

1:1

UNDER 13: AGES 13+:

SPEED & AGILITY \$35 / SESSION

FULL PERFORMANCE

1X A WEEK @ \$60/SESSION

2X A WEEK @ \$50/SESSION

3X A WEEK @ \$45/SESSION

4X A WEEK @ \$40/SESSION

SPEED & AGILITY \$45 / SESSION

FULL PERFORMANCE

1X A WEEK @ \$70/SESSION

2X A WEEK @ \$60/SESSION

3X A WEEK @ \$50/SESSION

4X A WEEK @ \$45/SESSION

GROUP

UNDER 13:

AGES 13+:

SPEED & AGILITY

2-3 ATHLETES:

\$35/SESSION PER ATHLETE

4+ ATHLETES:

\$25/SESSION PER ATHLETE

FULL PERFORMANCE

2-3 ATHLETES:

\$45/SESSION PER ATHLETE

4+ ATHLETES:

\$35/SESSION PER ATHLETE

SPEED & AGILITY

2-3 ATHLETES:

\$45/SESSION PER ATHLETE

4+ ATHLETES:

\$35/SESSION PER ATHLETE

FULL PERFORMANCE

2-3 ATHLETES:

\$55/SESSION PER ATHLETE

4+ ATHLETES:

\$45/SESSION PER ATHLETE