



## TALK TO YOUR DOCTOR

InTone is a medical device that provides the most effective, non-invasive treatment for stress, urge and mixed female urinary incontinence. InTone utilizes the most revolutionary technology available, while providing you with objective, quantifiable data to track your patient's progress.

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## Combination Therapy

InControl Medical significantly improved upon and combined two therapies, Electrical Muscle Stimulation and Biofeedback to provide your patient with the most effective non-invasive treatment possible.

- InTone's electrical muscle stimulation strengthens the pelvic floor and inhibits the detrusor muscle using a patented stimulation waveform that assures deep muscle contraction while activating both short and long muscle fibers.
- The InTone hand held unit provides audible directions to guide the patient through the same volitional exercise program a therapist would use during a clinic visit, using both short and long contractions to maximize strengthening of the pelvic floor. In addition, the hand held unit provides the patient visual biofeedback to encourage proper pelvic floor activation.

## Home Therapy

InTone therapy is completed in the privacy of the patient's home, greatly enhancing compliance with Pelvic Floor Training.

- The muscle stimulation will be customized under physician supervision, to ensure proper muscle activation. Muscle stimulation delivers a gentle micro-current directly to the pelvic floor muscles and has been proven to be an effective treatment for bladder leakage and incontinence (Sand et al.)
- A follow up visit is conducted in one to two weeks to verify appropriate stimulation level and to review clinical data collected. Additional clinic visits are set by the clinician, usually at 30 day intervals for the first 90 days then every other month for the remainder of the year. Once maximum continence has been achieved, the patient continues to use InTone twice weekly for maintenance.
- Home use is significant for you and your patient. Your practice can put increased focus on incontinence without having to hire additional staff or face a waiting room full of incontinent clients. Home use is significant for your patient because they don't have to rearrange their schedule to accommodate 3 trips per week for 12 weeks to a clinic. Given that patient owns their InTone device they can continue a home maintenance program to ensure no loss of strength or functional gains.

## Patented Inflatable Vaginal Probe

InTone has developed an inflatable probe that greatly improves upon the fixed diameter probes used on previous devices.

- The inflatable probe places the stimulation contacts securely against the muscle wall to guarantee proper deep muscle contraction and avoid any discomfort. The inflated probe adds to the strengthening capabilities of the device by providing slight resistance to the muscle, while allowing for compression. When a woman attempts to contract against a fixed diameter probe, she does not achieve the same amount of muscle activation with an isometric contraction that she would with a more dynamic contraction.
- The probe contains a precise pressure sensor that can measure pressure in .01 psi. InTone measures the change in pressure inside the probe that occurs when the muscle contracts against it. With proper use, the strength of the muscle increases as identified by the quantifiable data provided.

## Objective, Quantifiable Data

InTone measures real, quantifiable clinical data for review by you and your patient. InTone is the only home use device that can demonstrate patient compliance and improved muscle strength.

- InTone allows you and your patient to quickly and easily track progress by providing objective, quantifiable data. InTone provides precise measurements of your patient's gains in pelvic floor muscle strength documented in one one-hundredth of a pound per square inch. Each session is date stamped to verify compliance and the control unit can hold up to 800 sessions.
- The software automatically calculates your patient's weekly averages and compares these values to her previous week's sessions. The data is color coded as a "change value" to allow you to quickly and efficiently evaluate patient progress.

## Guarantee

InControl Medical is convinced its InTone device will significantly improve your patient's incontinence if used under your guidance and for the prescribed period of time. Obviously, patient compliance with the 90 day exercise routine is essential to success. However, if your patient's condition is not improved after following the protocol properly, InControl will refund your patient's money minus a small recycling fee. InControl Medical is the only company with the confidence to guarantee its product.

## Summary

InTone is a tremendous advancement in the treatment of urge, stress, and mixed female urinary incontinence; it also serves as an excellent tool for post-partum patients to restore pelvic floor muscle tone. It's easy to use, comfortable, and utilizes advanced science and technology to assure results. Being home based therapy, your patient benefits from comfort and convenience, and your clinic benefits from being able to manage hundreds of patients without having to add additional staff.