



#### Bio

Delvyn is an author, poet, and Responsible Fatherhood Family Life Coach certified through the National Partnership for Community Leadership. As an evidence-based facilitator, Delvyn operates programs that strengthen fathers and families within schools, community centers, juvenile detention centers, jails, and faith-based organizations. He provides innovative ways for people to get engaged within their community, and connects them to resources that can assist them physically, economically, culturally, and spiritually. Delvyn is also a multi-media communicator, and musician who uses different mediums to convey a message of hope that focuses on the areas of family, faith, community, and love.

#### **Evidence Based Certifications for Youth & Teens**

Pathways 2 Success – Youth Jr. High/High School:

- 1. Success What it Takes
- 2. Goals & Dreams Making Your Dreams Come True
- 3. Communication 4 Styles of Communication
- 4. Healthy Relationships RELATE
- 5. Unhealthy Relationships
- 6. Stress Management Coping
- 7. Adolescent Brain Train Your Brain
- 8. Anger Management
- 9. Resilience Bounce Back Again
- 10. The Gender Box
- 11. Self-Control
- 12. Decision Making The 3'Cs

## Guy Talk – Youth Jr. High/High School:

#### **Topics:**

- 1. Unit 1: Being a Guy in Today's Society
  - 1a: Welcome to Guy Talk
  - 1b: Healthy Masculintiy
- 2. Unit 2: Relationships
  - 2a: Dating Relationships
  - 2b: Consent
- 3. Unit 3: Health
  - 3a: Guy's Health
  - 3b: Avoiding STIs
- 4. Unit 4: Taking Charge of Your Choices
  - 4a: Condoms & Birth Control
  - 4b: Taking Charge of Your Tough Choices
- 5. Unit 5: Constructing Positive Futures
  - 5a: Destination Known
  - 5b: Wrapping Up

# Relationship Smarts Plus - For Teens about Love & Romance

- 1. Who Am I and Where Am I Going?
- 2. Maturity Issues and What I Value
- 3. Attractions and Infatuation
- 4. Principles of Smart Relationships
- 5. Is It a Healthy Relationship?
- 6. Decide, Don't Slide
- 7. Dating Violence and Breaking Up
- 8. Communication and Healthy

## Love Notes Version 2.0 – Making Relationships Work for Young Adults & Parents

#### **Topics:**

- 1. Relationships Today
- 2. Knowing Yourself
- 3. My Expectations My Future
- 4. Attractions and Starting Relationships
- 5. Principles of Smart Relationships
- 6. Is It a Healthy Relationship?
- 7. Dangerous Love
- 8. The Low-Risk Approach to Relationships
- 9. Let's Talk About Sex
- 10. Let's Plan for Choices
- 11. What's Communication Got to Do with it?
- 12. Communication Challenges and More Skills
- 13. Through the Eyes of a Child

#### **Evidence Based Certifications for Fathers**

# **24/7 Dad AM and PM** – Young Fathers, Fathers, Grandfathers, and Stepfathers

#### **Topics for AM (Young Fathers)**

- 1. Family History
- 2. What It Means to Be a Man
- 3. Showing and Handling Feelings
- 4. Men's Health
- 5. Communication
- 6. The Father's Role
- 7. Discipline
- 8. Children's Growth
- 9. Getting Involved
- 10. Working with Mom and Co-Parenting
- 11. Dads and Work
- 12. My 24/7 Dad Checklist

#### **Topics for PM (Experienced Fathers, Grandparents, and Stepfathers)**

- 1. Fathering and the 24/7 Dad
- 2. Boyhood to Manhood
- 3. Dealing with Anger
- 4. Knowing Myself
- 5. Family Ties
- 6. Sex, Love and Relationships
- 7. Power and Control
- 8. Competition and Fathering
- 9. Improving My Communication Skills
- 10. Fun with the Kids
- 11. Stress, Alcohol and Work
- 12. My 24/7 Dad

# Fatherhood Development – Expectant & Young Fathers

- 1. Introduction to Fatherhood Development
- 2. Values
- 3. Manhood
- 4. Stereotypes and Manhood
- 5. Becoming Self-Sufficient
- 6. Communication
- 7. Decision-Making
- 8. Dealing with Stress
- 9. Copying with Discrimination
- 10. Fatherhood Today
- 11. Understanding the Child Support System
- 12. Understanding Children's Needs
- 13. A Father's Influence on His Children
- 14. Copying as a Single Father
- 15. Building Your Child's Self-Esteem
- 16. Helping Children Learn
- 17. What Do You Want?

- 18. Conflict Resolution/Anger Management
- 19. Getting Help from Your Support Network
- 20. Male/Female Relationships
- 21. Men's Health
- 22. Substance Abuse
- 23. Sexuality
- 24. Reducing Sexual Risks
- 25. Putting it All Together

## The Nurturing Father's Program

"Developing Attitudes and Skills for Male Nurturance"

- 1. The Roots of Fathering
- 2. Self-Nurturing Skills 1: Fathering "The Little Boy Within"
- 3. Self-Nurturing Skills II: The Power to Meet My Own Needs
- 4. The World of Feelings and Male Nurturance
- 5. The Power to Nurture: Fathering without Violence or Fear
- 6. Overcoming Barriers to Nurturing Fathering: Anger, Alcohol/Other Substances, and Stress
- 7. Discipline and Fun & Games
- 8. Playshop: Fun & Games for Fathers and Their Children
- 9. Nurturing Relationships I: Fathering Sons/Fathering Daughters
- 10. Nurturing Relationships II: Teamwork Between Father and Spouse/Co-Parent
- 11. A Time and Place for Fathering
- 12. Healing the Father Wound
- 13. Graduation Ceremony and Closing Activity

# **Evidence Base Certifications for Re-Entry**

# MAKIN' IT WORK - Re-entering Community and the World of Work

## **Topics:**

- 1. Challenges of Change
- 2. Thinking Traps
- 3. Hidden Code of Work
- 4. Identifying Problem & Goal
- 5. Gaining Information & Insight
- 6. Considering Choices & Consequences
- 7. Expressing Complaints
- 8. Dealing with Criticism

# Walking the Line - Incarcerated Men

- 14. Personality Differences
- 15. How Something Small Can Be So Big
- 16. How Your Past Affects Your Present & How Your Present Affects Your Future
- 17. Communication Skills
- 18. Handling Anger Well
- 19. Handling Stress Well
- 20. Everyone Deserves Respect
- 21. The Power of Expectations
- 22. The Chemistry of Love
- 23. Relationships and Commitment
- 24. The Significance of Fathers
- 25. Re-Entry
- 26. Ten to Life
- 27. Forgiveness
- 28. Your Personal Mission