

CSCA 6 Dive Score Sheet

Dive Order: _____

Place Finish: _____

Exhibition: YES / NO

GHSA: YES / NO

Name: _____

School: _____

Date: _____

Meet: _____

Site: _____

Gender: M / F

Order	Dive #	A,B,C,D	Dive Description	Judge #1	Judge #2	Judge #3	Total	D.D	Points Awarded:
1									(Add Rows)
2									
3									
4									
5									
6									

DD Total: _____

Total Points: _____

Diver Signature: _____

Diver Email: _____

Coach Signature: _____

Coach Email: _____

Official Signature: _____

Referee Email: _____

Points	How a Dive is Scored
10	Excellent - No visible flaws- Approach, hurdle, height, distance, execution, and entry are all exceptional.
8.5 - 9.5	Very Good - Approach, hurdle, height, and distance slightly affected. Execution well defined.
7.0 - 8.0	Good - Approach and hurdle unaffected. Height and distance acceptable. Execution defined, entry controlled, but slightly affected.
5.0 - 6.5	Satisfactory - Approach and hurdle acceptable. Height and distance adequate. Execution complete and entry slightly over or under.
2.5 - 4.5	Deficient - Approach and hurdle affected. Height and distance inadequate. Execution affected and entry over or under.
0.5 - 2.0	Unsatisfactory - Approach and hurdle affected. Height and distance inadequate. Execution not complete or broken position. Entry significantly affected.

GHSA State qualification: 1 voluntary dive from weekly dive group (max DD 1.8) followed by 5 optional dives, 1 from each group, with a total DD of 11.5 (girls) or 12.0 (boys). Total point minimum of 190.

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Degree of Difficulty Chart

Dive #	Forward Group:	S/A	P/B	T/C	F/D
101	Forward Dive	1.4	1.3	1.2	
102	Forward Somersault	1.6	1.5	1.4	
103	Forward 1 ½ Somersaults	2	1.7	1.6	
104	Forward 2 Somersaults	2.6	2.3	2.2	
105	Forward 2 ½ Somersaults		2.6	2.4	
106	Forward 3 Somersaults		3.2	2.9	
107	Forward 3 ½ Somersaults		3.3	3	
112	Forward Flying Somersault		1.7	1.6	
113	Forward Flying 1 ½ Somersaults		1.9	1.8	
Back Group:					
Dive #	Back Group:	S/A	P/B	T/C	F/D
201	Back Dive	1.7	1.6	1.5	
202	Back Somersault	1.7	1.6	1.5	
203	Back 1 ½ Somersaults	2.5	2.3	2	
204	Back 2 Somersaults		2.3	2	
205	Back 2 ½ Somersaults		3.2	3	
206	Back 3 Somersaults		3.2	2.9	
212	Back Flying Somersault		1.7	1.6	
Reverse Group:					
Dive #	Reverse Group:	S/A	P/B	T/C	F/D
301	Reverse Dive	1.8	1.7	1.6	
302	Reverse Somersault	1.8	1.7	1.6	
303	Reverse 1 ½ Somersaults	2.7	2.4	2.1	
304	Reverse 2 Somersaults	2.9	2.4	2.1	
305	Reverse 2 ½ Somersaults		3.2	3	
312	Reverse Flying Somersault		1.8	1.7	
313	Reverse Flying 1 ½ Somersaults		2.6	2.3	
Inward Group:					
Dive #	Inward Group:	S/A	P/B	T/C	F/D
401	Inward Dive	1.8	1.5	1.4	
402	Inward Somersault	2	1.7	1.6	
403	Inward 1 ½ Somersaults		2.4	2.2	
404	Inward 2 Somersaults		3	2.8	
405	Inward 2 ½ Somersaults		3.4	3.1	
412	Inward Flying Somersault		2.1	2	
413	Inward Flying 1 ½ Somersaults		2.9	2.7	

- S Straight
- T Tuck
- P Pike
- F Free

Dive #	Twisting Group:	S/A	P/B	T/C	F/D
5111	Forward Dive ½ Twist	1.8	1.7	1.6	
5112	Forward Dive 1 Twist	2	1.9		
5121	Forward Somersault ½ Twist				1.7
5122	Forward Somersault 1 Twist				1.9
5124	Forward Somersault 2 Twists				2.3
5126	Forward Somersault 3 Twists				2.8
5131	Forward 1 ½ Somersaults ½ Twist				2
5132	Forward 1 ½ Somersaults 1 Twist				2.2
5134	Forward 1 ½ Somersaults 2 Twists				2.6
5136	Forward 1 ½ Somersaults 3 Twists				3.1
5138	Forward 1 ½ Somersaults 4 Twists				3.4
5152	Forward 2 ½ Somersaults 1 Twist		3.2	3	
5154	Forward 2 ½ Somersaults 2 Twists		3.6	3.4	
Back Group:					
Dive #	Back Group:	S/A	P/B	T/C	F/D
5211	Back Dive ½ Twist	1.8			
5212	Back Dive 1 Twist	2			
5221	Back Somersault ½ Twist				1.7
5222	Back Somersault 1 Twist				1.9
5223	Back Somersault 1 ½ Twists				2.3
5225	Back Somersault 2 ½ Twists				2.7
5231	Back 1 ½ Somersaults ½ Twist				2.1
5233	Back 1 ½ Somersaults 1 ½ Twists				2.5
5235	Back 1 ½ Somersaults 2 ½ Twists				2.9
5251	Back 2 ½ Somersaults ½ Twist		2.9	2.7	
Reverse Group:					
Dive #	Reverse Group:	S/A	P/B	T/C	F/D
5311	Reverse Dive ½ Twist	1.9			
5312	Reverse Dive 1 Twist	2.1			
5321	Reverse Somersault ½ Twist				1.8
5322	Reverse Somersault 1 Twist				2
5325	Reverse Somersault 2 ½ Twists				2.8
5331	Reverse 1 ½ Somersaults ½ Twist				2.2
5333	Reverse 1 ½ Somersaults 1 ½ Twists				2.6
5335	Reverse 1 ½ Somersaults 2 ½ Twists				3
5337	Reverse 1 ½ Somersaults 3 ½ Twists				3.4
5351	Reverse 2 ½ Somersaults ½ Twist		2.9	2.7	
5353	Reverse 2 ½ Somersaults 1 ½ Twists			3.5	
Inward Group:					
Dive #	Inward Group:	S/A	P/B	T/C	F/D
5411	Inward Dive ½ Twist		2	1.7	
5412	Inward Dive 1 Twist		2.2	1.9	
5421	Inward Somersault ½ Twist				1.9
5422	Inward Somersault 1 Twist				2.1
5432	Inward 1 ½ Somersaults 1 Twist				2.7
5434	Inward 1 ½ Somersaults 2 Twists				3.1