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# Ramadan Journal

2021



# Ramaadan Journal

Day: 1



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُجِيبُ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections



# Ramaadan Journal

Day: 2



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: .....

Surah: .....

Chapter: .....

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُجِيبُ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله x .....  
SubhanAllah
- الحمد لله x .....  
Alhamdulillah
- أستغفر الله x .....  
Astaghfirullah
- لا إله إلا الله x .....  
La illaha il lalah
- سبحان الله وبحمده x .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar .....
- Evening Athkar .....
- Smiled at someone .....
- Fed a hungry Person .....
- Paid Charity .....
- .....
- .....

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 .....
- Habit 2 .....
- Habit 3 .....
- Habit 4 .....

## Gratitude & Reflections

.....

# Ramaadan Journal

Day: 3



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Tasbeeh Counter

- سبحان الله x .....  
SubhanAllah
- الحمد لله x .....  
Alhamdulillah
- أستغفر الله x .....  
Astaghfirullah
- لا إله إلا الله x .....  
La illaha il lalah
- سبحان الله وبحمده x .....  
SubhanAllah Wa Bihamdi

## Quran Tracker

Verse: .....

Surah: .....

Chapter: .....

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُجِيبُ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tohibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Daily Good Deeds

- Morning Athkar .....
- Evening Athkar .....
- Smiled at someone .....
- Fed a hungry Person .....
- Paid Charity .....
- .....
- .....

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَانِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections



# Ramaadan Journal

Day: 4



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُجِيبُ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections



# Ramaadan Journal

Day: 5



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُجِيبُ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections





# Ramaadan Journal

Day: 6



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections



# Ramaadan Journal

Day: 7



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tohibu  
AlAaffwa Faafu Aanni  
Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمْهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections



# Ramaadan Journal

Day: 8



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُجِيبُ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections



# Ramaadan Journal

Day: 9



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: .....

Surah: .....

Chapter: .....

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar .....
- Evening Athkar .....
- Smiled at someone .....
- Fed a hungry Person .....
- Paid Charity .....
- .....
- .....

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 .....
- Habit 2 .....
- Habit 3 .....
- Habit 4 .....

## Gratitude & Reflections



# Ramaadan Journal

Day: 10



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: .....

Surah: .....

Chapter: .....

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُجِيبُ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar .....
- Evening Athkar .....
- Smiled at someone .....
- Fed a hungry Person .....
- Paid Charity .....
- .....
- .....

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 .....
- Habit 2 .....
- Habit 3 .....
- Habit 4 .....

## Gratitude & Reflections



# Ramaadan Journal

Day: 11



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections



# Ramaadan Journal

Day: 12



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُجِيبُ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections



# Ramaadan Journal

Day: 13



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُجِيبُ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections





# Ramaadan Journal

Day: 14



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُجِيبُ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections



# Ramaadan Journal

Day: 15



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: .....

Surah: .....

Chapter: .....

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله x .....  
SubhanAllah
- الحمد لله x .....  
Alhamdullilah
- أستغفر الله x .....  
Astaghfirullah
- لا إله إلا الله x .....  
La illaha il lalah
- سبحان الله وبحمده x .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar .....
- Evening Athkar .....
- Smiled at someone .....
- Fed a hungry Person .....
- Paid Charity .....
- .....
- .....

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 .....
- Habit 2 .....
- Habit 3 .....
- Habit 4 .....

## Gratitude & Reflections



# Ramaadan Journal

Day: 16



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُجِيبُ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections



# Ramaadan Journal

Day: 17



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections



# Ramaadan Journal

Day: 18



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections



# Ramaadan Journal

Day: 19



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُجِيبُ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections





# Ramaadan Journal

Day: 20



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections



# Ramaadan Journal

Day : 21



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُجِيبُ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tohibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections



# Ramaadan Journal

Day : 22



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: .....

Surah: .....

Chapter: .....

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar .....
- Evening Athkar .....
- Smiled at someone .....
- Fed a hungry Person .....
- Paid Charity .....
- .....
- .....

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 .....
- Habit 2 .....
- Habit 3 .....
- Habit 4 .....

## Gratitude & Reflections



# Ramaadan Journal

Day: 23



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُجِيبُ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tohibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections



# Ramaadan Journal

Day : 24



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: .....

Surah: .....

Chapter: .....

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar .....
- Evening Athkar .....
- Smiled at someone .....
- Fed a hungry Person .....
- Paid Charity .....
- .....
- .....

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
rabbayanee sagheera

"My Lord! Be merciful to  
them as they raised me  
when I was young."  
(Surah Al-Isra' 17:24)

## Best times to make dua

- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 .....
- Habit 2 .....
- Habit 3 .....
- Habit 4 .....

## Gratitude & Reflections



# Ramaadan Journal

Day : 25



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tohibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

Rabbi irhamhuma kama  
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- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections





# Ramaadan Journal

Day : 26



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

Oh Allah! You are most forgiving, you  
love to forgive, so forgive me. ”

## Tasbeeh Counter

- سبحان الله × .....  
SubhanAllah
- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

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rabbayanee sagheera

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- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections



# Ramaadan Journal

Day : 27



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

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- الحمد لله × .....  
Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

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- Laylatul Qader
- Between Athan and Iqama
- Last 3rd of night
- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections



# Ramaadan Journal

Day: 28



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُجِيبُ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma Innaka Aafuwon Tuhibu  
AlAaffwa Faafu Aanni

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Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

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- Laylatul Qader
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- During Sujood

## Daily Habits

- Habit 1 \_\_\_\_\_
- Habit 2 \_\_\_\_\_
- Habit 3 \_\_\_\_\_
- Habit 4 \_\_\_\_\_

## Gratitude & Reflections



# Ramaadan Journal

Day : 29



## Prayer Tracker

FAJR	DUHR	ASR	MAGRIB	ISHA	TARAWEEH	QIYAM
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Quran Tracker

Verse: \_\_\_\_\_

Surah: \_\_\_\_\_

Chapter: \_\_\_\_\_

## “ Dua Laylatul Qader

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

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Alhamdulillah
- أستغفر الله × .....  
Astaghfirullah
- لا إله إلا الله × .....  
La illaha il lalah
- سبحان الله وبحمده × .....  
SubhanAllah Wa Bihamdi

## Daily Good Deeds

- Morning Athkar \_\_\_\_\_
- Evening Athkar \_\_\_\_\_
- Smiled at someone \_\_\_\_\_
- Fed a hungry Person \_\_\_\_\_
- Paid Charity \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dua for Parents

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- Habit 4 \_\_\_\_\_

## Gratitude & Reflections



