

NEWSLETTER

HIGHLIGHT

As the holiday season arrives, we at My Veteran's Arm (MVA), Inc., want to extend our warmest wishes to all our friends, supporters, volunteers, and most importantly, our veterans and their families. Christmas is a time for reflection, gratitude, and coming together as a community to celebrate the birth of our Lord, and the spirit of giving.

This year, we want to dedicate our newsletter to honoring those who have served our country and to sharing how your support enables MVA to continue to make a positive difference in their lives.

Veterans have made great sacrifices to protect our freedoms and keep our nation safe. These men and women serve faithfully in distant lands while missing their family.

As fellow veterans, we understand your sacrifice, and we thank you for a job well done!

"BAGS OF HOPE" MVA SPONSORS GROCERIES FOR OUR VETERANS



From all of us at My Veteran's Arm, we wish you and your loved ones a joyful holiday and a prosperous New Year. May this season be filled with peace, hope, and joy—and may we continue to help those who served us best, not just at Christmas, but every day.

With heartfelt thanks,

The "My Veteran's Arm, Inc.," Team



Dr. Mary M. Gillam
Col (Ret) USAF
Founder / CEO

My Veteran's Arm® (MVA) is a 501(c)(3) tax-exempt nonprofit organization dedicated to providing veterans and their families with veteran resources, information, training, and development services that contribute to improving the lives of those who served us best. Through various food donation channels, we also provide military assistance by supporting veterans facing food insecurities