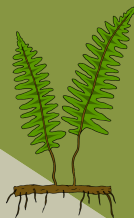


TEXEN,ILĆ

June Plum | *Oemleria cerasiformis*

This is an indicator plant. It lets us know when spring is on its way. Leaves and berries are edible.



YIYEXEM

Evergreen Huckleberry | *Vaccinium ovatum*

A sweet berry growing low to the ground

PEPKIYOS

Snowberry | *Symphoricarpos albus*

This shrub is a favorite among pollinators and birds. Its berries aren't edible to humans, although it has cultural and spiritual uses.

JSÁY

Douglas Fir | *Pseudotsuga menziesii*

Sap used as disinfectant for wounds

SEKÁÁN

Bracken Fern | *Pteridium aquilinum*

Root used as flour.

We encourage you to plant native plants in your yard to create native ecosystems in the spirit of reciprocity to the land. Thank you for not wild harvesting.

SKEKĆES

Red Huckleberry | *Vaccinium parvifolium*

Delicious berry often seen growing out of stumps.

SFXÁLEM

Swordfern | *Polystichum munitum*

Its large fronds are used in traditional pitcooks.

TESIP

Licorice Fern | *Polypodium glycyrrhiza*

Grows with moss preferably on trees or rock. Medicinal use for sore throats

KEXMIN

Desert Parsley | *Lomatium nudicaule*

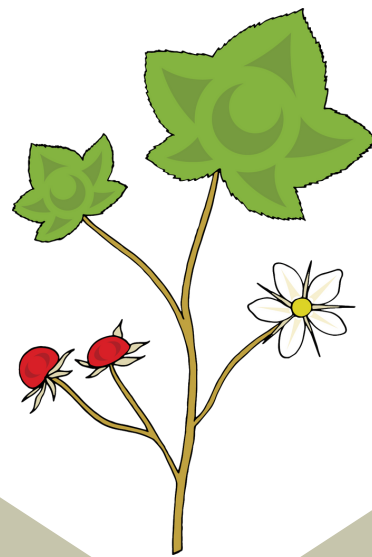
This plant has very spiritual and sacred role to the WSÁNEĆ. It grows in public places, and is still harvested and used. Please protect this plant when you see it in parks and growing in the wild

This trail was made possible by the partnership between the Gardens at the Horticulture Centre of the Pacific and the PEPÁKEN HÁUTW Foundation.



www.pepakenhautw.com

Native plant art by Sarah Jim Studio



WSÁNEĆ Ethnobotany Trail



= Forest Ecosystem



= Meadow Ecosystem

ELILE,ILĆ

Salmonberry | *Rubus spectabilis*

Salmonberry shoots and berries are a staple food source for W̱SÁNEĆ.

DEKEN,ILĆ

Thimblerry | *Rubus parviflorus*

The fresh shoots and berries are edible and a staple food. The leaves can be used to make a cup to hold your berries in.

KELKE,ILĆ

Nootka Rose | *Rosa nutkana*

Generous rose shrub provides food, medicine, and fibers. The roots of the shrub were used in making the reef net.

TEX,TEX

Stinging Nettle | *Urtica dioica*

A versatile plant that is medicinal, edible, and used for fibre to make cordage, nets, weaving, and has spiritual uses.

SKELÁLNEW,ILĆ

Trailing blackberry | *Rubus ursinus*

Delicious native blackberries are full of flavor and are nutritious. This is another spiritually significant plant to the W̱SÁNEĆ.

KÁMQ,ILĆ

Wild Black Gooseberry | *Ribes divaricatum*

Fruits were used in a fruit cake usually paired with Salal. The thorns were used as needles/tweezers. Roots were used in the reef net.

ĆEN,ÁLĆ

Garry oak | *Quercus garryana*

An important tree that provides an extremely rare, diverse, and sacred ecosystem. This contributes to the ḴLO,EL (camas) food systems which feeds insects, birds, animals, and people

SQEL,QELEX

Rattlesnake Orchid | *Goodyera oblongifolia*

The name translates to "It's got spots". Spiritual plant that is used for protection. Is used for medicinal purposes.

SENI,ILĆ

Oregon Grape | *Mahonia aquafolium*

Berries are edible. The inner bark is used for natural dye.

TI,ILĆ

Yerba Buena | *Satureja douglasii*

Delightful native mint. Good for tea.

LÁMTEN

Red Columbine | *Aquilegia formosa*

This name comes from our neighbours from Quw'utsun Territory. It can translate to "something that looks after you and guides you".



ḴLO,EL

Common Camas | *Camassia quamash*

This is an important food that has sustained the W̱SÁNEĆ since the beginning of time. It grows best in meadow ecosystems.

KÁTEŁĆ

Oceanspray | *Holodiscus discolor*

This is an indicator plant for the W̱SÁNEĆ. Its flowers are used in tea. The wood from the thick branches are used for many tools and knitting needles.

W̱IWQ,ILĆ

Red Flowering Currant |

Ribes sanguineum

This is an indicator plant. It lets us know when winter is ending and to get ready for spring. A must have for pollinators.

ȚȚÁ,ELĆ

Bigleaf Maple | *Acer macrophyllum*

The wood from this tree is used for canoe paddles. Spindle whorls, handles, and other various tools. A spiritual and significant tree

ȚELIKEŁP

Yarrow | *Achillea millefolium*

Wonderful plant for pollinators. The leaves and flowers are used for teas, oils, salves, and other medicinal uses.