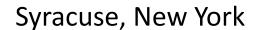
Kundalini Yoga Teacher Training

Aquarian Teacher™ KRI Level 1 Program







November 2020—June 2021





The Aguarian Teacher™ Program is the KRI Level 1 Certification program in Kundalini Yoga as taught by Yogi Bhajan.® It is an interactive course in the theory, practice and basic skills of a Kundalini Yoga Instructor. It includes 180 hours of classroom instruction and 40 hours of independent study fulfilling the Yoga Alliance's national standard for a Registered Yoga Teacher (RYT).

Now accepting \$500 deposit to commit now.

EARLY BIRD (\$3,095 minus deposit) by 2/18/20, after (\$3,295 minus deposit) until 8/18/20, after (\$3,495 minus deposit)

Awaken Your Soul

Join our community and gain a deep understanding of the foundations of Kundalini Yoga. Develop the skills to instruct students while being supported both by your Teacher Trainers and other teachers in training.



Kartar Singh Khalsa is a KRI Lead Trainer. His passion is to create experiences for people to learn. Kartar has been practicing and studying Kundalini Yoga since the early 70s. It's a path of physical yoga and much more—it's really a path for those who want to grow and embark on a path of spiritual development. Kartar was honored in 2014 by the International Kundalini Yoga Teachers Association as Teacher of the Year.



Siri Sat Kaur Khalsa is a KRI Lead Trainer. She embodies an elegant and precise approach to the teachings of Kundalini Yoga. She has an international profile and has extensive experience teaching in a wide variety of arenas. Siri Sat's specialty is in Posture and Alignment, informed and enhanced by her work as a professional dancer and choreographer, and her classical yoga practice.



Sat Purkh Kaur Khalsa is a certified Level Three Kundalini Yoga Teacher as well as Lead Trainer in the Aquarian Academy. Sat Purkh is known for her work in Sound & Mantra as well as Humanology and the Women's Teachings; in 2008 she authored Everyday Grace: The Art of Being a Woman, an introduction to the Women's Teachings of Yogi Bhajan.



Dr. Sham Rang Singh Khalsa is a physician and Sikh minister who has practiced kundalini yoga and meditation as a student of Yogi Bhajan for over 40 years. Dr. Sham Rang merges Ayurveda, yoga and western medicine, utilizing meditation with a strong focus on helping people open to their own self-healing. He teaches Kundalini Yoga teachers in the Aquarian Trainer Academy.

The InnerSanctuary of CNY, Inc.

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