freshmen Football Practice	4 3:45-6:30pm Soph & Varsity 6:00 Freshmen vs. CF Holmes (H)	5 7:15am Frosh Weights 5:00 Sophomores vs. Muscatine (T) 3:45-5:30 Freshmen Football Practice 7:15 Varsity vs. Muscatine (T)	6 9:00am Varsity 7:15-8:15am Sophs - Pool 9:00am JV vs. CR Washington (H) Freshmen No Practice	
8 7:15am V/S Weights 3:45-6:30pm Soph & Varsity 3:45-6:15pm Freshmen Football Practice	9 7:15am Frosh Weights 3:45-6:30pm Soph & Varsity 3:45-6:15pm Freshmen Football Practice	10 7:15am V/S Weights 3:45-6:30pm Soph & Varsity 3:45-6:15pm Freshmen Football Practice	11 3:45-5:30pm Soph & Varsity 5:30 Freshmen vs. IC High (T)	12 7:15am Frosh Weights 5:00 Sophomores vs. IC High (H) 3:45-5:30 Freshmen Football Practice 7:15 Varsity vs. IC High (H) SENIOR NIGHT	13 8:00am Varsity 7:15-8:15am Sophs - Pool Freshmen No Practice	14
15 7:15am V/S Weights 3:45-6:30pm Soph & Varsity 6:00 Freshmen 'B' vs. Prairie (T)	16 7:15am Frosh Weights 3:45-6:30pm Soph & Varsity 3:45-6:15pm Freshmen Football Practice	17 7:15am V/S Weights 3:45-6:30pm Soph & Varsity 3:45-6:15pm Freshmen Football Practice	18 3:45-5:30pm Soph & Varsity 6:00 Freshmen vs. CR Washington (H)	19 5:00 Sophomores vs. Pleasant Valley (T) 3:45-5:30 Freshmen Football Practice 7:15 Varsity vs. Pleasant Valley (T)	20 9:00am Varsity	21
22 7:15am Varsity Weights 3:45-6:30pm Game Plan Practice	23 3:45-4:25pm Video 4:30-6:30pm Practice	24 7:15am Varsity Weights 3:45-4:25pm Video 4:30-6:30pm Practice	25 3:45-6:00pm Pre-Game Practice	26 7:00pm 1st Round Playoff Game	27 8:00-9:00am Varsity	28
29 3:45-6:30pm Game Plan Practice	30 3:45-4:25pm Video 4:30-6:30pm Practice	31 3:45-4:25pm Video 4:30-6:30pm Practice				