

March 2020 Yōgā Śtūdiō Śchēdūlē fōr Akāṣhāṣ Jōurnēy

	Sunday	Monday	Tues	Wed	Thursday	Friday	Saturday
8:15am–9:15am	Strength & Flow <i>Deb</i>						
9:30am-10:30am	*Zen Restorative Yoga <i>Deb</i> & <i>Maryalyce</i> SilverSneakers Approved						
11:00am-12:00pm	*Yoga Basics <i>Deb</i> SilverSneakers Approved						
12:30pm-1:30pm							
5:45pm-6:45pm			*Barre Lele			*Barre Lele	
6:15pm-7:00pm					*EnerChi <i>Deb</i> SilverSneakers Approved		
7:05pm-8:05pm		*Gentle Yin Yoga <i>Deb</i> SilverSneakers Approved			*Foundational Yoga <i>Deb</i> SilverSneakers Approved		

*Appropriate for beginners. All levels welcome.

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Yoga/Barre/Movement Class Price List

(effective 1/1/20)

Drop-In Rates

Adults 15+	_____	\$20
Bring-a-(new) Friend	_____	\$18/ea
Seniors 65+, Veterans, HS, & college students under 22	_____	\$12
Children under 14	_____	\$10

Multi-Class Passes

New Student 2-class Intro Pass	_____	2/\$25
5-Class Pass	_____	\$90
Seniors 65+, Veterans, HS& College students under 22	_____	\$58 (students must present current school ID)
Children under 14	_____	\$50 (can be shared by young siblings)
10-Class Pass	_____	\$150
Seniors 65+, Veterans, HS & College students under 22	_____	\$110 (students must present current school ID)
Children under 14	_____	\$100 (can be shared by young siblings)
20-Class Pass	_____	\$250
Seniors 65+, Veterans, HS & College students under 22	_____	\$200 (students must present current school ID)
Children under 14	_____	\$200 (can be shared by young siblings)

Unlimited Monthly Class Pass

(expires 1 month after date of purchase)

Adults 15+	_____	\$185
Seniors 65+, Veterans, HS & College students under 22	_____	\$150

thr Private in studio _____ \$100
(for more details contact studio or your desired instructor)

Contact the studio for parties, group rates, and applications for sliding scale rates.

We want to encourage you to build a healthy and enjoyable yoga practice.

The more you attend, the less you pay per class.

Special pricing may apply to classes taught in series.

www.AkashasJourney.com

(845) 244-0844

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(effective 1/1/20)

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