

# Kundalini Yoga Teacher Training

## Aquarian Teacher™ KRI Level 1 Program



### Syracuse, New York

November 2020—June 2021

The Aquarian Teacher™ Program is the KRI Level 1 Certification program in Kundalini Yoga as taught by Yogi Bhajan.® It is an interactive course in the theory, practice and basic skills of a Kundalini Yoga Instructor. It includes 180 hours of classroom instruction and 40 hours of independent study fulfilling the Yoga Alliance's national standard for a Registered Yoga Teacher (RYT).

**Now accepting \$500 deposit to commit now.**

EARLY BIRD (\$3,095 minus deposit) by 2/18/20, after

(\$3,295 minus deposit) until 8/18/20, after (\$3,495 minus deposit)

### *Awaken Your Soul*

Join our community and gain a deep understanding of the foundations of Kundalini Yoga. Develop the skills to instruct students while being supported both by your Teacher Trainers and other teachers in training.



**Kartar Singh Khalsa** is a KRI Lead Trainer. His passion is to create experiences for people to learn. Kartar has been practicing and studying Kundalini Yoga since the early 70s. It's a path of physical yoga and much more—it's really a path for those who want to grow and embark on a path of spiritual development. Kartar was honored in 2014 by the International Kundalini Yoga Teachers Association as Teacher of the Year.



**Siri Sat Kaur Khalsa** is a KRI Lead Trainer. She embodies an elegant and precise approach to the teachings of Kundalini Yoga. She has an international profile and has extensive experience teaching in a wide variety of arenas. Siri Sat's specialty is in Posture and Alignment, informed and enhanced by her work as a professional dancer and choreographer, and her classical yoga practice.



**Sat Purkh Kaur Khalsa** is a certified Level Three Kundalini Yoga Teacher as well as Lead Trainer in the Aquarian Academy. Sat Purkh is known for her work in Sound & Mantra as well as Humanology and the Women's Teachings; in 2008 she authored *Everyday Grace: The Art of Being a Woman*, an introduction to the Women's Teachings of Yogi Bhajan.



**Dr. Sham Rang Singh Khalsa** is a physician and Sikh minister who has practiced kundalini yoga and meditation as a student of Yogi Bhajan for over 40 years. Dr. Sham Rang merges Ayurveda, yoga and western medicine, utilizing meditation with a strong focus on helping people open to their own self-healing. He teaches Kundalini Yoga teachers in the Aquarian Trainer Academy.

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