

# LION 7-on-7 & LINEMEN FOOTBALL CAMP



WE ARE CHANGING THE CULTURE

## GRADES 5-6-7-8

**GRADES 5-6** ← (Current Grades) →  
**February 10, 17, 24**  
**SUNDAYS**

**2:00 – 3:45 PM**  
1<sup>st</sup> day be there at 1:45 PM

**GRADES 7-8**  
**February 10, 17, 24**  
**SUNDAYS**

**4:00 – 5:45 PM**  
1<sup>st</sup> day be there at 3:45 PM

**WHERE:** Oak Ridge MS Foyer for Check-in  
Feb. 10, 17, & 24 the workouts will be at Oak Ridge MS

**WHAT:** Work on offensive passing game skills  
Work on defensive pass coverage skills  
Linemen will work on stance, footwork, run & pass blocking  
Learn the Linn-Mar Lion football system  
Begin preparation for the upcoming season

**COACHES:** Linn-Mar High School Football Staff (ALL sessions)

**COST:** \$35 Includes a Lion Football Camp T-Shirt

**DRESS:** T-Shirt, shorts, tennis shoes

**HOW TO REGISTER:** 1) Complete the enclosed form  
2) Make check payable to: **Linn-Mar Football**  
3) Send check to: **Joyce Dayton, Linn-Mar High School**  
**3111 N. 10<sup>th</sup> Street, Marion, IA 52302**

**OR** 4) Pay by credit card to the cashier (Joyce Dayton) at  
Linn-Mar High School inside Door #13.



# LION 7-on-7 & LINEMEN FOOTBALL CAMP APPLICATION (LION FLIGHT SCHOOL)

**Current Grades 5-6-7-8**

\$ 35 \_\_\_\_\_

**2:00 PM CAMP** (grades 5-6)  
Includes LION 7-on-7 Camp T-Shirt

\$ 35 \_\_\_\_\_

**4:00 PM CAMP** (grades 7-8)  
Includes LION 7-on-7 Camp T-Shirt

ADULT SIZES

Youth-M Youth-L S M L XL XXL XXXL  
(circle T-Shirt size)

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone # \_\_\_\_\_ Current Grade \_\_\_\_\_

School \_\_\_\_\_

Parents' (Guardians) Name \_\_\_\_\_

E-mail \_\_\_\_\_

Waiver by parent or guardian: I understand that personal medical insurance coverage for this camp is the obligation of each participant. I hereby authorize the instructors of the Linn-Mar Football Camp to act according to their best judgment and provide medical attention to my son or ward in the event of injury/illness. I hereby release Linn-Mar Community School District and the football camp instructors from all claims resulting from injuries which may be sustained by my son or ward while attending the camp.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_