



The Girls Gurukul

Embark on a journey of learning

Kheri Lamba Road, Kalayat, Kaithal, Haryana (136117) | +91-9097802131/32



Mess menu

MEAL	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Breakfast	Aloo Paratha, chutney pickle, curd	Pyaz paratha, chutney, Pickle, curd	Gobhi paratha, chutney, pickle, curd	Aloo Pyaz Paratha, chutney, pickle, curd	Veg paratha, chutney, pickle, curd	Mix paratha, chutney, pickle, curd	Poha, Khichdi, tea/coffee
Morning refreshments	Grilled sandwich 	Poha 	Bread toast 	Pasta 	Pastry 	Macroni 	Maggie 
Lunch	Seasonal veg, chapati, salad, Ghiya raita	Rajma, plain Rice, chapati, salad, Boondi Raita	Chhole, fried Rice, chapati salad, Cucumber Raita	Kadhi, chapati, yellow rice, salad, Onion raita	Mix veg, chapati, salad, Fruit Raita	Kale chane, chapati, jeera Rice, Salad, Aloo raita	Chhole bhature/ chhole puri/Mix veg +Missi roti, salad, Raita
Evening refreshment	Fruit/Chana chaat 	Banana Shake 	Shikanji 	Fruit/Chana chaat 	Fruit chaat/ shake 	Mango shake 	Nimbu Pani 
Dinner	Moong daal, chapati, milk	Masoor daal, chapati, milk	Jeera aloo, chapati, Meetha daliya, milk	Chana daal, chapati, milk	Urad daal, chapati, milk	Jeera aloo, chapati, + namkeen daliya, milk	Namkeen rice, milk
Dessert	Rasgulla/ Gulab jamun 	Jaggery 	Kheer 	Jaggery 	Fruit (meetha) raita 	Jaggery 	Custard 