

S ept mber Y ga S udio S hed le for Ak sh s J urney

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:15am-9:15am	Strength & Flow <i>Suzanne</i>						
9:30am-10:30am	*Zen Yoga <i>Suzanne</i>						*Foundational Yoga <i>Deb</i>
10:45am-11:45							*Stability <i>Deb</i> Silver Sneakers
1:00pm-2:00pm							
5:45pm-6:45pm				*Barre 55 min <i>Suzanne</i>		*Barre 55 min <i>Suzanne</i>	
6:15pm-7:00pm					*EnerChi <i>Deb</i> Silver Sneakers		
6:55pm-7:55pm		*Gentle Yin Yoga <i>Deb</i> Silver Sneakers		*Foundational Yoga <i>Suzanne</i>	*All Level Vinyasa 7:15pm <i>Deb</i> Silver Sneakers		

***Appropriate for beginners**

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***Appropriate for beginners**

Yoga/Barre/Movement Class Price List

(effective 5/1/19)

Drop-In Rates

Adults 15+ _____ \$18
Bring-a-Friend _____ \$15/ea
Bring a new friend @ you get a free 20 min private class!
Seniors 65+, Veterans, HS, & college students under 22 _____ \$12
Children under 14 _____ \$10

Multi-Class Passes

New Student 2-class Intro Pass _____ 2/\$20
5-Class Pass _____ \$85
Seniors 65+, Veterans, HS& College students under 22 _____ \$58
(students must present current school ID)
Children under 14 _____ \$50
(can be shared by young siblings)
10-Class Pass _____ \$135
Seniors 65+, Veterans, HS & College students under 22 _____ \$110
(students must present current school ID)
Children under 14 _____ \$100
(can be shared by young siblings)
20-Class Pass _____ \$225
Seniors 65+, Veterans, HS & College students under 22 _____ \$200
(students must present current school ID)
Children under 14 _____ \$200
(can be shared by young siblings)

Unlimited Monthly Class Pass

(expires 1 month after date of purchase)
Adults 15+ _____ \$175
Seniors 65+, Veterans, HS & College students under 22 _____ \$150

thr Private in studio _____ \$85

(for more details contact studio or your desired instructor)

Contact the studio for parties, group rates, and applications for sliding scale rates.

We want to encourage you to build a healthy and enjoyable yoga practice.

The more you attend, the less you pay per class.

Special pricing may apply to classes taught in series.

www.AkashasJourney.com

(845) 244-0844

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(effective 5/1/19)

Drop-In Rates

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