

Northern British Columbia Volleyball Club (NBCVC)



2018 Season Guide & Registration Package

www.nbcvc.com

email: nbcvcliaison@gmail.com

phone: 250-263-7523

Fort St John Ice Volleyball

Introduction

The Northern British Columbia Volleyball Club is committed to providing a sport environment that is athlete- centered and which is characterized by open, clear communication and honesty, fairness and mutual respect. Being a member of the Northern British Columbia Volleyball Club has many benefits and privileges. At the same time, athletes, coaches and parents are expected to fulfill certain responsibilities and obligations including complying with NBCVC and Volleyball Alberta's policies, rules and regulations. These rules and regulations were developed to provide a safe and enjoyable experience for everyone involved.

The functions of the NBCVC include

1. Providing an opportunity for players and coaches who enjoy volleyball to participate in a quality male or female program beyond the traditional school season.
2. Assisting players to reach their goals and to bring players who are pursuing an elite level an opportunity to achieve their goals.

Age Groups (boys & girls)

13U (born Sept 1, 2005-Dec 31, 2006) 14U (born Sept 1, 2004- Dec 31, 2005) 15U (born Sept 1, 2003 – Dec 31, 2004) 16U (born Sept 1, 2002 – Dec 31, 2003) 17U (born Sept 1, 2001 – Dec 31, 2002) 18U (born Sept 1, 2000 – Dec 31, 2001)

Policies, Procedures and Guidelines

Athletes' Responsibilities

NBCVC members are elite athletes who have a responsibility to demonstrate a high class of behaviour on and off the court, towards teammates, coaches and officials, both at tournaments and practices. Athletes are expected to listen, obey and respect coaches' rules and expectations, but a coach or supervisor can't be with the athletes at all times therefore, common sense and good judgment should be followed. If a team rule is broken, such as not staying with your team, missing curfew or visiting a room of an athlete of the opposite sex, the athlete's coach will decide on whether the consequences warrant benching or removal from the program, etc. All fees are non-refundable. Athlete's transportation to away tournaments will be with an adult, not in a car driven by another athlete.

All athletes must sign the attached Athlete Agreement/Code of Conduct.

All athletes must read and sign the attached Clothing/Dress Code policy.

Athletes' Playing Time

Club volleyball is a very competitive level of volleyball. Once try-outs are complete, selected athletes are placed on teams that reflect their skill levels and where they can make a major contribution. At practices, emphasis must be on skill development and team play with equal practice time for all selected athletes. For the U16-18 age classes, there is no guarantee of equal court time at tournaments. Any concerns about court time should be directed, by the player, to the head coach after practice or away from the court during tournaments.

Parents' Responsibilities

Parents and guardians of NBCVC athletes play important volunteer roles to ensure the success of the teams and the club. Adults are expected to assist with the administration of the teams and club, letting our coaches do what they do best - coach. Parents will be asked to assist in supervising their team as chaperones. This is particularly important where male coaches have a responsibility for female teams. At tournaments outside of Fort St. John, if your son or daughter is involved in an illegal activity, for example: shoplifting, vandalism or the use of drugs or alcohol, they will be sent home immediately at your expense. A decision would be made by the coaches and executive regarding the permanent removal of the athlete from the NBCVC program (see Players Code of Conduct & Athlete Responsibilities). At tournaments outside of Fort St. John, parents who drive are required to submit a driver's abstract and proof of insurance to the NBCVC Executive.

Each parent is responsible for getting their child to events. The child may travel with other parents and the appropriate fuel fee be paid to that parent.

Fuel guidelines (subject to change)

During times when parents are transporting players other than their own, fuel costs will be shared by all those involved. For example, if the total cost of fuel to a tournament in Dawson Creek was \$60 (3 players being transported), the cost for each player would be \$20.

Extra Night of Hotels will be or may be charged to Parents if required

While at tournaments parents will be expected to participate by acting as a linesperson or as a scorekeeper. Please check out the Alberta Volleyball Association's web page for scorekeeper guidelines (<http://www.volleyballalberta.ca>).

All parents are required to read and sign the attached Parent Code of Conduct.

Managers' Responsibilities

The team manager must provide the necessary supervision of players during the evening. This will allow the coaches some 'down time' in the evening to network with other coaches or prepare for the remainder of the tournament. It is important that the managers and coaches discuss expectations, curfews and team activities

Coach's Responsibilities

The safety and behaviour of the team members is the ultimate responsibility of the coaches. Coaches will set team and individual player goals, identify each player's role on the team and treat each player with respect. It is very important to establish rules for tournament behaviour, on and off the court, such as setting curfews, and ensuring that team members stay together. A positive self and team image must be displayed at all times.

Rules and Regulations

The Northern British Columbia Volleyball Club is an athletic club that encourages healthy habits. At NO time will the possession of tobacco, alcohol or illicit drugs be tolerated. This is a zero tolerance policy. Any player found in possession of any such products during the NBCVC events will be expelled from the club.

The players must follow the instructions of coaches concerning practice procedures and event behaviour. Failure to follow such instructions may result in expulsion from the club. These procedures will be uniform throughout all Northern British Columbia Volleyball Club teams.

Players who suffer any kind of injury, no matter how minor, must inform the coach immediately. All players are expected to be punctual, co-operative and considerate. They must remember that they are representatives of their team, the NBCVC and the city of Fort St. John.

Players are expected to be physically fit enough to safely participate in club activities. Players may not leave the event venue or team accommodations without the expressed permission of the coach/supervisor. In general, parents, relatives and friends may visit at the venue site but players may not leave.

Team Organization

Once team selections are completed, parents' meetings will be held. Parents will take on the responsibility for administration of the team and being a liaison with the coach and the NBCVC Executive. Each team will have at least two parent/adult volunteers for the positions of Team Manager and Team Treasurer.

Team Manager

Each team requires a parent Team Manager. Duties of the Manager may include:

- Meeting periodically with executive to discuss team fundraising, sponsorship and financial structure
- Ensure that teams are registered for all tournaments as requested by coach
- Maintain and distribute team register with players and parent's phone numbers to coaches, players and parents
- Act as liaison between parents, coach and executive.

- Ensure transportation arrangements and hotel room bookings for players and coaches are made, in consultation with other parents and coaches. This could include car-pooling or van/bus rental.
- Communicate information about team activities to parents and lead discussions on fundraising, team transportation and player supervision
- Liaison with other Team Managers to coordinate team/coaches travel and accommodation arrangements.

Fees

The Northern British Columbia Volleyball Club is a sports program funded by its members and community fundraising. Each member must pay an annual fee, which is included in your child's registration fees.

All players must be registered with Alberta Volleyball as a recreational player, in order to be covered by insurance. There is an \$8.25 fee, which IS NOT covered in their NBCVC registration fees. The Volleyball Alberta registration must be done PRIOR to try-outs. Players that travel to premiers and provincials are additionally required to register as competitive players. This is done by the Club Registrar and for players U15- 18; the cost is included in the NBCVC registration fee.

Throughout the season, additional costs such as transportation, hotel and meal costs are to be paid by each athlete.

Players wishing to practice only with the appropriate team and NOT travel or participate in tournaments may do so if approved by the team's coach. There will be a \$50.00 fee, which will include their club membership. The Northern British Columbia Volleyball Club's waiver form and medical form/parental consent are still required, along with Volleyball Alberta's registration for insurance purposes.

Registration Information 15-18U AVA Due before or at first practice \$580.00

(Fee includes entry into 3 AVA premier tournaments and provincials)

13 & 14U Regional Due before or at first practice \$300.00 (Fee includes entry into 4 regional tournaments. No premiers)

Unless other arrangements have been made, registration fees are payable to your child's coach or team manager on or before the first practice. Registration cheque made payable to the Northern British Columbia Volleyball Club.

Fundraising & Volunteering

Outside sources of income (Fundraising and Sponsorship) are crucial to keeping registration fees at a moderate level. In order for the club to be successful and to eliminate overlapping fundraising efforts, fundraising is either done at the club level or individual team fundraising may be approved by the executive. The Club has a Fundraising Coordinator, who will organize Club-level fundraising events that raise funds for all teams in the organization.

As Club members, each family is expected to participate in fundraising and volunteering, as outlined below. Fundraising and volunteer events at the club-level include but are not limited to bottle drives, garbage pick-up, selling raffle tickets, etc. All club-level fundraising proceeds are received as a club donation and are used to subsidize the registration fees. Registration fees and fundraising revenue are distributed for tournament fees, equipment, jerseys, facilities, coach expenses, etc. The executive will determine the distribution of all funds.

Individual teams may be approved by the NBCVC Executive to do their own fundraising for a team. This DOES NOT count toward the block requirement.

Block System

- 1 Block is equivalent to 2-3 hours of volunteer time
- 1 Block is allotted for sitting on executive
- 1 Block will be given for each additional 50 Raffle Tickets Sold
- Maximum is 2 Blocks required per family
- Partial Blocks will not be issued
- U13/U14 1 Block Required
- U15/U16 1 Block Required
- U17/U18 1 Block Required

Volunteering (A post-dated cheque for \$100 is required)

Bottle Drives

- 1 Block – One Parent and Child must participate in drop-off, pick-up, sorting and delivery

Garbage Pick-Up

- 1 Block - One Parent and Child must participate

Cleanup of Montney Coolee/sweeping Dodge parking lot

- 1 Block

Any activity organized by a parent that raises \$100 for the club may be counted as 1 block

Fundraising (A post-dated cheque for \$200 is required)

Raffle (does not count toward block requirement unless extra tickets are sold)

- Mandatory participation
- \$200.00 worth of tickets must be sold per player
- Tickets to be paid for prior to distribution

All parents are required to sign the attached Fundraising/Volunteering acknowledgement

Required Forms

Hand-in – PRIOR TO TRY-OUTS

- Confirmation of recreational player registration from Volleyball Alberta (instructions attached)

Read

- NBCVC Try-out Policy

Read, Sign & Hand-in

Hand-in - AT FIRST PRACTICE

- NBCVC Registration Form
- NBCVC Parental Consent/Medical Form
- NBCVC Waiver
- NBCVC Travel Consent (Filled out for each tournament – Coach will hand out copies)
- NBCVC Athlete Agreement
- NBCVC Clothing/Dress Code Policy
- NBCVC Parent Code of Conduct
- 2018 Fundraising/Volunteering Acknowledgement

Northern BC Volleyball Club Registration Form

Please fill in the required information below:

Last Name

First Name

Date of Birth

Age _____

Shirt Size

Mailing Address

Parent Name

Parent's Cell #

Home Phone #

Player's Cell #

Parent's Email

Player's Email

I, give permission for my child, to participate with the Northern BC Volleyball Club. I have read and understand the rules and responsibilities of both athlete and parent.

Who to notify in case of emergency (other than immediate family member)

Name Relationship _____

Phone

Alt Phone

Parent/Guardian Signature

Date Signed

CLUB USE ONLY

Reg Fees Paid by: CHQ CASH E-Tr to _____ Amount _____

Reg Rec'd by ____ AVA Reg__ Raffle Chq____ Volunteer Chq____ Jersey Fee_____

Northern BC Volleyball Club Parental Consent and Medical Form

To be signed at the time of registration- Keep at all sporting and training facilities at all times

Player Information

Youth's Surname: _____ Given Name: _____
Date of Birth: _____ Team Name: _____
Address: City: _____ Prov _____ PC: _____
Email: _____ Phone: _____

Athlete Medical Information

Care Card Number: _____ Physician: _____
Does the player Have Any Allergies? _____ Yes _____ No If yes, please list below:

Food: Medicine:

Other:

Other Medical Concerns: _____ Yes _____ No Contact lenses? _____ Yes _____ No

If yes, please list:

Please list all medication (prescription/non-prescription) that the youth will be taking or bringing along:

Parental/ Guardian Information

Name of Parent/Guardian #1:
Address: City: _____ Prov _____ PC: _____
Phone: _____ Email: _____
Name of Parent/Guardian #2:
Address: City: _____ Prov _____ PC: _____
Phone: _____ Email: _____

Northern BC Volleyball Club Parental Consent and Medical Form (2)

Medical Emergency

Experience has shown that in connection with athletic activities and out-of-town travel, there are times when illness or accident may occur and immediate surgical or medical attention is necessary.

I hereby certify that I am the parent/guardian of

_____, Who is under the age of 18 years of age and I hereby consent to any emergency medical procedures, which may be deemed necessary by a licensed medical practitioner as a result of his/her involvement in NBCVC activity including travel and out-of town events. I understand I will be notified by the quickest means possible in the event of an emergency.

Photo/Video Release

On occasion, NBCVC may use literature, photos and video to promote NBCVC to the general public. I hereby consent to the use of my and or my child's name, photograph, photographic likeness, recorded voice and/or image in video that may appear in any publications, promotional posters, flyers, brochures, printed and electronic ads or electronic media, in addition to the NBCVC website. I understand that I will not receive compensation in any form from the use of my and or my child's photograph or my photographic likeness and recorded voice.

Parent/Guardian #1

Name

Signature

Date

Parent/Guardian #2

Name

Signature

Date

Northern BC Volleyball Club Athlete / Parent Release & Waiver

WHEREAS, the Northern British Columbia Volleyball Club (the “Club”) organizes club volleyball activities, practices and tournament experiences for children 18 years of age or younger (the “Activity”):

I, _____, (the player, “Applicant”), acknowledge that:

- A. I am aware that there is inherent risk in participating in the Activity.
- B. No warranties, express, implied, oral or written, have been given me concerning my safety by the Club while I am participating in the Activity.
- C. I voluntarily sign this document.
- D. I have read this entire document and understand its contents and have had an opportunity to duly consider this document prior to signing.

I HEREBY WAIVE AND RELEASE any and all claims, rights, causes of action, suits, remedies, or demands of every nature or kind, including negligence which I now have or may have against the Club and/or its employees, members, agents, directors, officers or any other entity associated with the Club for any and all injuries, losses or damages, which may occur or be inflicted upon me and which may relate to or which may, in any way, arise out of my activity with the Club. By registering for and participating in the practice of a team with the Club, I accept personal responsibility for my participation in any activities and I agree to do so at my own risk.

I HEREBY AGREE TO INDEMNIFY AND HOLD HARMLESS the Club and/or its employees, members, agents, directors, officers or any other entity associated with the Club from any claims including damage to property that may arise out of my activity with the Club.

This Release and Waiver shall only be effective in respect to my activity with the Club.

The terms of this Release and Waiver shall be binding upon me and my heirs, executors, administrators, successors and assigns.

Date: _____ Applicant Print _____ Sign _____

i, the parent or guardian of the Applicant acknowledge and understand the meaning and effect of this WAIVER AND RELEASE. I further understand that every attempt will be made to contact myself as the parent or guardian of the Applicant should any emergency medical treatment or services be required or recommended for the Applicant. If I am unable to be reached by a Club representative, I authorize _____ Phone # _____ to act on my behalf as an alternate emergency contact for the Applicant. In the event that my alternate contact or I cannot be reached, I give full consent to the Club representative for any licensed emergency service/medical personnel to provide treatment or service necessary to maintain the health and safety of the Applicant:

Date: _____ Parent/Guardian Print _____ Sign _____

Northern BC Volleyball Club Travel Consent Form

Note: If applicant is under 18 years, parent or /legal guardian must sign.

Youth's Name: _____

Home Phone: _____ Cell Phone: _____

Address: _____ City: _____

Parent/Guardian Name: _____

Home Phone: _____ Cell Phone: _____

Permission to Participate:

I the undersigned after having read understood and completed the NBCVC Parental Consent and Medical Form and waiver, hereby give my permission for my child/ward to attend and participate in the following:

Activity: _____ Location: _____

Dates: _____

My child will be traveling to the above activity with (name of parent driver)

_____.

Parent/Guardian Print _____ Sign Date: _____

Northern BC Volleyball Club Athlete Agreement / Code of Conduct

The Northern BC Volleyball Club (NBCVC) is committed to providing you with a positive and rewarding volleyball experience. By agreeing to these rules herein, you commit to supporting and respecting your teammates, coaches, and volunteers. You also agree and understand playing on a Club team within NBCVC will require dedication and a certain amount of time.

- I understand that I am expected to attend all training sessions, games, tournaments, and all other Club activity (including during injury - for learning purposes)
- I understand I must show dedication to my team and provide my full attention to my team during practices, games, and anything else Club related.
- I understand I must respect the Club, Club coaches, players, officials, and administrators of NBCVC.
- I understand that I must report any injury or illness to my coach(es) before any competition or training session.
 - I understand my coach(es) will provide me with on-going evaluations and feedback to enhance my development as a volleyball player.
 - I understand that any complaints must first be communicated to the coach or assistant coach, and if not satisfied I must then communicate to the Board of Directors. Such communication will be done away from other players/ parents and in an appropriate facility.
- I have read and understood the NBCVC athlete responsibilities, policies and procedures and will abide by these guidelines.
- I understand that I may be removed from the team or Club for failing to abide by these rules or any other Club rules as set out in the NBCVC policies.

By signing below, I agree that I have read, understood and accept this agreement as outlined. I hereby agree to be responsible and accountable to work, play and live by the standards presented in this Player's Code of Conduct. If at any time I choose not to comply with any of these standards, I willingly agree to submit to the consequences referred to within. I also understand that, if warranted, I could be asked to forfeit my position on the team, and agree to willingly do so.

Name: _____ Date: _____

Club Team Name: _____ Age Group: _____

Signature: _____

Northern BC Volleyball Club Clothing / Dress Code Policy

Introduction

The Dress Code policy is intended to ensure appropriate and professional representation of the Northern BC Volleyball Club (NBCVC) both at practices and tournaments. This policy applies to players.

Club Colours

NBCVC Club colours are Royal Blue with Black and White trim. Please ensure knee pads, ankle braces and shorts are SOLID BLACK. No coloured waistbands, patterns or other coloured accessories are allowed at competitions. Black and/or white shoes are preferred. Jerseys will be provided by the club. New for 2018, players are required to purchase their own jersey. The jersey fee is \$50 for the pre-owned, lightly used jerseys (the player will own the jersey after payment), and \$70 if a new jersey needs to be ordered

Athletes

- Members can wear an appropriate volleyball/athletic t-shirt to practice.
- Appropriate volleyball/athletic court shoes must be worn at all times during practice and competition.
- Appropriate t-shirts cannot have the sleeves cut off or contain wording or logos that are:
 - Sexually explicit
 - Contain alcoholic or drug advertisements, or offensive material
- Tank tops are prohibited.
- Mid riffs must be covered.
 - No jewelry, including watches, earrings, bracelets, necklaces during practice or competition (If needed you may cover a piercing with tape)
- Spandex shorts are permitted but must fully cover the buttocks and underwear.
 - Before and after practice or competition, athletes must change out of their playing attire in a change room, or if unavailable discretely and quickly to not draw any unwanted attention to the Member or

NBCVC.

Name: _____ Date: _____

Club Team Name: _____ Age Group: _____

Signature: _____

Northern BC Volleyball Club Parent Code of Conduct

Northern BC Volleyball Club (NBCVC) is committed to ensuring that all players have the opportunity to participate in a safe and welcoming environment that is encouraging and promotes their overall development. Parents have an enormous influence over their child's experiences in the sport. In this code "parents" shall refer to "parents and guardians".

This code applies to all parents that are a Member of NBCVC, or whose child is a Member/player of NBCVC. Parents shall abide by this code at all times while participating in any NBCVC competition, practice or other Club activity.

- All parents are expected to conduct themselves in a responsible manner consistent with the values of fair play, integrity, open communication and mutual respect.
- Parents shall always model positive and responsible behavior, and communicate with their son/daughter that they expect them to do the same. Parents will assume the major responsibility for their son/daughter's conduct and attitude.
- Parents shall treat all individuals and property with dignity, courtesy, and respect, including but not limited to other players, coaches, officials, volunteers, other parents, and all other individuals that are part of the Club.
- Parents shall refrain from any behaviour, or comments, which are profane, insulting, harassing, sexist, racist, abusive, disrespectful or otherwise offensive without hostility or violence.
- Parents shall emphasize the importance of values like sportsmanship, respect, cooperation, competition and teamwork to their son/daughter offering praise for fair play, participation, and skill development.
- Parents shall instill confidence in their son/daughter's ability and skill development, always avoiding comparisons with other players.
- Parents shall celebrate the acquisition of skills and goals achieved by their son/daughter.
- Parents shall respect the coach and understand the coach is responsible for the skill development of the athlete. A parent's role shall be to take a healthy interest in their child's progress and development and be responsible for the child's nutrition, rest, overall health, and moral and emotional support.
- Parents shall ensure their child is on time to practices, competitions and other Club events.
- Parents shall never provide alcohol or drugs to minors in a NBCVC environment, and parents shall never provide or advocate the use of performance enhancing drugs or substances.
- Parents shall openly support and uphold this code of conduct policy and take action and steps to ensure other parents follow and uphold this code of conduct policy. Parents shall adhere to the policies, procedures, rules, standards, and ethics of NBCVC at all times.

"By signing this Parent Code of Conduct I acknowledge that I have read and agree to support all of the above statements"

Parent/Guardian Name(s) Signature(s) Date

Northern BC Volleyball Club Fundraising/Volunteering Acknowledgement

I have read and understand the fundraising commitments required of me.

We will participate in the fundraising (raffle) and volunteering requirements and will provide two post- dated cheques (\$200 for raffle, \$100 for volunteer block) dated May 15, 2017 and understand that only after fulfilling our block commitment and ticket sales will the cheques be returned.

We will be participating in the fundraising (raffle), but will NOT be participating in volunteering and will be buying out our block commitment of \$100.00 per player (up to 2 blocks per family).

Volunteering Block Commitments

U13/U14 1 Block Required

U15/U16 1 Block Required Maximum 2 Blocks per Family

U17/U18 1 Block Required

Parent Signature

Print Name

Parent Signature

Print Name

Player Signature

Print Name

Date

Important Dates:

AGM:

November 20, 2018 NPSS Cafeteria 7:00pm

Jesse Knight Skills Camp

December 7th, 8th, and 9th

TRYOUTS

December 15, 2018 NPSS Gyms Schedule TBA

Most teams will be selected prior to Christmas Break.

Regular season will begin after Christmas Break (practice times TBA)

Payments Due:

Registration Fees: (registration fees for 15-18U development (white) teams MAY be lower.

15U – 18U AVA \$580 Due before or at first practice 13U - 14U Regional \$300 Due before or at first practice

Jersey Fee \$50 Due before or at first practice

Volunteer Deposit \$100 post-dated for May 15/19

Fundraising Deposit \$200 post-dated for May 15/19

All cheques should be payable to: Northern British Columbia Volleyball Club (NBCVC)

How to register as a Volleyball Alberta/ Volleyball Canada Player

this must be complete in order to participate in the NBCVC's tryouts

Visit www.site2704.goalline.ca to register, or visit www.volleyballalberta.ca and select “Register”

Click on “Membership” (top icon on left column of page)

Click on “2019 Youth Player Registration”

Step One: Personal information.

For returning players: Select “yes” when asked “are you a returning player?”

You will need to enter your child's access code. If you have forgotten it, click on “what's my access code” (small print under the blank box). You will be asked a few questions, and they will email you the code. If you do not have access to the email address you originally signed up with, please contact Volleyball Alberta.

For new players: Select “no” when asked “are you a returning player?”; you will then be prompted to fill in your personal information.

Note: Our association is: Region 8 - Peace Country; leave the “team code” field blank.

Step Two: Programs & Products

Select: 2019 Recreational Player fee

Step Three: Consent

By typing your name, you consent to Volleyball Alberta's policies and conditions. To review these policies and conditions, they are found under the heading Waiver; there is a link to click “under the Age of Majority”.

Step Four: Payment

A copy of your receipt will be emailed to you; please print it out.

We need a copy of your AVA registration for tryouts, no exceptions