

**INSTRUCTIONS:**

1. DOWNLOAD THE FORM.
2. FILL OUT THE FORM.
3. EMAIL IT TO [INFO@LISATHELEN.COM](mailto:INFO@LISATHELEN.COM) AT LEAST 24 HOURS PRIOR TO YOUR APPOINTMENT



## CLIENT INTAKE & AUTHORIZATION FORMS

COMPLETED ONCE PER CALENDAR YEAR

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### CLIENT INFORMATION

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FIRST & LAST NAME:

NICK NAME:

STREET ADDRESS:

CITY, STATE, & ZIP:

WHO MAY I THANK FOR THIS VISIT?

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### CANCELLATION & NO SHOW POLICY

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#### DETAILS

If you are unable to make it to your appointment, you must go to your appointment confirmation email and cancel or reschedule your appointment (phone calls, emails, or private messages will not be considered). You must do this **at least 24 hours prior to your appointment**. There will be a full charge if you do not show up.

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### CLIENT'S AGREEMENT & AUTHORIZATION

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I agree to the 24 hour cancellation and no show policy.

I authorize the full payment for my scheduled appointment as the policy outlines.

**I have read and understood the terms and conditions of this authorization form.**

NAME

DATE

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## REIKI AUTHORIZATION\*

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### DETAILS

**\*This tool may or may not be used during your session.**

Reiki is a simple, gentle, hands-on energy technique that is used for stress reduction and relaxation.

Reiki practitioners DO NOT diagnose conditions nor do they prescribe or perform medical treatment, prescribe substances, nor interfere with the treatment of a licensed medical professional.

Reiki does not take the place of medical care. It is recommended that I see a licensed physician or licensed health care professional for any physical or psychological ailment I may have.

Reiki can complement any medical or psychological care I may be receiving.

I also understand that the body has the ability to heal itself and to do so, complete relaxation is often beneficial.

I acknowledge that long term imbalances in the body sometimes require multiple sessions in order to facilitate the level of relaxation needed by the body to heal itself.

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## CLIENT'S AGREEMENT & AUTHORIZATION

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**I have read and understood the terms and conditions of this authorization form.**

NAME

DATE



## CLIENT INFORMATION

FIRST & LAST NAME

APPOINTMENT DATE

## DESIGN YOUR APPOINTMENT

**LET'S GET STARTED \*See Defining Language & Helpful Tip page for more information**

What is your intention?

Connect

Empower

Heal

Manifest

Mentorship

If connecting in person, where are you most comfortable?

Seated in a chair

Laying on a table

What tools would you like to use during your session?

Oracle Cards

Reiki

doTERRA Essential Oils

Mindfulness

Universal Laws

What outcome are you seeking?



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## DEFINING LANGUAGE & HELPFUL TIPS

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**UNCERTAIN WHERE to START? This maybe helpful.**

**Intention:** According to Merriam-Webster Dictionary, an intention is "what one intends to do or bring about." I like to see it as something that you want and plan to do.

**Connect:** At our core we are energy. During our time together, we will tune into and connect with loved ones. This could be a loved one who has transitioned OR who is upon earth. **Helpful Hits:** Write down your questions. Keep an open mind. Trust in the process. I will become the conduit for the connection. All you need to do is show up and acknowledge your loved one.

**Empower:** Feeling stuck in a rut? I'd love to assist you! Our mission is to empower others to achieve higher levels of conscious awareness and achievement. How do I live my mission? ... through education, experience, and enlightenment. **Helpful Hints:** Show up, be open, and let's have a conversation. At the end of our time together the goal will be agreed upon goals to move you in the direction of achieving higher levels of conscious awareness and achievement.

**Heal:** "Everything is energy and that's all there is to it. Match the frequency of the reality you want and you cannot help but get that reality. It can be no other way. This is not philosophy. This is physics." From relationships to physical well-being, it's all energy! **Helpful Hint:** Write down your questions, show up, and be open to possibilities. We will discuss your current state of health and I will share with you techniques that will allow you to match to the frequency of the reality you want.

**Manifest:** What do you want to create for yourself? Love? A new job? Let's have a conversation and lay out a road map to get you to your goal! **Helpful Hint:** Give yourself permission to let go of excuses and stories to start anew. During our time together, we'll tap into the dream and map out the next best steps to take to get to where you want to go!