

# Annual Meeting 2026



February 20-22

Grouse Mountain  
Lodge

2 Fairway Dr, Whitefish, MT 59937



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Utah Medical Association through the joint providership of the UMA Foundation and the Montana Orthopedic Society. The UMA Foundation is accredited by the Utah Medical Association to provide continuing medical education for physicians. The UMA Foundation designates this live activity for a maximum of 10.5 AMA PRA Category 1 Credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Conflicts Disclosure

The following individuals have disclosed financial relationships with a commercial interest and any conflicts of interest have been mitigated:

Julie Adams, M.D., Raveesh Richard, M.D., Scott Stienmann, M.D., Misty Suri, M.D.

# Agenda

12:00pm

**Exhibitor Setup**

Continental Divide

2:00pm

**Registration Opens**

Continental Divide

2:40pm-2:50pm

**Welcome**

President Karen Perser, M.D.

2:50pm-3:00pm

**Board of Counselors Update**

Board of Counselors Representative Jeff LaPorte, M.D.

3:00pm-3:30pm

**Complications of Elbow Arthroplasty**

Scott Steinmann, M.D.

3:30pm-4:00pm

**Orthopedic Advocacy and the Challenges Facing Us in 2026**

Scott Steinmann, M.D.

4:00pm-4:30pm

**What is Osteoporosis and Do You Really Want to Treat It?**

Alan Greenwald, M.D.

4:30pm-5:00pm

**MPFL Reconstruction in Children Failure - Reasons and Treatment Strategies**

Lukasz Matuszewski, M.D.

5:00pm-5:30pm

**Break with Exhibitors**

5:30pm-6:00pm

**ACL Reconstruction in the Skeletally Immature: Challenges and Evolving Strategies**

Lukasz Matuszewski, M.D.

6:00pm-6:30pm

**Nailing Intertrochanteric Femur Fractures: Tips & Tricks**

Richard Myers, M.D.

7:00pm-9:00pm

**Exhibitor Reception**

Glacier

# Saturday, February 21st

## Morning Session

### Agenda

6:00am- 7:00am | **Breakfast with Exhibitors**

7:00am-7:30am | **Arthroscopic Biologic TuberoPlasty**  
Misty Suri, M.D.

7:30am-8:00am | **Allografts and Autografts in Pediatric MPFL Reconstruction: Techniques, Tips, and Tricks**  
Lukasz Matuszewski, M.D.

8:00am-8:30am | **Break with Exhibitors**

8:30am-9:00am | **Intra-Wound Antibiotics in Orthopedic Surgery: Current Evidence and Trends**  
Richard Myers, M.D.

9:00am-9:30am | **Are Injectables Helpful for the Treatment of Knee Osteoarthritis?**  
Jack Bert, M.D.

9:30am-10:00am | **Employer to Provider Contracting: A 9-Year Experience**  
Jack Bert, M.D.

**10:00am Morning Adjournment**



## Have a great time on the slopes!

Shuttles have been scheduled to take you to the mountain departing from the main lobby at:

10:30a.m.

10:45a.m.

11:00a.m.

# Saturday, February 21st Afternoon Session

## Agenda

4:00pm-5:00pm | **Afternoon Refresher with Exhibitors**

5:00pm-6:00pm | **Identifying Appropriate Indications for Rotator Cuff Augmentation**  
Misty Suri, M.D.

6:00pm-6:30pm | **How to Risk, Stratify, and Optimize Your Total Joint & Spine Fusion Patients for Bone Health**  
Alan Greenwald, M.D.

6:30pm-7:00pm | **Break with Exhibitors**

7:00pm-7:30pm | **What's New in Fracture Care**  
Julie Adams, M.D.

7:30pm-8:00pm | **Tricks & Tips for Posterior Malleolus Fractures**  
Justin Hellwinkel, M.D.

8:00pm | **Evening Adjournment**

*Enjoy your evening!*



Sunday, February 22nd

# Agenda

6:00am-7:00am | **Breakfast with Exhibitors**

7:00am-7:30am | **Periarticular Nailing of the Lower Extremity: What is it and How Do I Do it?**  
Raveesh Richard, M.D.

7:30am-8:00am | **MOS Business Meeting and Election of Officers**

8:00am-8:30am | **Pharmacology of Osteoporosis Treatment**  
Alan Greenwald, M.D.

8:30am-9:00am | **Break with Exhibitors**

9:00am-9:30am | **New Frontiers in Pelvic Ring Surgery**  
Justin Hellwinkel, M.D.

9:30am-10:00am | **Perioperative Femur Fractures: What You Need to Know in 2026**  
Raveesh Richard, M.D.

10:00am-10:30am | **Management of Calcaneus Fractures**  
Justin Hellwinkel, M.D.

10:30am | **Conference Adjournment**

**See you next year!**  
*Thank you!*

# Speakers



**Julie  
Adams, M.D.**

Dr. Adams completed her residency at the Mayo Clinic and a Hand Fellowship at the Philadelphia Hand Center. She then practiced as a hand surgeon with clinical and research interests in hand, wrist, and elbow surgery for 15 years. After that she completed a mid-career second fellowship in Orthopedic Trauma surgery at the Royal Infirmary Edinburgh Scotland in 2024. Her current clinical practice is focused on hand surgery and orthopedic trauma surgery. She has served on committees for the ASSH, AAHS, and AAOS, and upon the Board of Directors for the AAHS and ASSH Council, and has moderated or chaired courses for these organizations. She continues to be involved in patient and peer education as the Deputy Editor of AAOS Ortho Info and in participating and organizing educational programming at the AAOS and ASSH.



**Alan  
Greenwald, M.D.**

I am a board-certified orthopedic surgeon and licensed to practice medicine in Washington state and Montana. I received my medical degree from the University of Pittsburgh and trained in San Francisco. I have been in practice since 1984. I have been on the orthopedic faculties of University of California San Francisco, and the University of Washington. Currently, I am an adjunct Assistant Professor at Touro University Medical school in Montana. I served as president of the County medical Society in San Francisco California, Jefferson, and Yakima Counties in Washington. I am a past president of the Washington State Orthopedic Association and served as a counselor for the American Academy of Orthopedic Surgery. I have been board-certified in orthopedic surgery since 1986 and have served as an examiner for the American Board of Orthopedic Surgery for the past 25 years. I have been an AAOS fellow since 1986. I have been the director of bone health at the Great Falls Clinic in Montana. In 2025, we were awarded a certificate of recognition as a Star Performer from the American Orthopedic Association Own the Bone Program. I am available for consulting opportunities to help interested medical centers in establishing their own bone health programs to accomplish these goals: preoperative bone health optimization for spine and joint replacement surgeries, capture and treatment of osteoporotic fragility fractures, and medical management and prevention of osteoporosis.

# Speakers



**Jack M. Bert, M.D.**

Dr. Bert has published over 73 articles and 22 book chapters. He has presented over 300 lectures nationally and internationally.

Dr. Bert has taught multiple academic courses for the American Academy of Orthopedic Surgeons and for the 6,000 member Arthroscopy Association of North America where he previously served as President.

He is a Master Instructor of arthroscopy of the knee and teaches laboratory courses on surgical techniques for knee injuries and diseases at the Orthopedic Learning Center for the American Academy of Orthopedic Surgeons in Chicago where he previously served on its Board of Directors.

Dr. Bert is an Adjunct Clinical Professor, Emeritus, at the University of Minnesota School of Medicine. He has given grand rounds at Yale University, Loyola University, the University of Connecticut, Emory University, Rush University, Tulane University, Temple University, University of Colorado, and the University of Pennsylvania, NYU in New York. Internationally, he has spoken at the University of Western Australia, the University of India in Mumbai, Beijing University in China, the University of Thailand in Bangkok, the University of Italy in Milan and Bologna, Cuba University in Havana, the University of Hamburg in Germany, the Spanish Orthopedic Society in Barcelona, the Chilean Orthopedic Society in La Serena, the Peruvian Orthopedic Society in Lima, the South African Orthopedic Society in Capetown, and the University of Austria in Vienna.

He served on the Board of Directors of the retired NFL Player's Association and is a consultant to multiple orthopedic companies. Dr. Bert has been named as a Top Doctor by the International Association of Orthopedic Surgeons in 2012, 2013, 2015, and 2016. He is a member of multiple orthopedic societies and is a section editor of Orthopedics today.

He also served as a peer reviewer for several orthopedic journals and is a consultant to multiple orthopedic companies. Dr. Bert founded the Cartilage Restoration Center of Minnesota in 2011 and continues to practice in Woodbury Bone & Joint Specialists, Ltd., Minnesota

# Speakers



**Justin  
Hellwinkel, M.D.**

Dr. Justin Hellwinkel is a fellowship-trained orthopedic trauma surgeon with interest in the comprehensive management of complex injuries to the pelvis, acetabulum, and extremities. He is dedicated to delivering the highest standard of patient care with a commitment to advancing orthopedics through translational musculoskeletal research. Dr. Hellwinkel earned dual Bachelor's degrees in Human Physiology and Molecular, Cellular, & Developmental Biology from the University of Colorado Boulder, followed by a Master's degree in Neuroscience and his Doctor of Medicine from the University of Colorado School of Medicine. He completed his orthopedic surgery residency at the renowned Columbia University/NewYork-Presbyterian Hospital, and subspecialty fellowship training in orthopedic trauma at the world-class R Adams Cowley Shock Trauma Center in Baltimore. An active member of both the American Academy of Orthopedic Surgeons and the Orthopedic Trauma Association, Dr. Hellwinkel is recognized for his dedication to clinical excellence, surgical innovation, and the education of the next generation of orthopedic surgeons.



**Raveesh  
Richard, M.D.**

Dr. Raveesh D. Richard is a board-certified orthopaedic surgeon and fellowship-trained orthopaedic traumatologist with a clinical focus on complex fracture care, pelvic and acetabular trauma, periarticular injuries, deformity correction, and adult reconstruction. He currently serves as an Attending Orthopaedic Trauma Surgeon at Billings Clinic in Billings, Montana, and has an appointment as an Assistant Professor of Orthopaedic Surgery at the University of Colorado School of Medicine.

Dr. Richard earned his medical degree from the University of Miami, completed orthopaedic surgery residency at Geisinger Health System where he served as Chief Resident, and pursued fellowship training in Orthopaedic Traumatology at Indiana University Methodist Hospital, a Level I trauma center.

He is an active Fellow of the American Academy of Orthopaedic Surgeons (FAAOS) and a member of the Orthopaedic Trauma Association and the AO. He serves on the AAOS Assessments & Examinations Committee and holds editorial roles as Deputy Editor of the European Journal of Orthopaedic Surgery and Traumatology and CME Editor for the OTA International Journal.

Dr. Richard is actively involved in orthopaedic education both nationally and internationally, serving as faculty for OTA, AO Trauma, and the Foundation for Orthopaedic Trauma. In addition, he participates in international orthopaedic mission work, including surgical service trips to Honduras, Peru, Haiti, and Africa, providing trauma and reconstructive care in resource-limited settings.

His work reflects a commitment to advancing evidence-based trauma care while serving patients across Montana and beyond.

# Speakers



**Łukasz  
Matuszewski, M.D.,  
PhD**

Professor Łukasz Matuszewski is an experienced specialist in orthopedics and traumatology of the musculoskeletal system, with a particular focus on the diagnosis and treatment of injuries and disorders in children and adolescents. He is also a certified specialist in pediatric surgery.

Combining extensive clinical experience with academic expertise, he currently serves as the Head of the Pediatric Orthopedics and Rehabilitation Clinic at the Medical University of Lublin, Poland. Additionally, he provides comprehensive orthopedic care at MG Medical Center.

Professor Matuszewski is an active member of both national and international professional societies, including SICOT, EPOS, and PTS. He currently serves on the Main Board of the Polish Pediatric Orthopedic Society.



**Scott  
Steinmann, M.D.**

Scott Steinmann, MD is a member of the American Academy of Orthopedic Surgeons, the American Shoulder and Elbow Surgeons and the American Society for Surgery of the Hand. He received his undergraduate degree from Columbia University and his MD degree from Cornell University. Dr. Steinmann completed an orthopedic residency at New York Orthopedic Hospital, followed by a shoulder fellowship at Columbia and a hand fellowship at Mayo Clinic.

Dr. Steinmann served in the United States Navy first as Chief Medical Officer on the USS Milwaukee and then Director of Upper Extremity Surgery at Bethesda Naval Hospital/Water Reed before joining the staff of the Mayo Clinic. After over 20 years at the Mayo Clinic he was recruited to be Chair of Orthopedic Surgery at the University of Tennessee Chattanooga and Assistant Dean. After leaving Tennessee he became an Honorary Consultant and Eminent Specialist, NHS UK at the Royal Infirmary Edinburgh. He is now Emeritus Professor of Orthopedic Surgery at the Mayo Clinic.

Dr. Steinmann has participated in numerous meetings as course chair, faculty, and moderator. He has published over 280 articles and book chapters, edited 9 books; and has in excess of 700 national and international podium presentations and 59 Visiting Professorships. He has trained dozens of residents and fellows at the Mayo Clinic and has performed over 12,000 surgeries. He is active as a scientific reviewer and editor of various journals as well as in advocacy on behalf of orthopedic surgeons and orthopedic patients through the AAOS and ASES. He resides in Whitefish, MT with his wife and two daughters.

# Speakers



**Richard J  
Myers, M.D.**

Dr. Richard Myers is a fellowship-trained, board-certified orthopedic trauma surgeon. He specializes in traumatic injuries to the musculoskeletal system (fractures, dislocations, tendon ruptures, etc.). He is fellowship trained in orthopedic traumatology, allowing him to care for the most complex injuries of the musculoskeletal system including fractures of the pelvis, fractures around or involving joints, and multiply injured patients. Additionally, he is skilled in dealing with complex infections of the bone and soft tissue, fractures that don't heal or heal incorrectly, and amputation care.

Dr. Myers brings a new type of expertise to the team at Missoula Bone & Joint. His training at the R Adams Cowley Shock Trauma Center allows him to care for all traumatic musculoskeletal injuries including those of the upper extremities, lower extremities, and pelvis/acetabulum (hip socket).

After a youth filled with team sports, he prides himself on the ability to work with many other surgical specialties to help the multiply injured patient have the best outcome. Of the varied nature of his work in the field of orthopedic trauma, he has also developed skills in complex joint replacement, limb salvage techniques, and tendon repair/reconstruction in addition to fracture work.

He enjoys the opportunity to meet someone in their time of greatest need and help them through the entire process to a full recovery. With his broad skill set including fracture fixation, soft tissue repair, complex joint replacement and reconstruction, and bone infection treatment, he is excited to provide a referral service to all of the communities of Western Montana and beyond!

His care philosophy involves an all-hands-on-deck approach to a patient's recovery, enlisting the patient and their friends/family to set up a patient-centered community of support, in which Dr. Myers is a pillar. Some days he can be more of a coach, other days a therapist, but always the patient's number one advocate. He likens his care process to a team, of which he always strives to be the patient's greatest teammate.

Dr. Richard Myers grew up in the Philadelphia area, but has moved back and forth across this great country several times! He completed his undergraduate work at The College of William and Mary in Williamsburg Virginia, then moved to the San Juan Islands for a year, pursued medical school on the east coast, residency in Portland, OR, and fellowship then back in Baltimore, MD.

He comes to Missoula Bone and Joint after leaving a high acuity, high-paced orthopedic trauma position in Coastal Virginia working at hospitals in Norfolk & Virginia Beach. He was drawn back out West by the wide open spaces, the kindness of the people, and the quality of life to be had in this great Montana community. He is joined by his wife, Kristen, and their two daughters, Ellery and Ayalet. Richard is also excited to rejoin his former residency classmate and good friend, Dr. Roster!

When he is not putting his patients back together, he enjoys outdoor activities, travel, scuba diving and music.

# Speakers



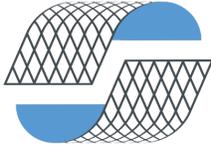
**Misty  
Suri, M.D.**

Misty Suri, M.D. is the newest Fellowship-trained Sports Medicine Orthopaedic Surgeon at the Ochsner Sports Medicine Institute. Dr. Suri currently is a team physician for the New Orleans Pelicans, University of New Orleans (Division I), Dillard University, Delgado, SUNO, Xavier, as well as several high schools in the New Orleans area. Dr. Suri graduated from Benjamin Franklin High School in New Orleans. He completed his premedical studies at the University of Pennsylvania, earning a Bachelor of Arts in Biology. He attended medical school at The Chicago Medical School, graduating with a Masters of Science in Pathology as well as an M.D. degree. During medical school, Dr. Suri was honored with membership in the prestigious Alpha Omega Alpha medical honor society.

Following medical school, Dr. Suri returned to New Orleans to complete his Orthopaedic Surgery residency at the Ochsner Clinic Foundation, where he trained under Deryk G. Jones, M.D. After residency, Dr. Suri received further subspecialty training as a Sports Medicine Fellow at the prestigious Steadman Hawkins Clinic of the Carolinas in Greenville/Spartanburg, South Carolina. While there, Dr. Suri trained under the direction of Richard J. Hawkins, M.D., the renowned sports and shoulder surgeon, and Drs. Steven B. Singleton, Douglas Wyland, Michael J. Kissenberth, Jason W. Folk and Stefan J. Tolan. The Fellowship at the Steadman Hawkins Clinic of the Carolinas provided an ideal learning environment for an aspiring sports surgeon. It was a great educational experience with one of the leaders in the world of sports medicine, Dr. Richard J. Hawkins. During the last month of his Fellowship year, Dr. Suri spent time training under Marc Philippon, M.D., the prominent hip arthroscopic surgeon. During the one year of Fellowship training at the Steadman Hawkins Clinic of the Carolinas, the Arthroscopy Association of North America (AANA) selected Dr. Suri as one of three Traveling Fellows. Through this great opportunity, Dr. Suri visited 12 orthopaedic and arthroscopic centers of excellence throughout the United States over the course of a month. The AANA Traveling Fellowship involved giving lectures and the exchange of clinical and research ideas with many of the leading arthroscopic surgeons in the United States. As a lecturer, Dr. Suri presented his research on microfracture and cartilage healing at the various arthroscopic centers visited during the AANA Traveling Fellowship. Remarkably, a second Traveling Fellowship was awarded to Dr. Suri, as he was again honored and received the Orthopaedic Research Foundation of the Carolinas (ORFC) Traveling Fellowship from Dr. Hawkins, visiting preeminent shoulder and knee orthopaedic surgeons in Europe for 1 month. During the ORFC Traveling Fellowship, Dr. Suri visited with and studied under Pascal Boileau, M.D., in Nice, France; Gilles Walch, M.D. in Lyon, France; Laurent Lafosse, M.D., in Annecy, France; and Alberto Gobbi, M.D., in Milan, Italy. As a Fellow, Dr. Suri was head team physician for Chesnee High School and assistant team physician for University of South Carolina-Upstate, the Greenville Drive baseball team (Class A Affiliate of Boston Red Sox), and the Colorado Rockies during Spring Training in Tucson, Arizona. Dr. Suri is particularly proud of his service assisting Dr. Hawkins in providing orthopedic and sports medicine care to the students and athletes at the South Carolina School for the Deaf and the Blind. As a Resident he assisted Dr. Deryk G. Jones with the New Orleans Hornets. He is member of the American Orthopaedic Society of Sports Medicine (AOSSM) and has recently been inducted as a Fellow of the American Academy of Orthopaedic Surgeons (AAOS). A member of the Sigma Xi Scientific Research Society, Dr. Suri concentrates his research in the areas of biomechanics of the throwing athlete and cartilage healing. His research is also ongoing at the Steadman Hawkins Clinic of the Carolinas with projects involving basic science research studying microfracture and cellular migration during cartilage healing, neurohistology of the biceps tendon and studying the use of transcutaneous electrical nerve stimulation to relieve pain after shoulder surgery. Dr. Suri's research studying microfracture and cartilage healing is under the guidance of Juan (Jay) J. Rodrigo, M.D., a pioneer in the field of microfracture surgery and cartilage healing. Dr. Suri has published a study in the Journal of Shoulder and Elbow Surgery (2008), entitled, Relationships between ball velocity and throwing mechanics in collegiate baseball pitchers. This highlights Dr. Suri's interest in the in the overhead athlete.

# Platinum Exhibitors

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# Notes



# Notes



# Notes



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