

## June Yōgā Śtūḍiō Śchēḍūlē for Akāṣhāṣ Jōurnēy

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:15am–9:15am	Strength & Flow <i>Suzanne</i>					*Yoga and Healing HENNA <i>Willow/Suzanne</i> \$25 <b>6/7 6:55pm</b> (Reg required)	
9:30am–10:30am	*Zen Yoga <i>Suzanne</i>					*Yoga to Release Anger <b>6/14 6:55pm</b> (Reg required)	*Foundational Yoga <i>Suzanne</i> <b>\$10 for new students</b>
10:45am–11:45	*Mermaid Yoga 6/2 45 min <i>Suzanne</i> Registration Req-min 5 students to run			<b>Wednesday classes are just \$10 in June!</b>		*Summer Solstice Yoga <b>6/21 6:55pm</b> (Reg required)	*Barre 55 min <i>Suzanne</i>
1:00pm–2:00pm (NEW CLASS)	*Silver Sneakers Stability <i>Deb</i> <b>Starts 6/9!</b>					*Chakra Yoga <i>Suzanne</i> \$25 <b>6/28 6:55pm</b> (Reg required)	
5:45pm–6:45pm				*Barre 55 min <i>Suzanne</i>		*Barre 55 min <i>Suzanne</i>	
6:55pm–7:55pm		*Gentle Yin Yoga <i>Deb</i> Silver Sneakers Approved		*Foundational Yoga <i>Suzanne</i>	*All Level Vinyasa <i>Deb</i> Silver Sneakers Approved	*YogaWorkshops SEE ABOVE FOR DATES!	

**\*Appropriate for beginners**

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# Yoga/Barre/Movement Class Price List

(effective 5/1/19)

## Drop-In Rates

Adults 15+ \_\_\_\_\_ \$18  
Bring-a-Friend \_\_\_\_\_ \$15/ea  
*Bring a new friend @ you get a free 20 min private class!*  
Seniors 65+, Veterans, HS, & college students under 22 \_\_\_\_\_ \$12  
Children under 14 \_\_\_\_\_ \$10

## Multi-Class Passes

New Student 2-class Intro Pass \_\_\_\_\_ 2/\$20  
5-Class Pass \_\_\_\_\_ \$85  
Seniors 65+, Veterans, HS& College students under 22 \_\_\_\_\_ \$58  
(students must present current school ID)  
Children under 14 \_\_\_\_\_ \$50  
(can be shared by young siblings)  
10-Class Pass \_\_\_\_\_ \$135  
Seniors 65+, Veterans, HS & College students under 22 \_\_\_\_\_ \$110  
(students must present current school ID)  
Children under 14 \_\_\_\_\_ \$100  
(can be shared by young siblings)  
20-Class Pass \_\_\_\_\_ \$225  
Seniors 65+, Veterans, HS & College students under 22 \_\_\_\_\_ \$200  
(students must present current school ID)  
Children under 14 \_\_\_\_\_ \$200  
(can be shared by young siblings)

## Unlimited Monthly Class Pass

*(expires 1 month after date of purchase)*  
Adults 15+ \_\_\_\_\_ \$175  
Seniors 65+, Veterans, HS & College students under 22 \_\_\_\_\_ \$150

**thr Private in studio** \_\_\_\_\_ \$85

(for more details contact studio or your desired instructor)

Contact the studio for parties, group rates, and applications for sliding scale rates.

*We want to encourage you to build a healthy and enjoyable yoga practice.*

*The more you attend, the less you pay per class.*

**Special pricing may apply to classes taught in series.**

[www.AkashasJourney.com](http://www.AkashasJourney.com)

(845) 244-0844

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