

NBCVC Return to Play Process

Phase 2

Under the current Province-Wide Restrictions, organized youth sports in BC must follow ViaSport's Phase 2 guidance. For volleyball, this means:

- Activities must be limited to skills development and those that permit physical distancing at all times (eg. individual practice skills)
- No competitive volleyball or gameplay (e.g. scrimmage) and competition are not permitted at this time.
- Participants must maintain physical distancing of 3 metres at all times on and off the court.
- Activities should only be those typically done in practice and/or training environments, which permit physical distancing at all times (eg. Individual serving, passing, setting, attacking practice).
- There must be no more than 12 individuals per court (6 per side).
- No blocking at the net.
- No non-essential physical contact (eg. high fives, hugs).
- No games/ competitions. Competitive volleyball does not permit physical distancing at two meters and should not be played at this time.

Upon entering the Sports pitch, please follow the following procedure:

- Complete health check on TeamSnap.
- Remove outdoor footwear.
- Please come dressed for practice, there is an area to store your bag.
- Maintain physical distancing of 3 metres at all times.
- Wash hands with soap and water in washroom or use hand sanitizer prior to practice
- No sharing of water bottles, bring your own filled water bottle.
- Sanitize volleyballs at the end of each practice.
- Wash hands/sanitize after each practice.

As a reminder, the following requirements are also still in place:

- There can be no spectators at any sport activities. The only people allowed to attend sport activities are players, coaches and team manager.
- Masks are now required for everyone in all indoor public settings, including recreation centres. During this order, please follow all facility protocols about the use of masks. We also strongly recommend that coaches wear a mask at all times and that players wear masks at all times to and from the court.