

# Urinary Incontinence. You have options...



**Half of all women experience urinary incontinence at some point in their lives. Unfortunately, most of these women suffer in silence. You don't have to.**

**If you answer "yes" to any of the following questions, talk to your doctor. There is help for this problem.**

- Do you usually have a strong sense of urgency to urinate?
- Do you have difficulty starting your urine stream?
- Have you been treated for three or more urinary infections?
- Do you lose urine while coughing, laughing, sneezing, lifting or running?
- Does the loss of urine affect your quality of life?

**Talk with your doctor about bladder control.**

**CooperSurgical**

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