

NEWSLETTER

HIGHLIGHT

As part of our **Vet4Success** series, MVA will present a special webinar on how veterans can thrive and not just survive in their post military career.

MVA invites you to join us on **January 21, 2026 at 6:00 PM** (Eastern Time) for a dynamic and informative session. Our featured guest speaker is **Ron Monk**, a recently retired senior executive human resources professional with both national and international corporate level work experience. Mr. Monk is also a former Field Artillery Army officer, and non-commissioned officer.

This dynamic webinar will provide valuable insights and resources for veterans transitioning to civilian life. Whether you're seeking a new career path or looking to connect with fellow veterans, this webinar is for you.

Mark your calendars, and save the date! Register on Eventbrite today.

"FINDING PURPOSE BEYOND THE UNIFORM" WEBINAR



Now that we have stepped into 2026, let's get started with helping you to transition into your next chapter. Real stories, real experience, and real results are keys that we at "My Veteran's Arm" (MVA) will share with you.

With heartfelt thanks,

The "My Veteran's Arm, Inc.," Team



Dr. Mary M. Gillam
Col (Ret) USAF
Founder / CEO

My Veteran's Arm® (MVA) is a 501(c)(3) tax-exempt nonprofit organization dedicated to providing veterans and their families with veteran resources, information, training, and development services that contribute to improving the lives of those who served us best. Through various food donation channels, we also provide military assistance by supporting veterans facing food insecurities