



AFA PRICING SHEET

PERSONAL TRAINING – 30 MIN	- - - - -	\$35
PERSONAL TRAINING – 60 MIN	- - - - -	\$60
ATHLETE/PERFORMANCE – 60 MIN	- - - - -	\$70
ONLINE FITNESS COACHING – MONTHLY	- - - -	\$80
NUTRITION COACHING – MONTHLY	- - - - -	\$60
CUSTOM WORKOUT PROGRAM – 6 MONTHS	- - -	\$99

****PRICING MAY VARY**

****SUBJECT TO CHANGE**

CONTACT FOR MORE INFO!

