
VANDNA JERATH M.D.

Optima Women's Healthcare, PLLC
9399 Crown Crest Blvd, Suite 450
Parker, CO 80138
303-805-1807 O | 303-595-5390 F

www.optimawomenshealthcare.com
www.drjerath.com
staff@optimawomenshealthcare.com

CURRENT POSITION

Optima Women's Healthcare, PLLC
Obstetrician and Gynecologist
Private Practice
Parker Adventist Hospital Affiliation
2010: planned opening

Vandna Jerath M.D., PLLC dba Colorado Ob/Gyn Associates
Obstetrician and Gynecologist
Private Practice
St. Anthony's North Hospital and North Suburban Medical Center Affiliations
1998-present

LICENSURE & CERTIFICATION

ABOG Written - June 1998
ABOG Oral- January 2001
FACOG Board Certified – January 2001-present
Colorado Board of Medical Examiners State License- November 1997-present
DEA 1998-present

EDUCATION

Obstetrics and Gynecology Internship and Residency
The University of Colorado Health Sciences Center
Denver, Colorado
June 23, 1994-June30, 1998

M.D., Doctor of Medicine
The George Washington University School of Medicine and Health Sciences
Washington D.C.
August 1990-May 1994

B.S., Bachelor of Science
Major Biological Sciences, Minors in Chemistry and Business
University of Denver
Cum Laude Graduate

Honors Program Scholar
Denver, Colorado
September 1986-June 1990

EXPERIENCE

See current positions	Listed Above
1998-current	North Suburban Medical Center Active Medical Staff; Thornton, Colorado
1998-current	Saint Anthony's North Hospital Active Medical Staff; Westminster, Colorado
2000-present	University of Colorado Health Sciences Center Clinical Instructor and Preceptor Ob/Gyn teaching for Medical Students; Aurora, Colorado
1998-2001	Denver Health Medical Center Ob/Gyn Attending Physician; Denver, Colorado
October 1990-June 1992	Primary Care Internal Medicine Preceptorship Dr. Barret Burka; Washington D.C.
June 1991- August 1991	Accord Medical Center via Business Grapevine, Inc. Office Assistant and Receptionist; Denver, Colorado
July 1989-July 1990	Minor & Brown, P.C., Attorneys at Law Office Assistant; Denver, Colorado
June 1987-May 1990	University of Denver Recreation Center Assistant; Denver, Colorado
June 1987-August 1990	Video Screen Manager; Denver, Colorado
August 1984-June 1987	Video Mania Manager; Denver, Colorado
June 1984-August 1984	Kinder Care, Inc. Childcare Assistant; Englewood, Colorado

RESEARCH

"L-arginine and nitric oxide levels: possible correlation with pregnancy complications";
Chief Resident Project
Abstract and poster presentation April 1999 and Chief Resident's Research Award May 1998
Advisor: Kim Leslie, M.D.; MFM Division, Department of Obstetrics and Gynecology, University of Colorado Health Sciences Center and John Wiel, M.D.; Department of Cardiology, University of Colorado Health Sciences Center

"Prior classical cesarean section with successful VBAC"; case report
Advisor: Carol Stamm, M.D.; Department of Obstetrics and Gynecology, Denver Health Medical Center

"Characterization of the proopiomelanocortin system in the intermediate pituitary of the Sturgeon, *Acipenser tansmontanus*"
B.S. Honors Thesis- abstract accepted to GW Medical School William Beaumont Research Society
Advisor: Robert Does, PhD; Department of Biological Sciences, University of Denver

GRAND ROUNDS

"Gestational Diabetes: Management and Treatment"; February 2007; Saint Anthony's North Hospital; Departments of Obstetrics and Gynecology and Family Medicine.

“Gestational Diabetes: A Review”; March 2007; North Suburban Medical Center; Department of Obstetrics and Gynecology .

“Antiphospholipid Antibody Syndrome in Pregnancy”; August 11, 1997; Denver Health Medical Center; Department of Obstetrics and Gynecology.

“Respiratory Disease: The Geriatric Focus”; September 1, 1997; chief resident presentation, University Hospital; Department of Obstetrics and Gynecology.

“Antiphospholipid Antibody Syndrome in Pregnancy: current concepts and future recommendations in the evaluation, management, and treatment; May 12, 1998; Rose Medical Center; Department of Obstetrics and Gynecology.

TOPIC CONFERENCES

University of Colorado Hospital; Department of Obstetrics and Gynecology:

“Total Pelvic Exenteration: a review”; October 1993.

“Endometrial Cancer: a review”; October 1993.

“Management of Atypia Pap Smears”; November 1995.

“Narcotic Management of Chronic Pelvic Pain”; January 1997.

“The Vaginal Pessary: It’s role in the conservative management of SUI and SPR”; February 1998.

Rose Medical Center; Department of Obstetrics and Gynecology:

“Granulosa Cell Tumor of the Ovary: associated with abnormal uterine bleeding and uterine atypia”; Tumor Board case presentation; March 1997.

PROFESSIONAL ORGANIZATIONS

American College of Obstetricians and Gynecologists; current fellow

Colorado Obstetrics and Gynecology Society; current member

Denver Medical Society; current member

Colorado Medical Society; current member

Doctors for America; current member

American Medical Association; member 1990-1998

American Medical Women’s Association; member 1990-1994

Medical Society of District of Columbia; member 1990-1994

HONORS/AWARDS

RESIDENCY: University of Colorado Health Sciences Center; Dept Ob/Gyn Outstanding Research Presentation Award; Chief Resident’s Research Day May 12, 1998

MEDICAL SCHOOL: The George Washington University

William Beaumont Research Society; 1992-1994

Kane King Dodek Obstetrics and Gynecology Academic Honor Society; 1994

Gamma Phi Beta Academic Scholarship; 1990-1991

UNDERGRADUATE: University of Denver

Outstanding Sophomore Woman; 1988

Outstanding Panhellenic Junior Woman; 1989
Distinguished Senior Woman; 1990
Pioneer Award: twelve individuals recognized for leadership and community service; 1990
William T Driscoll Award: Biological Sciences scholastic award; 1989
Chancellor's Leadership Corps: ten students selected to advise the chancellor; 1988-1990
Academic/Leadership Honor Societies: Omicron Delta Kappa; Golden Key; Mortar Board; Alpha Epsilon Delta; Order of Omega; Rho Lambda

ACTIVITIES/ COMMITTEES

PRIVATE PRACTICE: Colorado Ob/Gyn Associates

Clinical Instructor and Preceptor; University of Colorado Health Sciences Center:
Teaching and clinical experience for medical students years 1-3; 2000-present
Various Committees; Saint Anthony's North Hospital and North Suburban Medical Center : 1998-present
60th Anniversary Ob/Gyn Reunion and CME: University of Colorado Health Sciences Center: help organize residency reunion, 2008
Colorado for Obama Presidency Campaign: Volunteer; Summer /Fall 2008
Democratic National Committee in Denver: Volunteer & Attendee, August 2008
White House Healthcare Reform Briefings: Participant 2009

RESIDENCY: University of Colorado Health Sciences Center

Intern Applicant Interviews: organized pre-interview social events with residents, organized formal talks and tours for the applicants; 1996-1997
Chief's Banquet: organized recognition dinner/dance/awards ceremony in honor of 1997 chief residents
Housestaff Association: Ob/Gyn department representative; 1995-1998

MEDICAL SCHOOL: The George Washington University

Organization of Student Representatives: to the American Association of Medical Colleges; 1992-1994
Medical School Student Council: Secretary; 1992-1994
The George Washington University Student Association: graduate senator; 1992-1993
"A Day in the Life of a Medical Student: a program for parents and partners": planning committee class representative; 1990-1993
Medical Ethics, Right to Treatment, and Health Policy Committees; 1990-1994

UNDERGRADUATE: University of Denver

All Undergraduate Student Association (AUSA) Senate: Student Body President: 1988-1989;
Court Justice: 1989-1990; Senator: 1987-1988
Gamma Phi Beta Sorority: Executive Board Member: 1986-1990; Alumni Volunteer: 1990-present
Colorado Centennial Conference: political lobbying conference staff member; 1988-1990

CME

Numerous Ob/Gyn conferences, courses, and training workshops attended yearly
CME hours kept up to date

PHILANTHROPIES

Leukemia and Lymphoma Society
Special Olympics

Governor's Cup
Salvation Army

March of Dimes
Ronald McDonald House
Breast Cancer Foundation

Multiple Sclerosis
Susan G. Komen Foundation
American Diabetes Association

OTHER

Colorado resident since 1981
Born in India and immigrant to USA at age 2
Fluent understanding of Hindi
Conversational (and medical) knowledge of Spanish
Enjoy triathlons, marathons, tennis, hiking, professional sports, theater, reading,
impressionistic and modern art, politics, and international travel.

REFERENCES

Furnished upon request