



# REGULAR *Cleaning*





## Consistent Maintenance for a Clean, Healthy Home

Regular cleaning is the foundation of a clean and organized household. At Tatiana's Cleaning, we provide structured and reliable cleaning services designed to maintain your home's cleanliness with consistency and care.

Whether you're a busy professional, a parent, or simply someone who values a tidy environment, our Regular Cleaning ensures that your home remains fresh, sanitized, and welcoming every week.

### What Is Regular Cleaning?

Regular cleaning is a recurring service that focuses on maintenance-level tasks — keeping surfaces clean, dust at bay, floors shining, and bathrooms and kitchens sanitized. It's not as intensive as a Deep Clean but essential for long-term cleanliness.

Think of it as your weekly refresh, keeping your space under control and preventing buildup.

### Ideal For:

- Homes that are already in relatively good condition
- Clients who previously had a Deep Cleaning
- Busy households needing routine upkeep
- Families with children or pets
- Small apartments or large homes — we scale accordingly

### Recommended Frequency:

- Weekly: Ideal for families, high-traffic homes, pet owners
- Bi-weekly (every 2 weeks): Most popular option
- Monthly: For low-traffic homes with minimal mess
- **Our team can help assess and recommend the best schedule for your lifestyle and space.**



## ROOM-BY-ROOM CHECKLIST:

### All Rooms:

- Dust all accessible surfaces (furniture, décor, baseboards)
- Remove cobwebs
- Dust ceiling fans (reachable without ladder)
- Wipe light switches and door handles
- Empty and re-line trash bins
- Vacuum rugs and carpets
- Mop hard floors (wood, tile, laminate, vinyl)

### Kitchen:

- Clean and sanitize countertops and backsplash
- Wipe down cabinet faces (exterior only)
- Clean appliance exteriors (microwave, fridge, stove, dishwasher)
- Sanitize sink and faucet
- Polish stainless steel
- Vacuum/mop kitchen floors
- Optional Add-ons: Inside fridge, oven, and cabinets

### Bathrooms:

- Scrub and disinfect toilet (inside and out)
- Clean tub, shower walls, and fixtures
- Sanitize sink and vanity
- Wipe mirrors
- Empty trash
- Spot-clean cabinet fronts
- Mop bathroom floors



## Living Room & Common Areas:

- Dust furniture and electronics
- Vacuum upholstery and cushions
- Straighten pillows and throws
- Clean coffee and side tables
- Spot-clean high-touch points
- Floor care (vacuum and mop)

## Bedrooms:

- Dust furniture, nightstands, lamps
- Vacuum or mop floor under bed (as accessible)
- Lightly dust blinds and window sills
- Make beds (upon request)
- Change linens (if clean set is provided)

## Included with Every Regular Cleaning:

- Trained, background-checked staff
- Cleaning products and tools provided
- Standard sanitization and surface cleaning
- Rotational tasks built into schedule (e.g. baseboards one week, blinds the next)

## Not Included in Regular Cleaning (Unless Requested):

- Inside appliances (fridge, oven, microwave)
- Inside cabinets, drawers, or closets
- Heavy scrubbing of grout or tile
- High windows or exterior glass
- Wall washing or removal of stains
- Baseboard washing (dusted only)
- Moving furniture or cleaning behind heavy appliances
- Carpet shampooing or steam cleaning
- Removal of mold, pet waste, or biohazards
  
- These services are available as add-ons or under Deep Cleaning.



## What Makes Our Regular Cleaning Different?

- Personalized: We tailor your checklist to your home and preferences
- Rotational Detailing: Every week or visit rotates a special focus (e.g., deep baseboard dusting, ceiling fans)
- Same Team (when possible): So they know your home's layout and preferences
- Ongoing Quality Checks: Supervisors inspect work to ensure standards are met

## Why Regular Cleaning Matters:

- Prevents buildup of dirt and allergens
- Reduces the spread of bacteria and viruses
- Extends the life of your furniture, floors, and surfaces
- Maintains a home you're proud of – every day

Contact Us Today and Experience the Tatiana's Cleaning Services!

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**SCAN  
ME!**

