

Supernova Acro Competitive & Elite Streams

Competitive Stream:

Our **Competitive Stream** is for students who are in the levels of Supermini, Mini & Pre Junior OR students who are currently in higher levels, but would like to keep the training the same as previous years. These students are not able to commit to extra hours, but still want to compete with Supernova.

****Weekly Class Requirements:**

- 1 Acro Tech class per week (1 - 1.25hr class) ~ \$65-\$85/month
- 1 Stretch/Strength class per week (45 min) ~ \$60/month
- 1 Acro Ballet class per week (45 min) ~ \$85/month
- 1 Acro Jazz class per week (45 min) ~ included with above cost
- 1 Choreo Acro class per week (45 min) ~ \$45/month
- This stream would compete in 4 comps

****Supermini level is optional to take the AcroJazz, AcroBallet and Stretch/Strength**

Competitive Stream Total Hours: 4hrs - 4.25hrs per week (\$255 - \$275/month)

Elite Stream (Junior & Up)

Our **Elite Stream** is for students who want the push of a competitive dancer but still want acro to be the main focus of their training.

Elite stream students will be more focused and committed and will make their priority Supernova Acro (along with their competitive dance studio if they are a part of one). Attendance will be stricter and if it becomes an issue, dancers will be asked to move to the competitive stream.

****Weekly Class Requirements (**for dancers who also compete at another studio**):**

- 1 Acro Tech class per week (1 - 1.75hr class) ~ \$65-\$85/month
- 1 Stretch/Strength class per week (45min) ~ \$60/month
- 1 Acro Choreo class per week (45 min) ~ \$45/month

****We strongly recommend an extra aerial/backhandspring class, canes class OR 2nd tech class for our dancers who compete at another studio**

Elite Stream Total Hours: 3hrs - 4.5hrs per week (\$170 - \$260/month plus minimum 7 hrs at your other studio)

****Weekly Class Requirements (**for Supernova Only students**):**

- 1 Acro Tech class per week (1 - 1.75hr class) ~ \$65-\$85/month
- 1 Stretch/Strength class per week (45min) ~ \$60/month
- 1 Acro Choreo class per week (45 min) ~ \$45/month
- 1 Acro Ballet class per week (1hr) ~ \$105/month
- 1 Acro Jazz class per week (1hr) ~ included with above
- 1 Acro Contemporary class per week (focus on quality of movement) (1hr) ~ included with above
- 1 Aerial/Back Handspring class, Canes class OR 2nd Tech class per week (1.25) ~ \$70/month
- This stream would compete in 5 comps

Elite Stream Total Hours: 7hrs - 7.5hrs per week (\$345 - \$365/month)

****After weekly requirements, Supernova Elite Stream students can attend any other classes for free.**