

SELF CORRECT FORM

NAME: _____

DATE & TIME: _____

Sometimes we break agreements that we have with ourselves and others.
If you find yourself having a broken agreement, use this form as a way to move forward.

▼ Question 1



What agreement did I break and who was it with?

I made the following choices that lead me to breaking the agreement:

▲ Question 2




▶ Question 3



What new agreement am I willing to commit to?

Who agrees to the new agreement?

I align with the new agreement. _____ 

I disagree to the new agreement and here is why _____
