



Family, Friends, and Colleagues Core Values Poll

We all have values that we live by whether we know it or not. Some people are acutely aware of their values, while some of us may only sense that certain things in life are more important but don't usually think about them until they are challenged by people and/or events around us. One of the best ways to gain clarity around our values is to ask those who know us best what values they see us living by day in and day out.

You have been handed this survey by somebody you know, somebody who values your opinion and trusts your judgement. They are opening themselves up to evaluation and becoming vulnerable for the sake of learning more about themselves. They are asking you to take some time to reflect, to consider what you have heard, seen and felt when being around them.

There is no right or wrong answer to this poll. The way you perceive somebody is unique to you and that's what you are being asked to convey here. Please take some time to consider what you believe are the 3 to 5 values most important and most obvious to this person, the values that they live by, the values they exhibit both in good times and when under pressure, the values they live by especially when they don't think anyone is watching.

PERSON'S NAME:		DATE:	
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CORE VALUE 1	
ADDITIONAL THOUGHTS	
CORE VALUE 2	
ADDITIONAL THOUGHTS	
CORE VALUE 3	
ADDITIONAL THOUGHTS	
CORE VALUE 4	
ADDITIONAL THOUGHTS	
CORE VALUE 5	
ADDITIONAL THOUGHTS	