

APPENDIX A – ILLNESS POLICY

In this policy, “Participant” includes a staff, volunteer, program participant, or parent/spectator.

1. Inform an individual in a position of authority (coach, team manager) immediately if you feel any symptoms of COVID-19, including fever, chills, cough, shortness of breath, sore throat and pain while swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue, and loss of appetite.

2. Assessment

a. Participants must complete the self-assessment within eight hours prior to their practice/activity to attest that they are not experiencing any of the COVID-19 symptoms using the applicable health questionnaire on Team Snap.

b. Managers/coaches will visually monitor participants to assess any early warning signs as to the status of their health and to touch base on how they are regarding their personal safety throughout the practice/activity.

3. If a Participant is feeling sick with COVID-19 symptoms:

a. They should remain at home and contact Health Link BC at 8-1-1.

b. If they feel sick and /or are showing symptoms while at practice, they should be sent home immediately. Have them contact 8-1-1 or a doctor for further guidance.

c. No participant may participate in a practice/activity if they are symptomatic.

4. If a Participant tests positive for COVID-19:

a. The participant will not be permitted to return to the practice/facility until they are free of the COVID-19 virus.

b. The participant’s parent/guardian will notify the team manager of a positive COVID diagnosis.

c. Any participants who play closely with the infected participant will also be removed from the practice/facility for at least 14 days to ensure the infection does not spread further.

d. Close off, clean and disinfect the practice/facility area immediately as well as any surfaces that could have potentially be infected/touched.

5. If a Participant has been tested and is waiting for the results of a COVID-19 Test

a. As with the confirmed case, the participant must be removed from the practice/facility.

b. The Public Health Agency of Canada advises that any person who has even mild symptoms to stay home and call the public health authority of BC.

c. Other participants who may have been exposed will be informed and removed from the practice/activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.

d. The practice/activity space will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.

6. If a Participant has come in to contact with someone who is confirmed to have COVID-19:

a. Participants must advise their team manager/coach if they believe they have been exposed to COVID-19.

b. Once the contact is confirmed, the participant will be removed from the practice/activity for at least 14 days or as otherwise directed by public health authorities. Participants who may have come into close contact with the participant will also be removed from the activity for at least 14 days.

c. The activity area will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.

7. Quarantine or Self-Isolate if:

a. Any participant who has travelled outside of Canada within the last 14 days is not permitted to enter any part of the facility and must quarantine and self-isolate.

b. Any participant with any symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.

c. Any participant from a household with someone showing symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.

d. Any participant who is in quarantine or self-isolating because of contact with an infected person or in families who are self-isolating is not permitted to enter any part of the facility