



JANUARY 16, 2022
Second Sunday in Ordinary Time

Sat, Jan 15, 4:00PM (Sacred Heart) †*Duana Reed/For the People*
 Sat, Jan 15, 5:00PM (St. Henry) †*Christopher Koplín*
 Sat, Jan 15, 7:00PM (Holy Cross) *For the People*
 Sun, Jan 16, 8:00AM (St. Henry) †*Marlene Curtis*
 Sun, Jan 16, 8:30AM (Sacred Heart) †*Josh Hanson*
 Sun, Jan 16, 10:00AM (St. Henry) †*Jackie Lachowitz*
 Sun, Jan 16, 10:30AM (St. Lawrence) †*Patrick Doll*
 Sun, Jan 16, 4:00PM (St. Lawrence) †*Beverly Schwartzfisher*
 Tue, Jan 18, 8:45AM (St. Henry) †*Don & Dorothy Weickert*
 Tue, Jan 18, 7:00PM (Sacred Heart) †*Ed Langlie*
 Wed, Jan 19, 8:30AM (St. Lawrence) †*Ray Weickert*
 Wed, Jan 19, 5:15PM (Holy Cross) †*Bill, Doris & Ron Brown*
 Thu, Jan 20, 8:30AM (Sacred Heart) †*David Jaroszewski*
 Thu, Jan 20, 8:45AM (St. Henry) †*Julie Malíkowski*
 Fri, Jan 21, 8:30AM (St. Lawrence) †*Nick Hofland*
 Fri, Jan 21, 8:45AM (St. Henry) †*Ray Weickert*
 Fri, Jan 21, 10:00AM (Perham Living-Residents Only) †*Erv Wegscheid*
 Sat, Jan 22, 4:00PM (Sacred Heart) †*Bob Herges*
 Sat, Jan 22, 5:00PM (St. Henry) †*Bob Strickland*
 Sat, Jan 22, 7:00PM (Holy Cross) †*Diane Genoch*
 Sun, Jan 23, 8:00AM (St. Henry) *For the People*
 Sun, Jan 23, 8:30AM (Sacred Heart) †*Lorraine Honer*
 Sun, Jan 23, 10:00AM (St. Henry) †*Marge & Ambrose Altstadt*
 Sun, Jan 23, 10:30AM (St. Lawrence) †*Brian Bucholz*
 Sun, Jan 23, 4:00PM (St. Lawrence) †*Leo & Theresa Doll*

Financial Blessing for January 8th
 Adult.....1,555.00 Children’s Basket.....3.00
 Christmas.....100.00 Plate.....63.00
 Imm. Conception.....10.00 Solemnity of Mary...95.00
Total.....1,826.00

Thank you for remembering Holy Cross Church with your Stewardship throughout the year.

Financial Blessing for January 8th & 9th
 Adult2,233.00 Plate.....1,145.15
 Sol. of Mary.....20.00 Youth.....22.71
 Elec. Transfers.....250.00 Votives.....115.00
 Central MN Catholic.....17.00
Total.....3,802.86


Thank you for remembering Sacred Heart Church with your Stewardship throughout the year.

Financial Blessing for January 8th & 9th
 Adult.....4,373.00 Children’s Basket.....52.31
 Plate.....799.70 Youth Offering.....2.00
 Initial Offering.....109.00 Christmas850.00
 Votives.....126.55 Sol. of Mary.....217.00
 Copies.....21.00 Marriage Prep.....175.00
 Bulletin Sponsors....600.00 Elec. Transfers.....4,220.00
Total11,545.56

Thank you for remembering St. Henry Church with your Stewardship throughout the year.

Financial Blessing for January 9th
 Adult3,000.00 Youth9.00
 Christmas.....345.00 Plate.....758.00
 Elec. Transfers.....335.00 Sol. of Mary.....130.00
 Fuel & Heat.....100.00 Votives.....33.00
 Central MN Catholic....17.00
Total.....4,727.00

Thank you for remembering St. Lawrence Church with your Stewardship throughout the year.

 **Sacred Heart and St. Lawrence Parish Offices will be closed on Friday, January 21st.**

BULLETIN DEADLINE: Wednesday Noon

Weekly Bulletin Email List
 If you would like to have the bulletin emailed to you each week, please let us know by giving us a call or by email.

If you would like to send a card to Deacon Mark, it can be mailed to:
 Deacon Mark and Joan Stenger
 47629 353rd Ave
 Frazee, MN 56544
 Please keep Deacon Mark and his family in your prayers.



Stewardship as a Way of Life:

“To each individual the manifestation of the Spirit is given for some benefit” (1 Corinthians 12:7).

St. Paul tells us that God has blessed each of us for a reason. How has God blessed you? Are you using your gifts according to God’s plan? How are you helping to build God’s kingdom here on earth? Remember that if you don’t do the work God planned for you, no one else can do it. Live the life God has intended for you. Take time to discern your charisms (gifts from the Holy Spirit). Experience the supernatural Peace and Joy God desires for each of us.

ST. LAWRENCE



ST. LAWRENCE UPCOMING EVENTS

Sun., Jan. 23: All Grades; 9:00-11:30AM; Rosary led by grade 11 at 10:00AM.

Sun., Jan. 30: All Grades; 9:00-11:30AM.

Sun., Feb. 6: All Grades; 9:00-11:30AM; Rosary led by grades 3 & 4 at 10:00AM.

Sandi Carrlson DRE



**St. Lawrence Parish Breakfast:
Sunday, January 30th (after
10:30AM Mass) Group 1 serves**

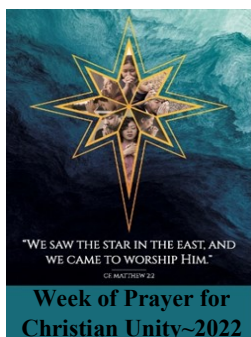
**CHANCE TO WIN WOODEN CHEST
AND ALL ITS CONTENTS**

\$5.00 A CHANCE/\$10.00 FOR 3 CHANCES

**Sales begin December 19th (after the weekend Masses)
Drawing February 13th**

Chest made by Denny Brandt and donated by Duane and Elaine Anderson.

Sponsored by St. Lawrence Christian Women.
(Proceeds go towards Polka Festival.)



*Eternal Father,
we praise You for sending Your Son
to be one of us and to save us.
Look upon Your people with mercy,
for we are divided in so many ways,
and give us the Spirit of Jesus
to make us one in love.
We ask this gift, loving Father,
through Jesus Christ our Lord.
Amen.*



The parish of St. Lawrence wishes to extend deepest sympathy to Arlene Scheidecker and Julie Doll, daughters of

Bernice Jacobson

who passed away recently. May Bernice know eternal peace and joy in heaven and may God grant comfort to her family and friends.



Bishop's Annual Appeal: The Diocesan TV Mass and parish livestream Masses have been a lifeline for the homebound. Other ministries of the Appeal continue their work in support of faith formation, family life, our Catholic schools, multicultural ministries, evangelization, and vocational discernment. Will you help keep these ministries strong? Visit www.stcdio.org/annualappeal.

January 22 ♦ March For Life – The Diocese of St. Cloud is coordinating buses to St. Paul. Details are posted on their website at <https://stcdio.org/event/march-for-life-in-st-paul/>.

Please pray for those in need of healing in our parishes: Adam Stewart, Al Baumstarck, Angela Florin, Bernadette Guck, Clint Conzemius, Connie Foltz, Deacon Mark Stenger, Dean Salo, Diana Billie, Elaine Pietsch, Gerald Wegscheid, Glenda Hofland, Jim Neuerburg, Kacie (Pikula) Derkacht, Karen Omberg, Larry Wegscheid, Marty Noll, Mary Ann Guck, Marion Jaroszewski, Richard Dykhoff, Rosie & Kenny Kohnson, Tricia Guck
All military personnel, especially: Martin Ara, Greg Hirschey, Sandra Silbernagel, Nicholas Melz, Luke Potts, Zoe McAvoy, Jason Richter, Tanya Robison, Tommy Robison, Steven Sundberg and Tyler Van Watermulen.
Always remember in prayer our leaders in faith, especially: Pope Francis, Bishop Donald Kettler, Dcn Randy Altstadt, Dcn Richard Quistorff, Dcn Mark Stenger, Fr. George Michael and Fr. Tom Skaja.



Did You Know? This Saturday, January 22, the Church in the United States observes the annual “Day of Prayer for the Legal Protection of Unborn Children.” We are called to observe this day through prayer and penance. respect-life.org/january-22

January 19 – 27 – 9 Days for LIFE Novena – Join thousands of Catholics nationwide in the annual Respect Life novena, *9 Days for Life*. Sign up for 9 Days for LIFE Novena Resources which include daily intentions, brief reflections and more at <https://www.respectlife.org/9-days-for-life>.

Canonical Administrator: Fr. George, E-mail: gmichaelvc@gmail.com, fathergeorge@ncacc.net
Parochial Vicar: Fr. Tom, E-mail: fathertom@ncacc.net
Deacons: Deacon Richard Quistorff; Deacon Randy Altstadt; Deacon Mark Stenger



St. Lawrence Catholic Church of Rush Lake
46404 County Highway 14
Perham, MN 56573
Phone: (218) 346-7729 Fax: (218) 346-5946 Em: (218) 758-2888
Email: stlawrence@arvig.net
Parish Website: sacredheartstlawrencecatholicchurches.com





SACRED HEART UPCOMING EVENTS



Sunday, January 16
1:00 PM

Sacred Heart Church of Dent, MN.
FOOD/FUN/CASH PRIZES/DOOR PRIZES
Hosted by Sacred Heart Christian Mothers

Wed., Jan. 19: Grades 1-11 Classes; 7:00PM.
Wed., Jan. 26: Grades 1-11 Classes; 7:00PM.
Wed., Feb. 2: Grades 1-11 Classes; 7:00PM.
Joe & Diane Sazama DRE

Membership Information



We extend our hearts and hands in Christian fellowship to all who celebrate with us at St. Lawrence & Sacred Heart. If we may assist you, please fill out the form below and drop it off at one of the parish offices, put it in the collection or mail it to us.

If you are new to the parish, please complete the information below and a form will be mailed to you so that you can become a registered member.

- I am Catholic; I would like to become a member.
- I am not Catholic but am interested in learning more about the Catholic faith.
- I have moved; here is my new address.
- I am going to the hospital; please call me.
- I am homebound; please visit me.

Name _____ Address _____
 City _____ State _____ Zip _____ Phone _____

SACRAMENT OF BAPTISM: Contact the Parish Offices

SACRAMENT OF MATRIMONY: Diocesan Policy requires that the Pastor be contacted at least 6 months before the anticipated date of marriage to allow time for premarital inventory, instructions and planning.

SACRAMENT OF RECONCILIATION: ½ Hour before Weekend Masses at Sacred Heart, St. Lawrence and Holy Cross; First Friday from 9:00AM-10:00AM at St. Lawrence; Second Thursday from 9:00AM-10:00AM at Sacred Heart; Third Saturday from 6:00PM– 7:00PM at Holy Cross. Tuesday, Thursday & Friday, 8:15AM-8:45AM; Wednesday, 9:00AM-10:00AM; Saturday, 4:00PM—4:45PM (Before 5:00PM Mass) at St. Henry

Sacrament of the Anointing of the Sick: Contact the Parish Offices

Pastoral Council Presidents: Kenny Moenkedick (Sacred Heart); Mark Murdock (St. Lawrence); Brian Pettow (Holy Cross); Nick Murdock (St. Henry).

Trustees: Brenda Aschnewitz & Jan Januszewski (Sacred Heart); Jack Werner & Andy Klinnert (St. Lawrence); Mark Halbakken & Lisa Hemmelgarn (St. Henry); Michele Hofland & Clint Brandt (Holy Cross)

Northern Cross Area Catholic Community Council Members: Dawn Swanz, Michele Hofland, Jason Schik (Holy Cross); Brenda Aschnewitz, John Kratzke, Kenny Moenkendick (Sacred Heart) Tim Graff, Mary Schumacher, Jason Smith (St. Henry); Sandi Carrlson, Jack Werner, Jerry Guck (St. Lawrence)



Sacred Heart Catholic Church of Dent
36963 State Highway 108
Dent , MN 56528
Phone: (218) 758-2700 Em: (218) 758-2888
Email: sacredheart@arvig.net
Parish Website: sacredheartstlawrencecatholicchurches.com



St. Henry's Area School

Congratulations to our Calendar Raffle winners for last week and this week. Jan. 5-Fuzz Hammers-\$50, Jan. 7-Jerry Moris-\$100, and Jan. 14-Elsie Schultz-\$100.

Marketing assistance: St. Henry's Area School is looking for a volunteer Marketing Consultant. I am interested in talking to someone with marketing experience to offer ideas for the marketing of the school. If you are interested in chatting a bit about marketing, let me know by emailing me at sthenryschool@arvig.net.

Fun Fair information will be coming soon.

Mr. Jason Smith, Principal

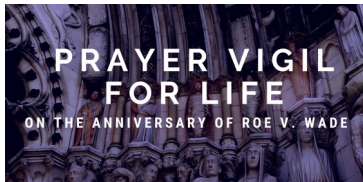
218-346-6190 or sthenryschool@arvig.net

St. Henry's Area School provides academic excellence while following the teachings of Christ and the Catholic Church.

Catholic Daughters Court St. Rita #409 is sponsoring the National Education Contest. All youth grades 4 through 12 are welcome and encouraged to participate. Themes are: "With God All Things Are Possible" Mt 19:26 Or "Where is God in my life when I am struggling". The local deadline is February 1, 2022. Entry forms and rules are available at St. Henry's office or by contacting Leanne Stoll at 758-3050.

**We Extend Our
Deepest Sympathy**
to the family and friends of
Wayne Romann
(father of Wayne & Deb Romann)
who passed away recently

Save the Date
Prayer Vigil for Life
Friday, January 21st
7:00 pm
St. Henry's Church



Celebrating a Milestone of Marriage?

Honoring Marriage Day will be held on Saturday, May 7th, 2022 at St. Mary's Church in Alexandria for couples celebrating 5, 25, 40, 50 or 60 plus years of marriage in 2022. We, as a diocese, would like to honor you and your commitment to each other and the great example you are setting. **Please let the parish office know if you are celebrating these anniversary years no later than January 31, so we can send the information to the diocese.**



Faith Formation: St. Henry

Faith Formation this week for 7th-11th graders from 6:30pm-8pm. As always, there will be a free meal before classes.

If you're doing Family Faith Formation at home with your K-6th grader, please pick up your January packet in the main entrance.

The Steubenville students are going to continue with their mason jar fundraiser until they are able to use up all of the ingredients. They will be selling the mixes after Mass. Students are in need of more pint size jars (jars only, no lids or rings). If you have extras lying around at home and would like to donate them - that would be greatly appreciated!

Lisa Hendrickx, DRE

218-346-7030, religiously@st-henrys.org

Liturgical Ministers

The next scheduling period will be from March 2nd through May 27th. Please remember to inform us of any dates you will not be available to serve in this period before February 1st.

Michael Mettler, Director of Music & Liturgy

218-346-7030, music@st-henrys.org

St. Agnes-Mary Mission Circle

Mission Circle will meet on **Thursday, January 20th**, at 1:00 pm. They will gather at Kathy Hemmelgarn's home (47634 Minnesota St., Perham). All interested persons are welcome. For more information, contact Kathy at 346-5797.



CONGRATULATIONS TO
Eugene Walter
child of Elliot & Marissa Stoll
WHO WAS BAPTIZED
AT ST. HENRY LAST WEEKEND.

Dorothy Day House: Help the homeless in our area by supporting the Dorothy Day House men's shelter in Moorhead, MN. They are currently in need of the following items: Ziploc bags (gallon and sandwich); bath towels, winter hats, gloves and scarves; deodorant, men's underwear, plain white t-shirts, socks (these clothing items preferred to be new); disposable razors; sleeping bags; blankets and hygiene products. Look for the collection point in the narthex. For more information, see the website at www.churches.united.org or call Teresa Elkin 218-298-1274 or Cecile Guck 218-298-4386. This will be an ongoing effort.

St. Henry's Catholic Church of Perham

234 2nd Ave SW

Perham, MN 56573

Phone: (218) 346-4240 Em: (218) 758-2888

Email: admin@st-henrys.org

Parish Website: www.parishfaith.com

HOLY CROSS UPCOMING EVENTS

Faith Formation grades 1-6 4:30-5:15. Jan 12th snack will be served by the Ethan Kern family.

Usher sign up sheet is on the table in the entry; please sign up as a family or group.

Church cleaning list is on the bulletin board.

Cards will be played every Thursday at 1:00 pm.

On February 2nd at 6:00 pm, Christian Mothers, meet at the church for the Christmas Party.



We are looking for people to commit to spending a scheduled hour a week with Jesus in the Blessed Sacrament at Adoration at St. Henry. Adoration is held on:

Mondays: 9:00 am – 5:00 pm

Tuesdays: 9:30am – Wednesdays at 5:00 pm

Thursdays: 9:30 am – 5:00 pm

Fridays: 9:00 am – 12:00 pm

If you are interested, please call Debbie at 218-298-4461 or Michael at 346-4240.

As an “Adoration Guardian,” you can sign up for any hour with Jesus. We are trying to find 2 people per hour. We ask that you come a few minutes before your hour starts, and stay with Jesus the entirety of the hour. Please prayerfully consider giving Jesus an hour of your week in Adoration.

OFFICE HOURS: (HOLY CROSS): Call Faye Hendrickx:
(218) 385-3850

(SACRED HEART): Monday, Thursday & Friday: From 9:00 AM-12 Noon, (218) 758-2700

(ST.LAWRENCE): Tuesday & Wednesday: From 9:00 AM-12 Noon, (218) 346-7729

(ST. HENRY): Monday-Friday: From 8:30 AM—4:30PM, (218) 346-4240

New School Capital Campaign Update

Complete Project	\$8,100,000.00
Pledged	\$7,402,607.00
Needed	\$697,393.00
Received	\$6,075,660.00
Pledges Received 01-09	\$515,395.00
Households Contributing	350



Holy Cross Catholic Church of Butler

57189 Co. Hwy 62 New York Mills, MN

Phone (218) 385-2201 or (218) 385-3850 Em: (218) 758-2888

Email: fayeaddell@yahoo.com

Parish Website: <https://www.parishfaith.com/holy-cross---butler>

2022 CATHOLIC MEN'S CONFERENCE
SAINT JOSEPH'S MEN
SATURDAY, FEBRUARY 26
ST. FRANCIS XAVIER CHURCH
219 2ND STREET NORTH • SARTELL
COST: \$35
PRESENTER:
MONSIGNOR TOM RICHTER
For more information and to register visit
www.stedio.org/2022mensconference

2022 Marriage Prep Course weekend will be held at St. Henry's on **January 28th & 29th, 2022**. The fee is \$175.00 per couple. For more information or to register, please contact St. Henry's Parish Office or go to the Diocesan website.

Holy Father's Prayer Intention for January

We pray for all those suffering from religious discrimination and persecution; may their own rights and dignity be recognized, which originate from being brothers and sisters in the human family.

Readings for the Week

Monday:	1 Sm 15:16-23	Mk 2:18-22
Tuesday:	1 Sm 16:1-13	Mk 2:23-28
Wednesday:	1 Sm 17:32-33, 37, 40-51	Mk 3:1-6
Thursday:	1 Sm 18:6-9; 19:1-7	Mk 3:7-12
Friday:	1 Sm 24:3-21	Mk 3:13-19
Saturday:	2 Sm 1:1-4, 11-12, 19, 23-27	Mk 3:20-21
Sunday:	Neh 8:2-4a, 5-6, 8-10	
	1 Cor 12:12-30	Lk 1:1-4; 4:14-21

Please let the advertisers know you saw their ad in the bulletin.

 <p>Schoeneberger FUNERAL & CREMATION SERVICE</p> <p>100 Jake Street, Perham, MN (218) 346-5175 www.SchoenebergerFH.com</p>	<p>This space is available. Please call St. Henry's parish office at 218-346-4240, if you are interested.</p>	 <p>Pizza Ranch</p>	 <p>FRANK'S AUTO BODY</p> <p>735 W Main St., Perham 218-346-3405 Brian Holzer (Owner)</p>
 <p>Nadine's</p> <p>Open Mon-Sun 145 W Main St Perham, MN 218-346-2615</p> <p>Ladies & Children's Fashions & Accessories</p>	 <p>www.findyourgoose.com</p>	 <p>Perham Dairy Queen 802 - 3rd Ave SE 218-346-4070 Marc & Mike Winjum</p> <p>U.S. Pat. Off. Am.D.Q. Corp. Copyright, 1989 Am. D.G.</p>	<p>This space is available. Please call St. Henry's parish office at 218-346-4240, if you are interested.</p>
 <p>KIT MASTERS FAN CLUTCH EXPERTS</p>	<p>This space is available. Please call St. Henry's parish office at 218-346-4240, if you are interested.</p>	 <p>Hemmelgarn BUILDERS Your Hometown Builder</p> <p>Troy: 218.371.6272 Jim: 218.371.1228</p> <p>hbi@arvig.net 218.346.2377</p>	 <p>RainSoft Solving local water problems since 1984.</p> <p>Lake Country RainSoft 231 Main St West, Ottertail, MN 56571 218-367-7873 * 1-800-450-1212</p>
 <p>Sweet Machine</p> <p>EXCEEDING EXPECTATIONS WITH HIGHER QUALITY PRODUCTS AND SERVICE.</p>	<p>This space is available. Please call St. Henry's parish office at 218-346-4240, if you are interested.</p>	 <p>5:30 am - 3 pm (Mon-Sat) 8 am - 2 pm (Sun) 136 W. Main St Perham (218) 346-5920</p>	<p>This space is available. Please call St. Henry's parish office at 218-346-4240, if you are interested.</p>
<p>CATHOLIC DAUGHTERS COURT ST. RITA PERHAM, MN</p> <p>Serving the community for 102 years</p> <p>To JOIN, CONTACT JOANNE WINJUM AT 218-371-1531</p> 	 <p>SCHMITZ MOTOR COMPANY, INC Perham, MN</p>	 <p>Service FOOD MARKET serving you best!</p>	<p>Lakes Area Associates</p> <p>Dale Wanderi & Nathan Woodard 155 7th Ave. S.W. Perham, MN 56573 218-346-5090</p> 
 <p>central market <i>fresh place!</i></p> <p>Open 24 hours a day 7 days a week</p> <p>Keystone Inc. 211 Market Drive Perham, MN 56573 Phone: 218-346-6750 Fax: 218-346-6752 thefreshplace.com</p>	<p>HAMMERS RENTAL PROPERTIES Perham, MN 218-346-3550</p>	 <p>DEAN'S Appliance SERVICE</p> <p>218-346-6200 Over 40 years of Service</p>	<p>★ FIVE STAR STORAGE</p> <p>★ East Industrial Park, Perham</p> <p>★ Secure Location, Rodent Deterrent</p> <p>★ Call for your inside or secure outside storage needs.</p> <p>★ 218-346-7925</p>
<p>Januszewski Plumbing</p> <p>Call with all your plumbing needs. Over 20 years Experience</p> <p>Randy Januszewski 218-346-5389</p> <p>Insured & Bonded Lic.#006008</p> 	<p>Winkels carpet center Beauty For Every Room</p> <p>145- 2nd Ave SE, Perham 218-346-2924</p>	 <p>KLEIN INSURANCE</p> <p>PASSIONATE ABOUT PROTECTION New York Mills-218.385.2430 * Wadena-218.631.1065 Eagle Bend-218.738.3442 * Park Rapids-218.732.5745</p>	 <p>CURTISSEIFERT CONSTRUCTION, LLC</p> <p>3D RENDERING AVAILABLE! CALL US ABOUT YOUR UPCOMING PROJECT</p> <p>218-298-0676</p>
 <p>Ruther Excavating</p> <p>EXCAVATING SEPTIC SYSTEMS SNOW REMOVAL DEMOLITION CLEARING & GRADING LICENSED - BONDED - INSURED MATERIAL HAULING</p> <p>218-346-4688 Cell: 218-298-1477</p>	 <p>kln Family Brands</p> <p>TUFFY'S Treat Company TUFFY'S PET FOODS, INC.</p> <p>From our family to yours.</p>	<p>ALL CREATURES VETERINARY HOSPITAL 905 Jenny Ave Perham, MN 56573 218-346-PETS (7387)</p> <p>ALL CREATURES BOARDING & GROOMING 44033 Haves Beach Road Ottertail, MN 56571 218-367-PETS (7387)</p> <p>Dr. Raeanna Tisdell-Covington, DVM Dr. Darl Enga, DVM Dr. Lani Vincent, DVM allcreaturesperham.com</p>	 <p>Hendrickx Electric Inc.</p> <p>218.346.5166 - 218.371.0051 Donald Hendrickx</p>
<p>LAKES COUNTRY LANDSCAPING & IRRIGATION</p> <p>218.346.2197</p> <p>906 2ND AVE NE PERHAM, MN 56573 (7 Blocks North of Main on 1st Ave. N.)</p> <p>LAKESCOUNTRYLANDSCAPING.COM</p>	<p>BenHolzerUnlimited Water Treatments Reverse Osmosis Bottled Water Softener Salt</p> <p>WATER</p> <p>Quality & Service at an affordable price! www.BenHolzerUnlimited.com Call Adam or Char at 218-346-6445</p>	 <p>OVERLAND INSURANCE AGENCY</p> <p>255 3rd Ave SE Perham, MN 56573 218-346-6250 www.overlandinsurance.com</p>	 <p>SCOTT VAN WATERMULLEN EXCAVATING</p> <p>Your Local Rip-Rap & Shore Restoration Experts 346-SCOT (7268)</p>
<p>Catholic United Financial</p> <p>Becky King Rep since 2005 (218) 841-4600 BKing@catholicunited.org</p>	<p>ESSER Plumbing & Heating AIRE SERV HEATING & AIR CONDITIONING</p> <p>218.346.3530 218.346.2138 EsserPlumbingandHeating.com</p>	 <p>FITNESS FIRST!</p> <p>Marie Hanson 725 9th St NW Perham, MN 56573 218-298-0598</p> <p>Bring this in for a free training session fitnessfirst@mail.com</p>	 <p>JASON A. SWELSTAD D.D.S., M.S. ORTHODONTIST</p> <p>221 East Lincoln Avenue Fergus Falls, MN 56537 940 Market Street Perham, MN 56573 218.998.5000 218.346.4330 SMILESBySWELSTAD.COM</p>
 <p>HAMMERS CONSTRUCTION</p> <p>www.hci-mn.com 218-346-2195</p>	<p>Perham Family DENTISTRY</p>	<p>This space is available. Please call St. Henry's parish office at 218-346-4240, if you are interested.</p>	<p>ROHDE INSURANCE SERVICES Writing all lines of insurance.</p>  <p>WESTERN MUTUAL INSURANCE COMPANY OF MINNESOTA 218-739-3295</p> <p>Mickey Rohde, Dianne Rohde-Szarke & staff</p>